

Keelhauler's Kanews *JANUARY, 2011*



Next Club Meeting:

January 15 at [Fox & Hound Restaurant](#) in Mayfield Hts after the Orange Roll session at 6:30 PM.

Everyone welcome!

For questions,
Contact [Dennis Dukeman](#)

330-699-2916

All meetings are open to guests.
Invite a prospective member!

Keel-Hauler Winter Get-Together in Jan & Feb 2011

A few years back, Keelhauler's started a new event. Social outings after Saturday's roll sessions. This year's social events are:

January 15 after roll sessions (4-6pm) at Orange we will meet at the Fox & Hound in Mayfield at plaza at the intersection of SR-91 (SOM Center Rd) & US-322 (Mayfield Rd).

After the February 19 roll session (3-5pm) we will meet at Pacers 14600 Detroit in Lakewood.

See You There!
The Keel-Hauler's Board.

As We Enter the End of the Year By David Hill



As we enter the end of the year, it is usually a time for reflecting back. It may be a new run on that obscure river that you finally achieved or just catching up with old friends.

That is the true benefit of our chosen sport and mode of travel. We see places that few others will ever see (let alone from the water level) and we usually share this experience with other special people, whether new acquaintances from the put in that day or others that you have known so long that.....we wont go there. The truth of the matter is that paddlers are a unique bunch and while all our tales are as unique as the storyteller, they all share a common thread being the water. It's not the class of water that you paddle, it's the water itself.

It could be the regular runs on the Upper Yough, the winter getaways to warmer waters, just sitting in/on your craft with eyes closed and no worries (for the moment), or maybe it's standing next to the drop eyeing up your line for next time. Water is a powerful force to recon with, whether you are getting beat in the hole/surf or just being drawn to its edge.

There is a common thread of water that runs through NE Ohio known as the Cuyahoga which many of you have probably paddled or at least should at some point. After all it is in your relative backyard. You may be wondering what kind of Cuyahoga dribble we are going to here this time as most of my writings are on this topic and you are right. There have been ramblings about the removal of dams (2 completed and 3 more proposed), a potential whitewater park, a proposed/defeated hydroelectric project, water quality improvements, ODNR funding (from our obnoxious boat licenses) for access points in Kent, the perpetual granting of a public access in downtown Cleveland, the introduction of a canoe/kayak livery operation out of Tannery Park (Kent) known as Crooked River Adventures, and a few others; all within the last few years. These are in addition to the new viewpoint that the National Park is taking toward truly "opening up" the park to users. The NPS has outlined a long term Comprehensive Trail Management Plan that looks impressive and includes mountain biking and paddling specific amenities, which up to this point have been off limits (or at least frowned upon). Think about it, using the rails to set shuttle is being seriously considered for the lower sections. The region seems to be poised for an

explosion in paddling and the Cuyahoga is about to be considered a formal "river trail". We are about to share this backyard water with a host of new paddlers.

I have been asked to partake in a Steering Committee for the establishment of a designated "Cuyahoga River Water Trail" along the entire 100-mile length. This trail idea is a combination of numerous projects that have been going on in the watershed and will act as the common link to all stakeholders. While there are many sections to the Cuyahoga, I have been asked to oversee what they have termed the "expert section" which includes the Sheraton and Gorge sections. The other river sections include:

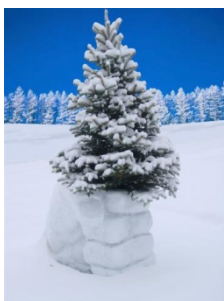
- Wilderness section - West Branch from SR 322 to Russell Park
- State Scenic River section - SR 87 to SR 303
- Restoration section - Downstream of Lake Rockwell to Waterworks Park
- Expert section - Waterworks Park to Cascade Valley Park (Cuyahoga St)
- Merriman Valley section - Cuyahoga St to Bath Road
- Cuyahoga National Park section - Bath Road to Rockside Road
- Lower river section - Rockside to Lake Erie

This project will involve numerous stakeholders to ensure access points are open, information to a wide paddling audience is accurately disseminated through a common portal/source, and riverfront communities understand what to expect. While I believe the expert section will be supported by KHCC it is equally important to support all sections of the river and paddling styles (flat, scenic, rowing, etc.). That way the new paddlers entering the sport through this expanded local resource may be tapped as future members, or just paddling partners. At some point our paddling style may change but we will always have the water to.....

There is a tentative daylong conference scheduled for 2/15/2011 at the Cuyahoga Falls Natatorium. Information will be forthcoming, but the goal is for afternoon breakout groups to strategize on each river section and establish a core group to move the project forward. I will lead the "Expert section" break out group but could use some club support as

well. This project will roll forward and as the largest local paddling club, members should get involved/support the effort. This is an opportunity which should not be missed.

Happy Holidays!



Friends of the Cheat Update

Hello Friends!

As we reflect on the past year and look towards the New Year, we are grateful to all our supporters, especially to those who have gone above & beyond to help Friends of the Cheat keep paddling upstream while we set & attain new goals and projects for the betterment of the watershed.

Highlights of 2010

In the Spring of 2010 the Eloise Milne pavilion was completed. The pavilion will be the main focal point of the Doug Ferris Outdoor classroom and learning center. Other new developments this year in the formation of the Outdoor Classroom include the installation of an open limestone channel (OLC) to treat the acid mine drainage coming from an on-site open mine portal. Because the OLC and the wetland that receives the drainage act like a passive treatment system, it will serve as a demonstration of how FOC treats acid mine drainage in the area. In May the Preston County 4H club helped our OSM/Vista, Andrew Miller, construct a rain garden that will utilize the rain water from the roof of our festival stage.

As part of the WV Watershed Celebration Day event in November at The Resort at Glade Springs, Friends of the Cheat was given the *** PARTNERS AWARD***. The award acknowledges the collaborative efforts made by an organization to form good working relationships with Federal, State, & local governments; along with other nongovernmental

entities, and individuals. A *** CITIZEN AWARD FOR EXCEPTIONAL SERVICE *** was also given to Keith Pitzer, past Executive Director of Friends of the Cheat. This award is the most prestigious recognition that can be granted by the U. S. Department of the Interior (USDI) and its Bureaus for career accomplishments, exceptional support of the Department and its mission, or for heroism. The award was in recognition of Keith's outstanding leadership in addressing acid mine drainage problems in the Appalachian Region.

This fall our latest AMD project was completed, known as Sovern 62 / Bishoff. **The completion of this project will help FOC and its partners remove Sovern Run from the WVDEP 303(d) list of impaired streams.** Below is a link to a new video, made by volunteers Sean Peoples and Michael Miller, which provides a glimpse of our current AMD Remediation work in the lower Cheat river watershed.

<http://www.youtube.com/watch?v=fPQT1077HJc&hd=1>

We have recently updated our "Make a Donation" button located on the top right hand corner on the FOC website home page <http://www.cheat.org> to make it easier to donate using a credit card or paypal. In kind donations are also greatly appreciated as we keep adding new items to the

FOC Wish List
Flat File
Flat Screen Monitors (4)
10 x 10 and 10 x 20 Tents
Auto Paper Folder
Speaker Phone
Desk Lamps
Small House in Kingwood area for FOC Office

We hope you continue to show your support, and come join us this Spring as we celebrate the Cheat at our **17th Annual Cheat River Festival on May 7th, 2011**. If you are interested in becoming a vendor or sponsor please call Janet Lenox at (304) 329-3621.

Thank-You & Best Wishes for a Happy & Healthy New Year!

Sincerely,

The Friends of the Cheat Staff

Janet, Jessica, Andrew & Amand

These are the Chairpersons for 2011

We still need your help, call Cliff and volunteer, please!!!

Conservation:	Dave Hill	330-922-4380
Instruction:	Position Open	216-371-8250
Library:	Pat Guzowski	216-780-5734
Membership:	John Kobak	440-871-1758
Newsletter Editor:	Kelly Miller	724-940-9088
Newsletter Distribution:	Ed Charlton	440-716-5489
Pool Sessions:	Judi Cleary	440-289-5511
Canton Pool:	Dan Glomb	330-268-4350
Program:	Dennis Dukeman	330-699-2916
Publicity:	Mike Larkin	216-486-4833
Refreshments:	Bob Bair	440-963-7008
Rescue Weekends:	Position Open	216-292-5618
Safety:	Chuck Singer	440-949-6681
Sea Kayaking & Recreational Boating:	Chuck Singer	440-949-6681
Trip Schedule:	Michael Duvall	216-521-0094
Vermilion Race:	Gene Baker	440-775-4953
Webmaster:	John Kobak	440-871-1758
Yearbook Editor	Patty Hammond	216-292-5618

Date	Trip/Event	RR	Organizer	Phone #
January	2011			
1/1	10th Annual New Year Paddle at Edgewater Beach	SK	Stuart Warner	440-356-9550
1/4, 18	KH Roll Session at Lakewood pool - 8:30-9:45PM		Judi Fordyce	440-289-5511
1/9,16,23,30	KH Roll Session at Meyers Lake YMCA pool - 9-11:00 AM		Dan Glomb	330-268-4350
1/8,29	KH Roll Session at Lakewood pool - 3-5:00 PM		Judi Fordyce	440-289-5511
1/15,22	KH Roll Session at Orange pool - 4-6:00 PM		Judi Fordyce	440-289-5511
1/15	Club Monthly Meeting at Fox & Hound Restaurant in Mayfield Hts after the Orange Roll session at 6:30 PM, everyone welcome.		Dennis Dukeman	330-699-2916
February				
2/5,12,19,26	Fundamentals of Kayaking at Rocky River High School, Saturdays - 12:00-3:00 PM		Ernie Anderson	216-431-3076
2/5	Ohiopyle Winterfest & Paddle the Loop		Jim Hunt Brent Hendren	330-335-5203 330-414-2063
2/5,19,26	KH Roll Session at Lakewood pool - 3-5:00 PM		Judi Fordyce	440-289-5511
2/6,13,20,27	KH Roll Session at Meyers Lake YMCA pool - 9-11:00 AM		Dan Glomb	330-268-4350
2/12,19	KH Roll Session at Orange pool - 4-6:00 PM		Judi Fordyce	440-289-5511
2/19	Club Monthly Meeting at Pacers Restaurant after Lakewood Roll session at 5:30 PM, everyone welcome.		Dennis Dukeman	330-699-2916
2/25,26	National Paddling Film Fest (KY)		Michael Duvall	216-513-5921

March				
3/5	KH Roll Session at Orange pool - 4-6:00 PM		Judi Fordyce	440-289-5511
3/6,13	KH Roll Session at Meyers Lake YMCA pool - 9-11:00AM		Dan Glomb	330-268-4350
3/6,13,20,27	Fundamentals of Kayaking at Lakewood High School Sundays - 4:30 - 7:30 PM		Ernie Anderson	216-431-3076
3/08	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
3/12	KH Roll Session at Lakewood pool - 3-5:00 PM		Judi Fordyce	440-289-5511
3/19,20	WV Class IV-IV+	28-32	Jeff Macklin	724-331-7873
3/19-26	Southern Rivers - TN, NC	22-32	Jim Murtha	614-282-3293
3/20	(1) Vermilion River Cleanup (OH)	SK/F W	Gene Baker	440-320-4490
3/26, 27	WV Class V Creeking	>30	John Garcia Brent Laubaugh	216-210-7544 724-272-6944
3/27	(1) Vermilion Race (OH) - Alternate Date 4/10	SK/F W	Gene Baker	440-320-4490

Lots of our trips still need organizers.

We need trips of all levels from flat water to beginning white water and advanced.

See the [Tentative 2011 Trip Schedule](#)

So no matter what level you are at, you can organize a trip.

E-Mail [Michael Duvall](#) or call him at **216-513-5921**

Trip Organizer's Responsibilities

Organizers who are unable to fulfill their trip commitments should obtain a substitute organizer and notify the Newsletter Editor and Webmaster as soon as possible, if you have internet access, please post on the club bulletin board.

MONTHS BEFORE THE TRIP

Determine put-in and take-out points.

Determine rendezvous time.

Select an alternate trip in case of high or low water, where possible.

Select camping arrangements, if required.

List the expected level of difficulty, wet/dry suits? Closed boats?

Mail/E-Mail this information to the newsletter editor and Webmaster in time to be published just before the trip.

Organizers who are unable to fulfill their trip commitments should obtain a substitute organizer and notify the Newsletter Editor and Webmaster. If you have internet access post a notice on club bulletin board.

WEEK BEFORE THE TRIP

If conditions change choose an alternate paddling location for the trip. Maintain a roster of persons signed-up for the trip with names, phone numbers, e-mail addresses and experience in order to notify them in case of a change before the trip. Do not just cancel the trip and then paddle somewhere else.

DAY BEFORE THE TRIP

Find out the water level, make sure it is suitable for the trip as planned. If you cannot go on the trip please find another organizer.

Guests may join us on our trips. However, please encourage them to join our club for their own safety and enjoyment. If the participant is an active member of another club like TRPC, they are welcome on any of our scheduled trips. Club members enjoy the camaraderie, the mutual liability waiver and the satisfaction knowing that their dues are supporting the club services that they are enjoying.

Read the [Keel-Hauler's Safety Code](#)

DURING THE TRIP

Please note that "Trip Organizers" are just that, organizers. As spelled out in the Keel-Hauler's Safety Code.

All on-the-river "responsibilities" are those of the individual or the group as a whole. In fact, the "trip organizer" does not have to go on the trip. They're simply the main contact that coordinates the meeting time and place, and puts interested participants in contact with each other. That is as far as their responsibility goes.

AFTER THE TRIP

Ensure that a trip report is written and sent it to the newsletter editor as soon as possible.

Trip Participant's Responsibilities

MONTHS BEFORE THE TRIP

Pick a trip to match your skills and ability. Rate yourself with the [Keel-Haulers Self-Rating System](#). Do not pick trips that are rated more than 3 points beyond you or your partner's ability.

WEEK BEFORE THE TRIP

Notify the trip organizer by phone or e-mail of your intent to join the trip. No one's paddling ability or knowledge of the river exempts them from this common courtesy. Plan your food, transportation and rendezvous. Please become a club member, guests are welcome but encouraged to join.

Read the [Keel-Hauler's Safety Code](#)

Double up, help conserve fuel. Try to take as many boats and people with you as possible. Let the trip organizer know if you need transportation or if you can bring someone else with you. If you have to cancel out of the trip, let the organizer know as soon as possible, so that the other paddlers won't waste time waiting for you to arrive.

DAY OF THE TRIP

Meet promptly at the appointed time. Check to see that you have all equipment with your boat before starting on the shuttle. Plan to participate in the auto shuttle, and let the group know when you are ready. If you have a physical disability, are under a doctor's care, or may need medicine, let the group know.

DURING THE TRIP

Know and practice the Keel-Hauler's Safety Code.

AFTER THE TRIP

Leave the river and its surroundings cleaner than you found them. Drive home carefully; you will be tired.

DISCLAIMER

Remember that water sports are a potentially dangerous activity. Each participant is responsible for assessing his or her own ability and from refraining from activities that are beyond their limits. The club, its officers and members simply cannot and do not take responsibility for anyone when they are participating in a planned or spontaneous club activity.

Only YOU are responsible for your actions and safety. Read the [Keel-Hauler's Safety Code](#). It was adapted from the Safety Code of the American Whitewater to serve as a guideline for river trips.

As stated in the code,

“A river trip should be regarded as a common adventure by ALL participants.... Participants share the responsibility for the conduct of the trip and each participant is individually responsible for judging his or her own capabilities and for his or her own safety as the trip progresses. Participants are encouraged (but are not obligated) to offer advice and guidance for independent consideration and judgment of others.”

Remember, water sports are a potentially dangerous activity. Members assume any and all risk when choosing to participate in an activity and the Keel Haulers Canoe Club, its officers and members are not responsible for any damages resulting from such participation.

2011 Club Officers

President:	Cliff Wire	440-439-6541
VP:	Michael Duvall	216-521-0094
Secretary:	Pat Guzowski	216-780-5734
Treasurer:	Joe Marks	216-281-1517

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month

Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758, 1649 Allen Dr, Westlake, OH 44145**

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: www.keelhauler.org

Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Call or mail before the last Saturday of each month. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

Please consider writing a trip report or article for the next newsletter! The deadline for the **February** issue of the newsletter is **1/23/11**.

Please remember that articles should be sent to Kelly Miller (Laubaugh) at peetzaguy@aol.com or peetzaguy@comcast.net.

Keel-Hauler Kanews
Kelly Miller, Editor
1515 Fox Chase Dr.
Sewickley, PA 15143
peetzaguy@aol.com
January, 2011



Keelhauler's Kanews *February, 2011*



Next Club Meeting: on
Saturday February 19th at
Pacers Restaurant
14600 Detroit Ave
Lakewood, OH
after the Lakewood Roll
session at 5:30 PM.

Program: Happy Hour, food and
shake away the winter blues
with Kayak videos.

[View Pacers Menu](#)

A few blocks North of the
pool on Detroit across from
Lakewood Hospital.

[Lakewood Pool Map](#)

For questions contact [Dennis
Dukeman](#) 330-699-2916

All meetings are open to
guests.

Invite a prospective member!

**2011 Yearbook is being
prepared**

[On-Line Version-2011 Yearbook](#)

[Need the NEW password?](#) It was included in
last newsletter e-mail

Please review and if it needs to be
corrected,

[Send me an e-mail](#)

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**Suffering From Cabin Fever?  
Here is Your Cure!**

Join us for the Ohiopyle Winterfest  
[http://www.friendsofhiopyle.info/focms-  
final/index.php?page=12](http://www.friendsofhiopyle.info/focms-final/index.php?page=12) and stay and play all weekend.  
There should be something of interest for the young and old  
, bold and not so bold. So bring your family and friends and  
do some sledding, cross country skiing, kayaking, etc.  
according to your own interests.

Here is an idea of what I have in mind:

February 5 : Meet at the Winterfest site at 11:00 am and  
check out the exhibits before heading into town to do a  
little cross country skiing while checking the ice situation  
for a possible Loop run. If conditions allow I hope to run  
the Loop. If not ill continue to Cross Country ski before  
heading to Tall Oaks.

As of today, Tall Oaks has two heated cabins available. One sleeps 6 the other 12. Cost per person per night would be about \$18. I have not reserved a cabin as I will more than likely camp but if you are interested in the cabin they may still be available. For those camping at Tall Oaks we can plan on doing some night time x-country bush whacking to warm us up before turning in.

February 6: I'm leaning toward doing some snow boarding at Hidden Valley . Of course you would have options to do more X-country skiing, another loop run, sledding etc. Hidden Valley adult lift tickets are \$45. If we have a group of 15 the price drops to \$25. For those who don't ski or board there is snow tubing!

Follow comments on the message board and come on out and join us. For more information contact Brent Hendren at [river01side@yahoo.com](mailto:river01side@yahoo.com).

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The Age of Cooperation

By Joe Marks

Congress keeps on talking about being more cooperative but the Keelhauler and Three Rivers Clubs have actually put it into practice this year. The two Club's have entered into a cooperative effort in order to enhance member experience. A chance for the members of each Club to participate in the best of what the other Club has to offer. An opportunity for everyone to get a much greater value out of their memberships. Many of us have been members of both Clubs for a long time and have been able to take advantage of the unique strengths and qualities of each.

One quality that really sets the Keelhauler Club apart from any other that I know of is it's extensive and varied trip schedule. There are plenty of weekends during the season where the Club has multiple trips going out on a variety of rivers. Trips appropriate for any paddler from practiced beginner to advanced and expert. Though these trips offer plenty of opportunity for less experienced boaters to pick up pointers and learn from the more experienced, they are not intended to be 'formal' teaching clinics. As far as being a potential learning experience they are more about someone who has already obtained the requisite skills learning a new river and maybe taking that half step up in difficulty.

On the other hand, Three Rivers Paddling Club has two very unique events every year that sets it apart as a kayak club. The Club puts on two very successful clinics each year that are geared directly toward formal instruction. The Slip Clinic on June 4/5 and the Turkey Bash Clinic on August 5/6. These Clinics are all about grouping kayakers together by skill level into formal classes. There are about 10 different classes for adults and an entirely different set of classes for those under 16. Whether you're just starting out or your on the verge of becoming an advance boater, you'll find a group just right for you. The more experienced paddlers in the Club step up to teach these groups and each class typically has 2 instructors and a safety boater. Many instructors have actually specialized in teaching the kids groups and do a fantastic job of keeping it fun. There's almost always a class for you canoe guys too!



So Keelhauler's, you will find the Slip Clinic and Turkey Bash on the 2011 Club Trip Schedule. Take advantage of these unique opportunities to step up your boating skills. The Clinic's are a Blast and you will definitely learn some valuable new skills alongside fellow boaters with the exact same goals! For the more experienced of us, please sign up to help out in any capacity you can. Teach, assist, safety boat or even help with the Saturday evening meal. My son Eric and I started out taking classes as students and have taught classes for the last few of years. You can become a better kayaker by teaching and you'll some of the most fun you'll have all season. If you have any questions about how it all works feel free to contact me. joemarksz@gmail.com

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**Bali**  
**(In 4 parts)**  
**By Chuck Singer**

Hi,  
I left Cleveland, flew to Chicago, waited a few hours, then embarked on a 14 hour flight to Incheon, Korea on Korean Airlines. Call me ageist, sexist, sizeist but the flight was staffed with only young, attractive stewardesses dressed in Korean attire. Two full meals and numerous snacks are a lot to stomach (Pun intended) I tried a new technique in taking a window seat to avoid getting up all the time to allow others to get by me. It didn't work as my two row-mates hardly ever got up and I like to stretch often. The girl next to me was born in the Phillipines of Chinese parents and now lives in Iowa! She is meeting two Korean friends who all studied in Japan! And you think I get around! I ate in the restaurant in my hotel and had Kim Chi (fermented, spicy cabbage) for the first time; it was OK.

I've got another 7 hour flight to Bali this morning and can put on some T shirts. I only have one long-sleeved shirt and no jacket so I'm a little cold in Korea.

I landed in Bali a little bit ago and adjusted my watch for time, day and date! It's very hot and humid here with horrible traffic. I'm staying in a small cottage about 300 yds from the road so it is quiet. The tricky part may be finding my way back as it is down a bunch of alleys. I'm checking out the local shops and restaurants.

More later,  
Chuck



**Bali #2**

Just a quick note to let you know I'm going to Ubud this afternoon. It's the place where Eat, Pray, Love was shot and should be a good area to explore from. I had my first handmade clothes made yesterday. It was an \$8 pair of shorts but you have to start somewhere. the humidity is HIGH here and clothes take 24 hours to dry. It could be snowing so I won't complain.

Chuck



**Bali #3**

Hi,

I've been in Ubud for a couple of days and have not seen a any movie stars! I visited far too many temples yesterday with the one at the river being 300 steps down. That also seems to require 300 steps up. I sweated through my shirt so I bought a nice white cotton shirt from a stand that the tourists pass in their final agony after the 3000 steps. I got a great deal on the \$15 shirt for only \$8. I walked another 20 paces and a lady sold me an identical shirt for \$4. Another 10 paces got down to \$3. I figured if I kept walking I could get it for free! Didn't work.

Today I went whitewater rafting. It was fun with warm water and lots of waterfalls. It was Class 3+, kind of like Entrance on the Yough with more water and rocks. It was continuous with a drop of maybe 100ft/mile but no big drops except for the dams. We bounced off of rocks and rock walls all day. The guides command for bracing as we ran into things was Boom-Boom! A whole lot of it. I could have done a better job but there was only Forward, Stop, Duck and Boom-Boom as commands.

The hike out at the end was up 300 steps!! They fed us lunch there but liquids (water, pop, beer) were extra. I had three bowls of soup for free.

I visited a coffee and spice plantation yesterday (only 20 steps) They sell the Lewak? coffee there. That's the one that is made from coffee beans eaten by Civit Cats, shit out (AngloSaxon term) and collected and ground. It's going for about \$500/# And I can take your order with a Western Union check. Don't daudle, they are moving fast.

More later! There is a rumor that snow is on the way to Ohio. You have my deepest sympathy!

Chuck



#### Bali #4

Hi,  
Yesterday I went to a wood carving village to see the famous carvings. They are amazing and the complex ones take months to complete. It's all done by hand using chisels and knives.

After that I went to another Pura (temple) This one was a Monkey God temple and there are hundreds of monkeys everywhere. There are attendants to keep the fights down. It costs \$2 to enter and \$2 for bananas to attract the bloodthirsty monkeys. I sat on a bench (stupidly) and had a monkey on my back, then head. Does my nose resemble a banana? After some seconds of grooming and exchange of parasites, she left for greener pastures.

Did I mention there are a lot of temples in Bali? Another guide said One Balinese, One temple and he is close! You have to wear a sarong and a belt to enter some



of them. There are people letting you borrow one if you don't have your own. I brought an incorrect sarong (saright?) and had to borrow one.

After the Simian Adventures I treated myself to a Balinese massage. It was relaxing and \$6 for an hour! The 100# Balinese girl giving the message had 30# hands and often tried to pull off my fingers and toes. I escaped with all 10 digits though.

Later I went to a Shadow Puppet Show about a mile away. It was after dark both directions and there are holes, dips, and dog doodoo to keep you alert. The show was horrible and > not worth the money but maybe you had to be there. The people behind me were alumni of Case-Western Reserve so we chatted about Cleveland for a while  
There is an older gentleman working at my place who carries 30 bricks up many flights of stairs. The family is building another room on the roof! I'm going North to Lovina tomorrow for more beach time.

Chuck



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Upcoming Trip Schedule....

Our 2011 schedule is now being prepared. We need trips of all levels from flat water to beginning white water and advanced.

See the [Tentative 2011 Trip Schedule](#)

Lots of our trips still need organizers.

So no matter what level you are at, you can organize a trip.

Read our [Trip Organizer's Responsibilities](#)

E-Mail [Michael Duvall](#) or call him at 216-513-5921

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2/19	Club Monthly Meeting at Pacers Restaurant after Lakewood Roll session at 5:30 PM, everyone welcome.		Dennis Dukeman	330-699-2916
2/25,26	National Paddling Film Fest (KY)		Michael Duvall	216-513-5921
March				
3/5	KH Roll Session at Orange pool - 4-6:00 PM		Judi Fordyce	440-289-5511
3/6,13	KH Roll Session at Meyers Lake YMCA pool - 9-11:00AM		Dan Glomb	330-268-4350
3/6,13,20,27	Fundamentals of Kayaking at Lakewood High School Sundays - 4:30 - 7:30 PM		Ernie Anderson	216-431-3076
3/08	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
3/12	KH Roll Session at Lakewood pool - 3-5:00 PM		Judi Fordyce	440-289-5511
3/12, 13	(2) Slippery Rock Creek (PA)	13-19	Brent Hendren	330-414-2063
3/19, 20	 WV Class V Creeking	>30	John Garcia Brent Laubaugh	216-210-7544 724-272-6944
3/19,20	WV Class IV-IV+	28-32	Jeff Macklin	724-331-7873
3/19-26	Southern Rivers - TN, NC	22-32	Jim Murtha	614-282-3293
3/20	(1) Vermilion River Cleanup (OH)	SK/FW	Gene Baker	440-320-4490
3/27	(1) Vermilion Race (OH) - Alternate Date 4/10	SK/FW	Gene Baker	440-320-4490

Please consider writing an article for your club newsletter. You can write about your upcoming trip, a past trip, or informational material that other members may find of use. Send articles to peetzaguy@aol.com.

2011 Club Officers

President:	Cliff Wire	440-439-6541
VP:	Michael Duvall	216-521-0094
Secretary:	Joe Marksz	216-281-1517
Treasurer:	Pat Guzowski	216-780-5734

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758**
1649 Allen Dr.
Westlake, OH 44145

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: www.keelhauler.org

Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Call or mail before the last Saturday of each month. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

Please consider writing a trip report or article for the next newsletter! The deadline for the March issue of the newsletter is 2/21/11. Please remember that articles should be sent to Kelly Miller (Laubaugh) at peetzaguy@aol.com or peetzaguy@comcast.net.

KeelHauler Kanews
Kelly Miller, Editor
1515 Fox Chase Dr.
Sewickley, PA 15143
peetzaguy@aol.com
February, 2011



Keelhauler's Ka-news *March, 2011*



Next Club Meeting is Tuesday, March 8th

at Middleburg Hts Community Center
16000 E. Bagley Rd

[Map to Middleburg Hts Meeting](#)

Program: Cold water Safety,
Dressing for Cool Weather Paddling,
Hypothermia Kit for paddlers,
Discussion of 43rd Annual Vermilion
River Race.

All meetings are open to guests.
Invite a prospective member!

Yearbook Update by Patty Hammond

The 2011 yearbooks are done and ready to be mailed. Ed Charlton is taking on this job. For the last 2 years the post office experience has been very trying as their rules change every year. To save money we use bulk mailing, which has a lot of requirements that first class mailing does not. This year we had to go back to the old staple binding on the yearbooks due to the problems we had with the postal service. Two years ago we tried a spiral binding on the yearbooks, and received a lot of good comments from the membership. However, the past 2 years have been a nightmare getting the USPS to accept our mailing. The bar codes not meeting their new standards, envelope size not what they wanted, the spiral binding was too thick, and the orientation of the address on the envelope not to their liking, were the many problems that we encountered. We were lucky to get the yearbooks mailed out at all and many had to be mailed first class. Satisfying the post office's every whim was a real team effort

between Ed Charlton, John Kobak, and myself, so my decision to go back to the stapled yearbook and old mailing style was the best option.

This year as I was finalizing the yearbook cover with the printer, he advised me that a new arcane USPS requirement meant removing the picture I planned for the back cover and dedicate the whole back page to addressing. It seems there is a regulation about no graphics being below the address line, so regrettably there is no picture on the back cover.

By the time you read this, Ed will have mailed out the yearbooks and we expect our membership to receive them by the first or second week of March. That is unless a whole new set of USPS regulations runs Ed through the wringer again, and he gives up and throws all books in the lake!

Also, if you have not received your yearbook after mid-March, please contact Ed Charlton at ed.charlton@gmail.com or (440) 570-1789.

If you did not get your copy because your address has changed, you will need to pay \$2 for postage. The USPS will not forward third class mail if you move.

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The latest addition to the KHCC Library  
videos is "The Call of the River - A Hundred  
Years of Whitewater Adventure" presented  
by Performance Video.  
SYOTR, Pat

Remember that there is no such thing as bad weather, just bad gear! Be sure to wear the proper clothing for your upcoming Spring trips, and read on to see what Charlie Walbridge has written on the subject.....

# Cold Water Protection and Hypothermia

Excerpts from:

## Whitewater Rescue Manual

By Charles Walbridge & Wayne A. Sundmacher Sr.



Charlie Walbridge is one of the first seven individuals inducted into the International Whitewater Hall of Fame. He is being recognized for his many contributions to the whitewater safety and rescue field. Charlie has conducted numerous swiftwater rescue clinics for NRS associates and we're proud to be associated with him!

The International Whitewater Hall of Fame and Museum is located at the Adventure Sports Center International, McHenry, Maryland

## Cold-Water Protection (Pg 24-25)

Water draws heat from the body 25 times faster than air. Like windchill, the effects of cold water increase when the current is fast. Sudden immersion in snowmelt or spring runoff is extremely debilitating, causing a substantial loss of strength, coordination, and judgment rather quickly. All cold-weather paddlers should select the gear needed for the insulation required to stay warm.

Drysuits and wetsuits both work effectively in cold water. In a wetsuit, air is trapped inside the neoprene material, and the suit fits snugly enough to keep most cold water out. What little water gets inside is quickly warmed by the user's body heat. Drysuits create an actual barrier between the environment and the paddler, eliminating that initial "cold-water shock." Paddling drysuits are made of a waterproof material with latex seals at the neck, wrists, and ankles. The paddler regulates the inside temperature by adding or removing layers of insulation, such as pile or polypropylene. In milder weather, a water-proof shell top or paddle jacket can be combined with pile clothing or a wetsuit for comfort.

The first goal is to protect the torso, which shelters the "core" of the body. The greatest heat loss occurs in the armpits and crotch. Next, pay special attention to the extremities. The head radiates a surprising amount of heat. If the helmet alone is not warm enough, pile or neoprene liners can be worn inside. Neoprene booties cover the paddler's feet, and if the sole is thick enough they can be used alone. Another alternative is to wear lightweight neoprene socks inside sneakers. In cold weather a boater's hands quickly lose the strength and sensitivity needed for effective paddling. Neoprene gloves or mittens are one answer; mittens are warmer than gloves, but more awkward and harder to find. Pogies (mittens that cover both the hand and the paddle) permit direct hand-to-paddle contact for maximum control with a kayak paddle. In borderline weather, carry hand protection along for possible use later in the day.

## Hypothermia (Pg 129-130)

The human body functions only within a narrow temperature range. Warmth must be maintained to support the chemical and metabolic functions sustaining life. When the body cools below acceptable levels (hypothermia), there is a significant loss of strength, coordination, and alertness. Patients suffering from hypothermia may become unable to paddle effectively or to assist in their own rescue.

Paddlers must often contend with water that is dangerously cold. The effects are felt with surprising speed. Just like the effects of windchill, those of moving water produce an enhanced cooling effect that multiplies the impact of cold water. But hypothermia does not always occur in cold weather. Unexpected summer storms can soak an unprepared boater, or the wind can steal heat from his body. An unprotected boater who takes a long swim on a cool, overcast day may find it hard to rewarm. An injured victim may experience hypothermia as shock sets in

## Levels of Hypothermia

The human body has three layers; an outer superficial layer, an intermediate layer; and the inner core. The superficial layer consists of the skin and subcutaneous tissue; the intermediate layer is made up of the extremities, skeletal and muscular tissues, and some lesser organs; the inner core contains the most critical organs; the heart, lungs, and brain. When hypothermia sets in, the body prioritizes heat distribution. It works to keep the vital core warm, hoarding the additional calories required to heat parts of the body that are not necessary for survival,

As the body begins to chill, the first signs of hypothermia come in the form of muscle tension and goose bumps. This non-shivering heat generation can double the metabolic rate. As the core temperature continues to drop, shivering begins. These uncontrolled contractions can increase the metabolism to five times the normal rate. Now the body is burning roughly 400 calories per hour. That's approximately the number of calories in two Snickers candy bars. Under the right conditions, the body can still rewarm itself.

At some point, the body starts to realize it is beginning to lose its battle to heat all its layers and decides it can survive without the superficial one. By shunting the blood flow away from the skin and outer tissues, it reduces the flow by about 1 to 2 percent. Strenuous activity could increase heat output, but the body has limited stores of fuel. Heating the entire body might burn what reserves are left and leave the victim to cool even more quickly.

When core body temperature fails below 95°F, shivering diminishes. The patient may become confused; reasoning becomes clouded. With continued heat loss, the body decides to sacrifice parts of itself so that the brain can survive. By reducing the area being heated, life is prolonged. First, the body decides it doesn't need the extremities, and carbon dioxide and lactic acid build up in these areas. Then it begins to shut down blood flow to unnecessary organs. And finally, it will limit flow to the three organs that sustain life itself.

As the body continues to cool, the victim begins to lose touch with reality. In some cases, they experience atypical mood swings and

may become argumentative or combative when assistance is offered. Once the core body temperature drops to 90°F, shivering is replaced by muscle rigidity, and mental facilities are severely impaired. The victim is semiconscious, progressing toward unconsciousness. As the core temperature continues to drop, the metabolic rate diminishes, oxygen consumption drops, and respiration slows. Cardiac output also slows and weakens, resulting in further reduction in blood flow.

As lung and cardiac function diminish, cardiac arrhythmias develop, and ventricular fibrillation, a spasm of the heart muscle, eventually leads to cardiac arrest. A review of hypothermia symptoms follows:

- *Temperature above 95°F. Conscious and alert. Vigorous uncontrollable shivering, pain or numbness in extremities, loss of manual dexterity, slurring of speech.*
- *90° to 95°F. Conscious. Mildly impaired mental facilities. Diminished shivering is replaced by muscle rigidity.*
- *86° to 90°F. Semi- or fully unconscious. Severely impaired mental abilities; may appear intoxicated. Rigid muscles, cardiac arrhythmias.*
- *80° to 86°F. Unresponsive, unconscious. Rigid muscles, dilated pupils barely responsive to light, diminishing or nonexistent pulse and respiration, blue-gray skin color.*
- *80°F. Ventricular fibrillation, cardiac arrest. Pupils fixed and dilated. Death.*

*Loss of body heat occurs in a number of ways that may affect a paddler simultaneously:*

- *Radiation: Heat is given off to a cooler environment directly. The amount lost to cold water is many times that of cold air.*
- *Conduction: Heat passes out of the body directly into a cooler object, such as the ground an injured person is lying on.*
- *Convection: Heat rises away from the body into the air. Clothing helps prevent this.*
- *Evaporation: Heat is removed from the body as water or perspiration evaporates and the skin dries. This is why wet clothing should be removed from hypothermia victims.*

**Respiration: Heat is continually lost as cold air is drawn into the lungs, warmed, and then exhaled.**

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Bali Continued.... By Chuck Singer

Bali #5

Hi,

Last night I went to a Bali Kecak dance. It was GREAT! and made up for the crappy Shadow Puppet show. I'm sure there is something on You tube to watch if you feel the urge. The dance consists of a 50+ group of men sitting in a circle of about a 20 ft diameter. They chant tak-tak-tak and other rhythmic phrases. There is no other music.



The two Balinese women dancers dance in that circle with the only illumination being a "Christmas tree-like" series of oil lamps. There are fights and adventures galore. At the end there are two young girls doing a dance with mirrored moves. It finishes with some fire walking. Impressive! The women's hands, arms and fingers were all moving in a strange harmony and assuming positions my body is incapable of.

Chuck



Bali #6

Hi,

I decided to take a look at the North Coast so I took a bus to Lovina, a town on the beach. It's probably only 80 miles but it took 4 hours. We crossed some small mountains on occasionally bad roads with SERIOUS turns and grades. We passed rice paddys and one stream with naked women bathing in it. I closed one eye to only see half as much! I ate supper at a Rasta place on the beach! Jamaica rules Bob

Marley would not approved of the food though; it was standard Bali. I had some grilled fish in a banana leaf and a salad with some mayo and ketchup. My stomach did not rebel, yahoo.



Today I went to the Git Git Waterfalls. It was 127 steps and 32 steps up and down depending which way you went. It's in the mountains so it is foggy there from the condensed humidity. I then went to a Buddhist Monastery but not to meditate. Most everyone else was. It was the most quiet place I've been recently. I followed it up with a trip to a hot springs. WHY, you might ask! Aren't you hot enough? It actually felt very good and I stayed in for an hour. There was a cold shower afterwards to remove the faint smell of the water. It had no sulfur in it which is unusual.

It poured on the motorbike ride back and I was drenched but then the sun came out and got the humidity back to normal. I plan to try to get to some small islands southeast of Bali tomorrow. They are supposed to be very beautiful.

Chuck



Bali #7

Hi,

I left Lovina and took the bus back to Ubud, then on to Sanur on the southeast coast. I stayed overnight in a large room facing a courtyard filled with plants and birds, Sanur is a LONG beach town with a zillion venders, The local treat is roasted corn on the cob. Bali kids swim at all times and there were some out at 7 in the morning. Young ones are

often nude.

This morning I got on a ferry boat to some offshore islands. You have to wade out to the boat getting in or off. There are no docks here yet I'll probably stay here a few days. It is very quiet here and the sunset is spectacular. I again have a large room looking out towards some greenery. It's a 100 ft walk to the beach. I splurged on the room (\$18) but, it is in a resort and has a pool. Most of the people here are young Australians with some odd European and California surfers thrown in. The surf here is awesome and I haven't seen the best spots yet. Tomorrow is snorkeling in crystal clear water. I met a guy on the boat over who has gone to a lot more countries than I and he is the same age.

Chicken satay and steamed rice was for supper. I still haven't gotten tired of it and it costs \$2.50 Breakfasts are about the same price; \$3 if you want bacon and eggs. It rained again during supper but it was wonderful watching the lightning sneak towards me and feel the cool breeze as it rattles the palms. My room is very nice and it even has a pet washing area right next to the toilet. The snorkeling was great and I saw my biggest octopus ever! It looked to be 4 feet across! I'll stay here a couple more days and maybe rent a motorbike to see the island. The traffic isn't manic here.

Chuck



Bali to be continued in the next issue...

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**Jim G. Tyree - A Life Well Lived.**  
**Notes from various sources passed on by**  
**Richard G. Lubinski**

**put together by Cliff Wire**

Long time (29yrs) Keelhauler Jim Tyree passed away Feb. 12, 2011. Jim is the Keelhauler who hosted the annual summer (July) picnic at Sliver Lake in Stow. For those who had the good fortune to know Jim, he will be missed. From the message board: "Jim Tyree had a great sense of friendship and collegiality. He was always cordial, smiling and welcomed one and all at his annual hosting of our July meeting at Silver Lake. Those evenings proved to be most enjoyable! We shall miss him!" AndyG.

### The obituary:

Born in Akron, he was a Stow resident since 1960, a graduate of Ellet High School and a U.S. Navy veteran. Jim earned his bachelors degree from Baldwin Wallace College, where he was a 3-sport athlete and All-American in football, and then received his masters degree from Kent State University. His inductions include Stow High School Athletic, Ellet Football, Baldwin Wallace College Athletic Halls of Fame, Stow High School Faculty Wall of Fame and both the Summit County Athletic and Ohio High School Wrestling Coaches Halls of Fame. For over 33 years, he was a teacher and coach at Stow High School and for more than 30 years was the manager of Munroe Falls Metro Parks. Jim spent much of his time the past 22 years as the manager at the Silver Lake Boathouse.

There are not many men that in the same breath you can call a: Great Dad, Husband, Mentor, Hero, Friend, Caregiver, Coach, Teacher and Man of God.



Preceded in death by his wife of 48 years, Donna; his granddaughter, Haley Feldman and his brother, Jerry Tyree; he is survived by his daughters, Janeann (Jim) Richardson of Stow, Leslie (Curt) Feldman of Charlotte, N.C.; son, Jay (Kristin) of Tallmadge; grandchildren, Mackenzie, Mallory, Dana, Shana, Erin, and Cole; brother, Dan (Erma) Tyree of Ellet; sister-in-law, Kathy Tyree of California; brother-in-law, Bill (Joanie) Archer of Cincinnati; sister-in-law, Dorothy Archer of Florida and a multitude of other family members and friends.

There are no calling hours. Pastor John Wilson will conduct a memorial service Friday Feb. 18 at 4 p.m. at The Chapel, 135 Fir Hill in Akron. Should friends desire, memorials may be made to Tallmadge Alliance Church, where Jim had attended for many years, 1155 East Ave, Tallmadge 44278.

### JAMES TYREE

One of the most gifted athletes in Baldwin-Wallace College history, James "Tiger" Tyree earned 10 varsity letters in football, wrestling and track. He was ineligible for baseball because this versatile athlete played two years in the Cleveland Indians farm system after graduating from Akron's Ellet High School in 1949. At B-W he lettered four years in football, playing both offense and defense and leading the nation's small college punters in 1953 with a 42.18 yard average per kick. In his junior year Tyree was B-W's Most Valuable Player and received numerous other honors. He was elected team captain his senior year, but a knee injury kept him on the sidelines much of the season. As a wrestler he earned three letters with the injury curbing his activity as a senior. Tyree also

won three tack letters while participating in the 100, 200 and 400-yard dashes, relay teams and the long jump. Following graduation, he coached football and track at Medina County's Highland High School for one year, and spent 33 years at Stow High School coaching football, wrestling, basketball, soccer and track. His wrestlers compiled a 166-78 record with six state champions, 30 state qualifiers, five Metro Championships, five sectional championships and two district championships. His teams were third in the state on two separate occasions. The Summit County Wrestling Hall of Fame inducted Tyree in 1982 and he was named Stow Teacher of the Year in 1980.



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**Guinness Worlds Records "Canoe & Kayak Challenge", Saturday, May 21 • 8 a.m.
Launch Starts, 11 a.m. Record Attempt,
Hinckley Lake • Hinckley Reservation •
Hinckley Twp.**

**HELP CLEVELAND METROPARKS RECLAIM THE
GUINNESS BOOK OF WORLD RECORDS FOR THE MOST
CANOES & KAYAKS FLOTILLA**

It seems like just yesterday Cleveland Metroparks was gathering canoers and kayakers to help break the Guinness Book of World Records for the most Canoes & Kayaks on water at one time. But it was almost ten years ago. Well, Cleveland Metroparks is again calling all canoers and kayakers to help **reclaim** the "Guinness Book of World Records -Largest Raft of Free Floating Canoes & Kayaks." The record breaking attempt will take place on Saturday, May 21, 2011 at Hinckley Lake in Hinckley Reservation at the "Guinness World Records Canoe & Kayak Challenge." Almost 10 years to the day, Cleveland Metroparks broke the record on May 19, 2001 with 776 canoes and kayaks. Cleveland Metroparks held the record for seven years, and it has since been broken once by Inlet, New York with 1,104 boats, and then, recently in June 2010 by Pittsburgh, Pennsylvania with 1,800 boats.

Join Cleveland Metroparks and help set a new "Guinness Book of World Records - Largest Raft of Free Floating Canoes & Kayaks!"

Anticipated Attendance: 2,500

March				
3/5	KH Roll Session at Orange pool - 4-6:00 PM		Judi Fordyce	440-289-5511
3/6,13	KH Roll Session at Meyers Lake YMCA pool - 9-11:00AM		Dan Glomb	330-268-4350
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3/08	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
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3/27	(1) Vermilion Race (OH) - Alternate Date 4/10	SK/FW	Gene Baker	440-320-4490

43rd Annual Keelhauler's Vermilion River Race Sunday, March 27th 2011 (High water backup date April 10, 2011)

Sponsors: Keel-Haulers Canoe Club www.keelhauler.org
Keel Line Canoe and Kayak Supply www.keelline.com

Please Read All Information

The course is an eight mile section of the Vermilion River from the Schoepfle Gardens in Birmingham, Ohio, (Rt. 113, 14 miles west of Elyria, Ohio) to the bridge at the Vermilion River, Mill Hollow-Bacon Woods Reservation near the city of Vermilion. This very beautiful stretch of river can be challenging at different water levels.

WATER LEVEL

The race will be run over the designated course described above, if the reading on the USGS Gauge is 2.5 to 6 feet and the river is deemed navigable by the race officials. If less than 2.5 feet the race will be moved downstream to start and finish at the South Street Boat Launch Ramp on West River road in Vermilion. If the water level is deemed too high, the race will be canceled and held on the high water date. Because of the inability to predict the water level in advance, you may call **Eugene Baker at: 440-320-4490** or check <http://keelhauler.org> for a race status the day before the race.

KNOW YOUR ABILITY

At this time of year the water is 40 degrees or less, in the event of boat upset, hypothermia is a very serious risk. It is advisable to wear a wet/dry suit or have a change of clothes in a waterproof bag tied to boat. A spray cover is a good idea. This is class I/II water.

Rules of the Race

1. EQUIPMENT

Boats for all classes except as otherwise noted shall be standard stock models of aluminum, plastic, wood, wood-canvas, or fiberglass construction. No alterations to the manufacturer's original measurements will be permitted. No movable controls are allowed - steering is limited to paddles only. No powered pumps or bailers are allowed.

Canoes – C1 and C2 classes

Paddles must be single-blade, of any type. Open canoes only, no closed boats.

Unrestricted

The canoe may be of any type, length, or width, except no Pro or ICF boats.

Standard

Length shall not exceed 18' 6". Minimum width shall be 14 3/8" of the length (.14375 times the length) at the 4 inch water line, measured within 12 inches of the center of the canoe.

Kayaks - K1 classes

Any type double-blade paddle is allowed.

One person Kayaks - (Slalom or cruising type). Shall have a length as specified by the class.

2. BOAT INSPECTION

Contestants entering in any of the classes agree by entering that their boat conforms to these rules. All boats must be inspected on the day of the race. The decision of the race officials as to conformance for any boat and/or equipment proposed for entry will be final. If you have any questions on your boat's eligibility, contact **Hank Annable at 440-775-4953**.

3. AGE

In all classes which have an age restriction, the paddler's age shall be considered to be the age attained as of the day of the race. Senior class boaters must be at least 50 years old on the day of the race. Senior classes include men and women.

4. ENTRY FEE & REGISTRATION

An entry fee of \$13 (\$17 on the day of the race) per person per event is required. Keel Hauler members may take a \$2 discount. On the day of the race, all contestants (including those who pre-registered) must stop at registration to get a starting number and registration form. Numbers will be assigned in numerical order. Each boat will be identified by this racing number **worn on the chest by the bow paddler**. Registration is open from **9 to 11:30 a.m.** Cancellation or failure to participate in the event forfeits the entry fee.

5. STARTING

An instructional meeting will be held at **10 a.m.** The race will start at **10:30 a.m. sharp!** All contestants will start individually at one minute intervals and will be racing against the clock. **Race starting will end at 12 p.m.**
The finish line will close at 2 p.m. Any person not finishing within 2-hours after starting will be posted as DNF.

6. CLASSES – Read carefully there are changes from previous years

Class Description

0 nonconforming class or race for time only- no award given

1 C2 Unrestricted (no Pro or ICF boats).

2 C2 Mixed and Women's.

3 C2 Men's Standard.

4 C2S Person Senior (Both 50 years or older) a handicap of 10 seconds per year per paddler over 50 will be deducted from the finish time.

5 C2 Over and Under Standard One contestant is 15 or under, the other is at least 18 years older than the first.

6 C1 One person open canoe, no measurements.

7 K1 Jr. Contestant must be 15 years old or younger.

8 K1 Short One Man Kayak 11.49 feet and under.

9 K1W Short One Woman Kayak: 11.49 feet and under.

10 K1 One Man Kayak: 11.5 to 14.49 feet.

11 K1W One Woman Kayak 11.5 feet and over.

12 K1S One Man Senior: 14.49 feet and under (50 years or older).

13 K1 Long One Man 14.5 feet and over and all downriver boats.

14 K1S Long One Person Senior: 14.5 feet and over and all downriver boats (50 or older).

15 K1WS One Women Senior Kayak: 11.5 feet and over (50 or older).

7. SAFETY

An approved vest-type life jacket (Personal Flotation Device, PFD) must be worn properly by each contestant throughout the race. **In each closed boat, the boater is required to wear a helmet.** Each boat will be subject to inspection for sufficient flotation. Each contestant is required to render assistance, if needed, to other contestants

in trouble. Failure to comply with any of the safety requirements will result in disqualification. Boats may be checked by the Ohio Department of Natural Resources for a current boat license and approved life jackets.

8. MULTIPLE RUNS

Each contestant intending to race in more than one class must arrive early and be prepared to start their first race by 10:30. Contestants must have transportation available and be ready to start their second run before the starting line closes. A starting time extension may be granted for multiple run racers if river conditions warrant and approved by the race committee.

9. CREWS & PORTAGE

Each crew must remain together and not substitute members after the race has begun. Once a crew starts an event, they must stay in the river bed. No trespassing will be allowed.

10. DISQUALIFICATION

Commonly accepted rules of good sportsmanship prevail. Intentional capsizing or damaging of an opponent's boat will result in disqualification. Any boat or team receiving assistance will be disqualified. If a team drops out of the race, they must report to a member of the race committee or be barred from future races. Any contestants interfering with officials at the start or finish line or at the scoring area, will be disqualified.

11. PROTESTS

Protests must be submitted in writing to the Protest Committee at the No. 2 Picnic

Shelter within 30 minutes after posting time.

12. TRANSPORTATION

Each contestant must provide their own transportation between the start and finish lines.

13. PHYSICAL CONDITION

If doubt exists as to the adequacy of a contestant's physical condition, the race officials reserve the right to disqualify the contestant.

14. AMATEUR STATUS

These races are open only to amateurs, and no professional racers may compete for awards. Professionals may compete for time only.

15. AWARDS

Awards will be provided for the first three places in each class. Awards are donated by the Keel-Haulers Canoe Club, Inc. All awards will be given at 3 p.m. You should make arrangements for your award to be picked up if you're not still there. Awards will be mailed upon a request to the race chairman and receipt of proper postage.

16. FOOD

Hot food and refreshments will be available at the Picnic Shelter.

17. USCA SANCTIONING

The event is sanctioned by the United States Canoe Association (USCA).

18. FINAL DECISION

In any matter involving interpretation of these rules, acceptability of canoes and equipment, or of any dispute, the decision of the race officials will be final.



March 27th; 43rd Annual Vermilion River Race, OH (8): This is the club's 43rd annual race, one of the oldest in the US. The rapids are an easy class I- II, and the race is appropriate for novice to expert racers as well as recreational and sea kayaks. We encourage families and small groups who want to race together. This race is a great opportunity to shake the cobs off your muscles and get ready for the paddling season. **Please check Rules & Application for change in classes and rules.** Be sure your Ohio boat registration is up-to-date. **Water level is critical,** the race will only be held on this section of the river if the [USGS Gauge](#) is between 2.5 to 6 feet. If too low, the race will be moved downstream to start and finish at the South Street Boat Launch Ramp on West River road in Vermilion. If too high it will be scheduled for April 10, 2011.

Gene Baker - eugenebaker@centurytel.net 440-320-4490

**KEEL-HAULERS CANOE CLUB 42nd ANNUAL VERMILION RIVER RACE
APPLICATION**

Sunday, March 27th, 2011, high water backup date April 10, 2011

Separate Application and Waiver of Liability forms must be filled out for each class you are racing in and then presented at registration.

Contestant (Please Print) Classes - - Check Only One

Read rules for details

Name _____ Age _____
only _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Contestant #2 - if applicable Classes 1-5 (Please Print)

<11.5'
Name _____ Age _____

Address _____

<14.5'

City _____ State _____ Zip _____

>14.5'

>11.5'

Email Address: _____

Boat Manufacturer & Model: _____

0 _____ Non-conforming time

1 _____ C-2 Unrestricted

2 _____ C-2 Mixed & Women

3 _____ C-2 Men's Standard

4 _____ C-2 Senior >49Yr

5 _____ C-2 Over & Under

6 _____ C-1 One Person Canoe

7 _____ K-1 Junior < 16 Yr

8 _____ K-1 Short, Men <11.5'

9 _____ K-1 Short, Women

10 _____ K-1 Men <14.5'

11 _____ K-1 Women >11.5'

12 _____ K-1 Senior >49Yr,

13 _____ K-1 Long, Men >14.5'

14 _____ K-1 Long Sr. >49Yr,

15 _____ K-1 Sr Wm >49Yr,

EVERY OHIO BOAT MUST CARRY A CURRENT OHIO REGISTRATION (ODNR USUALLY VISITS)
ALL ENTRANTS MUST SIGN THE WAIVER ON THE BACK OF THIS FORM.

Register and Pay Online at <http://keelhauler.org>

Registering by mail

_____ \$13 per person - - Pre-registration Return this Registration Form, Waivers and Fee to:

_____ \$17 per person - - Race-day Registration **Eugene Baker**

_____ \$6 per person - - Second Race Class **1020 Decatur St.**

_____ -\$2 discount for Keel Hauler Members **Vermilion, OH 44089**

Any Questions? Call 440-320-4490

Total Entry Fee \$ _____ Enclosed **Make checks payable to: Keel-Haulers Canoe Club**

Race Sponsors:

Keel Line Canoe and Kayak Supply

Located in Chesterland, Ohio the

Midwest supplier Kayak Race Gear and DB Design kayak paddles

440 488-7098

<http://www.keelline.com/>

If Speed is Your Game, see Keelline Bib Number _____



AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY READ BEFORE SIGNING

Name of Event: **Vermilion River Race** Dates of Event: March 27 2011, High Water Backup Date: April 10, 2011

In consideration of being allowed to participate in any way in the **UNITED STATES CANOE ASSOCIATION** athletic sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or other and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the **UNITED STATES CANOE ASSOCIATION**, and **Keel Haulers Canoe Club**, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ DATE SIGNED: _____
(Participant's Signature)

X _____
(Participant's name and address Please print)

FOR PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X _____
(Parent/Guardian Signature) Date Signed (Emergency phone number)

2011 Club Officers

President:	Cliff Wire	440-439-6541
VP:	Michael Duvall	216-521-0094
Secretary:	Joe Marksz	216-281-1517
Treasurer:	Pat Guzowski	216-780-5734

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758**
1649 Allen Dr.
Westlake, OH 44145

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: www.keelhauler.org

Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Call or mail before the last Saturday of each month. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

Please consider writing a trip report or article for the next newsletter! The deadline for the April issue of the newsletter is **3/23/11**. Please remember that articles should be sent to Kelly Miller (Laubaugh) at peetzaguy@aol.com or peetzaguy@comcast.net.

KeelHauler Kanews
Kelly Miller, Editor
1515 Fox Chase Dr.
Sewickley, PA 15143
peetzaguy@aol.com
March, 2011



Keelhauler's Ka-news *April, 2011*



Next Club Meeting is Tuesday, April 12th

at Middleburg Hts Community Center
16000 E. Bagley Rd. Doors open at 7:00PM,
meeting starts about 8:00PM, followed by
refreshments.

[Map to Middleburg Hts Meeting](#)

Program: First Aid and Paddling. We
will be going over common injuries that may occur on
paddling trips and what to do. Also we will discuss *First
Aid Kits* in your boat.

Pick up a copy of the poster that Dennis Dukeman
created which contains our entire trip schedule.

**All meetings are open to guests.
Invite a prospective member!**

Schedule: It is that time of year again! The KHCC schedule will be
ramping up.

Jim Murtha is organizing a Southern Rivers trip from March 19 to
the 26th. KHCC skill rating 22-32. Contact Jim if interested.

Jeff Macklin is organizing a West Virginia class IV-IV+ trip from
March 19 to the 26th. KHCC skill rating 28-32. Contact Jeff if
interested.

Brent Hendren has his rescheduled Slippery Rock trip March 19 and
20th. Contact Brent for more.

Remember to watch the message boards for impromptu trips.

Trip Report: Doug Lyons, Corey Spoores, Chuck McDowell, Tim
Brightbill, and Pat G paddled the NB of the Rocky River in Medina.
The day was warm and wet, the water was high. The level at the put
in bridge was 2 feet which is very healthy there is always wood to
watch out for on this run. The run provided a roller coaster ride
with some excellent surf waves culminating with the hole beneath
Bagdad Road Bridge. A good time was had by all.

Program: Dennis Dukeman led a discussion of cold weather Paddling
and hypothermia. There was a lively and informative discussion.

SYOTR, Pat

Peace cannot be kept by force, It can only be achieved by
understanding. - Albert Einstein

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## KHCC March Meeting / 3.8.11

**Program: Dressing for Cold/Cool Weather  
Paddling, Hypothermia, and Discussion.**

1. Dressing for Cold /Cool Weather Paddling: **The Three W's**  
(3 layer system)
  - A. Layer 1 - **(WICK)** / this layer lies against the skin its  
primary function is Moisture Management. It should draw

## KHCC Minutes March 8, 2011

New Member: David Fuller from Olmstead Township joined the  
KHCC. David is recently moved here from Houston and wants to  
renew boating. David has canoeing experience. Right now his  
interests tend towards flatwater. Welcome David!

Cliff Wire reported that the yearbooks were mailed and you should  
be receiving yours soon.

Vermilion race: Gene Baker is looking for a safety chairman for the  
race and volunteer safety personnel to man the bridges along the  
race route. Gene could also use someone to help Bob Bair with food  
prep.

Pre-Race Clean-up: The traditional pre-race clean-up is scheduled  
for Sunday March 21. If you'd like to participate, contact Gene  
Baker.

sweat and moisture away from the skin and allow it to evaporate quickly.

This layer should be made from wicking synthetic fabrics such as Polypropylene or Polyester. Layer 1 examples / DouFold Varitherm, Underarmor Cold Gear.

- B. Layer 2 - **(WARM)** / this layer lies overtop the base layer and its primary function is insulation. It should trap body heat and continue to allow evaporation.

This layer commonly is made from wool or fleece. Layer 2 examples / Polartech Fleece, Smartwool Wool.

- C. Layer 3 - **(WEATHER)** / this layer lies overtop the middle layer and its primary function is protection from the elements: wind, water and rain. Most importantly this outer layer allows layers 1 and 2 to do their jobs thus keeping you warm and dry.

This layer should be made from a waterproof, windproof and breathable fabric. Layer 3 examples / NRS Revolution Dry top and Dry Pants, Kokatat Gor-Tex Dry Suit.

- D. Additional apparel: head gear - neoprene helmet liner, baklava. Foot gear - Neoprene booties, Smartwool socks. Gloves - neoprene gloves, neoprene pogies.

## American Canoe Association's Guidelines for cold-water-paddling.

Always wear protective gear when:

- Both water temp and air temp are below 60 degrees Fahrenheit.
- You will be more than  $\frac{1}{4}$  mile from shore and the water temp is below 60 degrees Fahrenheit.
- You expect to be repeatedly exposed to cool (65-70 degree Fahrenheit or less) water in cool or mild weather.

2. **Hypothermia** / A decrease in core body temperature to a level at which normal muscular and cerebral functions are impaired.

### A. Conditions leading to Hypothermia:

- cold temperatures
- Improper clothing and equipment
- wetness
- fatigue, exhaustion
- dehydration
- poor food intake

It can take as little as 15 minutes in 23 degree water to go unconscious from hypothermia. Conduction is the primary form of heat loss in cold water; the water constantly flowing over the skin carries heat away. Water conducts heat away from

the body 25 faster than air because it has a greater density (therefore a greater heat capacity). **STAY DRY = STAY ALIVE!**

### B. Effects of Hypothermia:

#### Mild Hypothermia

- Shivering not under voluntary control.
- No complex motor functions.
- Vasoconstriction to periphery.

#### Moderate Hypothermia

- Dazed consciousness.
- Loss of fine motor coordination.
- Slurred speech.
- Violent shivering.

#### Severe Hypothermia

- Falling can't walk.
- Skin is pale.
- Pulse rate decreases.
- Pupils dilate.

98.6 degrees F is normal body operation.

**Mild** = core temp 98.6 - 96 degrees F

**Moderate** = core temp 95 - 93 degrees F.

**Severe** = core temp 92 - 86 and below degree F.

### C. Treatment of Hypothermia:

REDUCE HEAT LOSS / ADD FUEL & FLUIDS /  
ADD HEAT

### D. Hypothermia Kit for Kayaking and Canoeing.

Size 5" x 6.5" x 1.5"

REDUCE HEAT LOSS / ADD FUEL & FLUIDS /  
ADD HEAT

#### Contents:

- 2- 7" x 7 11/16" double zipper freezer bags
- 1- 54" x 48" Emergency Blanket
- 3- Handi Heat Packs
- 5- Storm Matches 9- Waterproof Matches in container.
- 5- PJ Cotton Balls in container.
- 1- Fire Stick
- 2- Carb/Protein Gel Packs
- 1- 14" piece of yellow electrical tape.

3. **Group Discussion:** 'Worst Case Scenario' and any other information you would like to share.

A. **Present a rescue situation in cold/cool weather. Assess the situation and create a plan. How would it be executed?**

B. **Present a real life situation you may have been in and share the outcome.**

C. **Present additional information about any of the subjects discussed.**

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The Great Debate - Canoe vs Kayak for Extended Wilderness Trips

by Jim Hunt

As someone who has spent many summers participating in and leading extended length canoe trips in Canada and Alaska I was at best skeptical when asked the last two summers to lead wilderness trips in sea kayaks instead of canoes. Questions such as: how do you carry all the gear and food in a sea kayak, how do you portage these things, and how do I teach beginners to trip in sea kayaks all crossed my mind. Yet a look around places like Ely, MN shows that over the past 10 years or so sea kayaks have become very popular for trips in the Boundary Waters. Yet, just over the border in the Quetico, you rarely see a sea kayak. Why? This is my take on the subject.

Canoes and kayaks have been around for literally thousands of years in North America. The native people used them as their only mode of transportation until well into the 1900's. The Voyagers found canoes to be the craft of choice for moving goods and furs throughout the Great Lakes and Canadian interior. Birchbark canoes were the craft of choice for the Ojibwa, Cree and Chippewa. Dugout canoes were the choice of the Chinook and Salish in the Pacific Northwest. Kayaks were the only craft in Greenland, the Arctic Ocean, and Hudson Bay. The Umiak was the craft of choice for hunting trips in open Arctic waters. So which is best, back then it depended on the building materials available, the type of water being paddled, and the intended use of the vessel.

A look at the native peoples uses of these various craft gives us insight into why they exist and their uses then are not much different than my experiences today.



Payload - This was a worry of mine when needing to carry 2 weeks' worth of food and gear in kayaks but I found that either craft works fine. The canoe accepts large loaded packs and wiggins where the kayak requires everything to be kept small and loose for stuffing the hull. For a long duration trip, I think the canoe will hold more cargo. But, in either case for a few week duration trip, the gear fits just fine in a kayak although it can be harder to find what you are looking for. I however give the nod to the canoe.

Paddling - Both crafts paddle just fine with experienced paddlers in them. The canoe is more comfortable in that you can move your legs around and reposition your legs as needed. You can also stand up to stretch and to boat scout rapids. This is really nice when you are paddling 8-12 hours a day. In the kayak you are sort of stuck sitting in one position and as such, more frequent shore breaks are needed to stretch and move around. In wet weather the kayak has the edge since you stay dry inside of it as does your gear and when the weather is cold, it is warmer inside a kayak. If you like to be warm and dry, pick the kayak. If you can't sit still in one position for a long time, pick the canoe. No advantage here - either craft is just fine.



Loading and Unloading - Here the canoe has a distinct advantage. It takes far longer to load a kayak due to small packaging and loose items and it needs done on shore. The loaded kayak is then lifted into the water by multiple people. Once ready to get into the kayak, you need to side load if you want dry feet. Climbing in and out of a kayak over the bow or stern like a canoe does not work. In addition, in the wilderness the loading areas can be small and only one kayak at a time can side load whereas three or four canoes can load in the same area. Advantage - canoe.

Open Water and Wind - The native people taught us well here. There is no doubt the kayak performs better if there are waves or high winds. A kayak can be paddled in large waves by an experienced paddler. The paddler stays dry below deck even when

getting washed by breaking waves. The lower profile of the kayak and the double blade feathered paddle makes paddling into head winds much easier than in a canoe. Many times I have been able to paddle kayaks on days that I would have been windbound in a canoe. I have also had canoes take on large amounts of water when the waves and wind come up during an open water crossing. Advantage - kayak.

Portages - Again the native people taught us well. Sea kayaks are just plain hard to portage. They need to be at least partially unloaded to portage and you need to have a pack or bag to put all the gear into for the portage. The boat is hard to carry as you either 2-man or 4-man it or carry it on your shoulder via the cockpit edge (like a whitewater boat). Portage carts do work but almost all wilderness portage trails are way too rough to roll a cart over. In addition, many areas ban carts (Quetico, Boundary Waters). On the other hand, a canoe is easily and quickly unloaded of the two or three packs/boxes in it. Then one person carries the gear and the other the boat via a portage yoke. The boat is then quickly reloaded at the end of the portage and you are off. A short portage in a canoe can be done in less than 15 minutes from shore to away. The same short portage takes an hour with a kayak. Boat weight seems to be a wash as canoes and kayaks seems to weigh about the same in plastic and both are available in light weight versions. Advantage - canoe.



Rapids - As a long time rapid runner in canoes and someone with very limited rapid experience in sea kayaks, I'm not sure which is better. A loaded 17 foot canoe is a real pig in rapids if you need to be maneuvering much. The canoe also almost always takes on some water in rapids. The loaded kayak is no more maneuverable than a canoe but stays drier. If you test how the craft maneuvers on flat water by ease of turning and the turning radius, the canoe is more maneuverable and takes less effort to turn. I would give a slight edge to the canoe.

Speed - When on the water paddling, the sea kayak is faster than a canoe. But, taking into account loading/unloading and more/longer breaks, both seem to be able to cover about the same amount of distance in a day. Advantage - neither.

The Winner - neither. It depends on the type of water you plan to paddle (rivers vs lakes) and the number of portages involved. For the areas I travel in - the interior of Canada from Hudson Bay to Lake Athabasca, I choose the canoe just as the native inhabitants did. For open water like Lake Nipigon, Lake Superior or northern Lake Huron, I choose the sea kayak. Both options work just fine. Just realize that each craft has limitations and plan your trip according to the craft you intend to use.

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## Bali #8

### By Chuck Singer

Hi,

Yesterday I rented a motorbike to tour the island. The traffic isn't bad here and the roads are fair. Off in the boonies they got really bad and I was in first gear a lot. I visited a couple of upscale resorts that took a LOT to get to. Definitely destination spots.

Back near my Villa, I watched a guy dig a well by hand and he did it in one day with only a little help' He had a big concrete ring on the sand and dug the sand out so the ring settled down. He did that with 5 rings until he hit water. The big industry here is collecting seaweed. There must be tons of it gathered. It's farmed on ropes stretched in shallow water. It's used in making cosmetics, soaps and ice cream.



Later on there was a festival at the local temple. People brought stacks of fruits as offerings? or not as they took them home after it was over. The local gurus were on cell phones at times, a direct line to Vishnu? Bali Hinduism is different than that of India's in that they have one top god above all the others and they still believe there are spirits that need to be bribed with gifts. At the finish, many of the men marched back into town in a procession carrying flags, beating gongs, bells, and holding a dragon aloft. I'm off to the Gili Islands by fast ferry soon.

Chuck.....to be continued.....



## The 3<sup>rd</sup> Annual Chagrin River Run!! Sponsored by: Chagrin River Canoe & Kayak Club

Please join us for lunch after the paddle provided by CRCKC Members!

**When:** Saturday April 16th

**Time:** 9 am, weather permitting

**Contact:** Lisa Alford-for info: 440.942.4141

**Please RSVP to Lisa (above #) or email**

**lpalford@sbcglobal.net, if you plan on attending our lunch-we'll need a headcount!**

**Cost:** FREE!!!!

**Start: @ Old Pleasant Valley Nursery**, in Willoughby Hills, OH (near the iron bridge) \*\*\*directions below) **to the CRCKC Livery** located at 201 Erie Road, Eastlake, OH. Please plan to drop off a "Catch Car" at the livery prior to the start time.

### DIRECTIONS To Pleasant Valley Nursery:

**From ROUTE I-90 EAST and I-90 WEST:** take the Willoughby – Willoughby Hills exit and make a LEFT onto Rt 91 South (SOM Center Road) .Take Rt 91 to Rt 6 East (Chardon Road) make a LEFT onto Rt 6—Pleasant Valley Nursery on left approximately 2 miles on the left.

**From ROUTE 271 NORTH:** take 271 North to Rt. I 90 East

**To CRCKC Livery: (from Route I-90, or to RT 2)** to ROUTE 91 NORTH to Lakeshore Blvd turn RIGHT onto Lakeshore Blvd to Erie Road. Make LEFT onto Erie Road (201 Erie RD) Livery on the RIGHT next to playground.

## 2011 KHCC Video and Photographs WANTED!!!

KHCC 2001 trips are under way and there is a lot of fun to be had. That's preserve those great moments on the rivers, creeks, lakes and oceans in 2011. If you don't already document your time on the water, shoot some video and/or take some pictures. Capture your buddy surfing a wave or boofing a drop. Maybe your group is on flat water surrounded by beautiful scenery and wildlife. Capture that and tell your story. You get the idea, be creative and most importantly play safe!

2011 KHCC Highlights Video will be put together compiling your footage and pictures from our club trips and events in 2011. The completed movie will be screened at the Annual Christmas Party and available on DVD for your viewing pleasure.

**Your footage and pictures are essential for this project to be a success!!!**

Video may be submitted on: DVD, SD/SDHC Cards, Flash Drives, VHS or HI-8 tape. Video formats, raw or edited clips in: .MOV files (QuickTime), .AVI file MPEG2 and MPEG4 files. Standard DVD quality video and HD video up to 720p.is preferred. (Please use what you have something is better than nothing.)

Photography may be submitted on: DVD, CD, SD/SDHC Cards, and Flash Drives or by e-mail. Digital pictures Files: .jpeg, .tiff, .pdf, .psd, or .ai. Resolution 150 to 300dpi is preferred.

Please submit the following with your video and/or photography:

1. Name of author.
2. Location and date be specific if possible.
3. Name of paddlers in the shots.
4. Any other information you would like to share.

Example: Phil Raber, Gauley River WV. (upper section) 8.16.11 Pillow Rock Rapid, Jen Raber and Doug Lyons.

The deadline for submissions is no later than October 31st. 2011. Ideally I would like to receive submissions as soon as possible. This will allow more time for post-production and DVD authoring.

Please send to: Dennis Dukeman, ATTN: KHCC Media, 2405 Killian Rd. Akron, Ohio 44312. or ddukeman@neo.rr.com ATTN: KHCC Media. Home phone / 330.699.2916

Thank you,  
Dennis Dukeman / KHCC Member

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Guinness Worlds Records “Canoe & Kayak Challenge”

Saturday, May 21, 8 a.m. Launch Starts, 11 a.m. Record Attempt

Hinckley Lake, Hinckley Reservation, Hinckley Twp.
HELP CLEVELAND METROPARKS RECLAIM THE
GUINNESS BOOK OF WORLD RECORDS FOR THE MOST
CANOES & KAYAKS FLOTILLA

It seems like just yesterday Cleveland Metroparks was gathering canoers and kayakers to help break the Guinness Book of World Records for the most Canoes & Kayaks on water at one time. But it was almost ten years ago.

Well, Cleveland Metroparks is again calling all canoers and kayakers to help **reclaim** the "Guinness Book of World Records Largest Raft of Free Floating Canoes & Kayaks." The record breaking attempt will take place on Saturday, May 21, 2011 at Hinckley Lake in Hinckley Reservation at the "Guinness World Records Canoe & Kayak Challenge."

Almost 10 years to the day, Cleveland Metroparks broke the record on May 19, 2001 with 776 canoes and kayaks. Cleveland Metroparks held the record for seven years, and it has since been broken once by Inlet, New York with 1,104 boats, and then, recently in June 2010 by Pittsburgh, Pennsylvania with 1,800 boats.

Join Cleveland Metroparks and help set a new "Guinness Book of World Records - Largest Raft of Free Floating Canoes & Kayaks!"

Here is the link to the Cleveland Metroparks' effort to break the world record for hand powered boats. Many Keelhaulers participated in the past efforts to set the record. The Division of Watercraft has given an exemption from current boat registrations for boats participating in this event. Kayakers usually have a garage full of extra boats that they could lend to friends for this event.
<http://www.canoeandkayakchallenge.blogspot.com/>

Anticipated Attendance: 2,500

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**Cuyahoga Update**  
**By Mike Larkin**

On February 15th Dave Hill, Erin Bethea and Andy Heidenreich and myself attended the Cuyahoga River Water Trail Workshop. About 100 hundred people showed up. Not just paddlers but folks from EPA, ODNR, various park officials (Summit, Metro, Kent, CVNP, etc.), planning commissioners, city officials, non-profits, Friends of Crooked River, KSU, Cleveland Rowing Foundation, Positively Cleveland, engineering firms... the list goes on. Even the owner of the Sheraton Hotel sat down with our whitewater group to ask us questions. It was a real who's who of people wanting to make the entire Cuyahoga a safe, clean, navigable river from top to bottom.

This workshop was an all day meeting that was part presentation, forum and brainstorming session. It was put on by the engineering firm Floyd Brown Group, Friends of the Crooked River and the NEO Regional Sewer District. This is the beginning of creating a river water trail along the Cuyahoga. It will include designated put-ins and takeouts, proper signage, river maps, etc.

The river was divided into seven sections for the purpose of discussions. Each section of the Cuyahoga has its own unique characteristics. The river sections from start to Lake Erie are: 1) Wilderness (the upper headwaters, mostly wetland and marshes), 2) Scenic River (from Geauga into Portage County), 3) Restoration (around Kent), 4) Whitewater (Monroe Falls through the Gorge), 5) Merriman Valley (Gorge to CVNP), 6) Cuyahoga Valley National Park, 7) Lower River (through downtown to the lake)

There was a lot of attention paid to the future whitewater section and a lot of excitement about the possibility of a restored, open, free flowing Gorge. Not just for paddling but hiking, rock climbing, sightseeing, fishing, etc.

The City of Cuyahoga Falls is very proactive in making all this happen. And the Mayor is adamant about seeing all the dams come down. It looks like the LaFever and Sheraton dam will come down in the next year or so. If the funding arrangement is as tight as the proposed schedule, then we could have some new water in 2012 which also happens to be Cuyahoga Falls' bicentennial!

It will be up to everyone to help educate the public. One of the individuals at our discussion table made a comment that applies to all of us. "I think it is also our responsibility to promote paddling safety - as we are the first generation in this area to have this kind of use of our fair River. It is our job to teach others about the benefits and dangers of paddling on the Cuyahoga River, and I'm glad to do it."

The gradient is in this section and it will be interesting to see what features await us! The Sheraton dam is about 12 feet and its removal will open up 0.3 mile of WW adjacent to the downtown festival site. The LaFever dam is about 18 feet and its removal may show a natural ledge of about 8 feet or open up another 1-1.5 mile of WW. The removal of these 2 dams could amount to 2 miles of whitewater with 80-100 feet of total drop which is more vertical drop than the Ohio Edison dam removal. This section of river cuts through the Sharon Sandstone which is massive (thick) and makes up the narrow gorge immediately below

the Sheraton. According to our club's geology professor David Hill, the newly dewatered section will resemble the bedrock riverbed adjacent to the Sheraton with a few large boulders thrown into the mix. Mostly a smoother slide with larger drops. These drops should be present at both dams because they are most likely built on a ledge of 6-8'.

As far as the Ohio Edison Dam is concerned the Ohio Environmental Protection Agency still wants it gone. A free-flowing stream would improve water quality running downstream from Akron toward Cleveland and dam removal would allow fish to travel upstream to spawn. Paying for it is the problem. The cost for removing the 58-foot-high, 429-foot-wide dam has been estimated as high as \$10 million -- and six times that or more, \$60 million-plus, to get rid of the contaminated buildup, depending on how toxic it turns out to be.

Preliminary tests in 2009 showed contaminated sediment, but only "consistent with rivers of this type ... and reflects 100 years of industrial heritage." A gentleman from the EPA told our group that the sediment behind the dam was not contaminated to the point where it couldn't be removed. The sediment will probably be able to be disposed of at a landfill, not at a toxic-waste location. The EPA is planning a second round of tests of the sediment this spring and summer and should have a final report done by the end of this year.

The Great Lakes Legacy Act Fund is being used to pay for all of the sediments studies. The next step will be to apply for federal money, using this fund, to pay for part of the cleanup. The fund will pay for only up to 65 percent of any cleanup cost, however, leaving the remainder to local parties.

There is a lot of work to be done to fully restore the Cuyahoga but things are happening. These are exciting times for local paddlers. We could have some serious whitewater in our backyard. Dam removal along with the new river trail will really expose paddling to the general public. And imagine if they ever build that whitewater park in Kent!

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Want to meet more paddling friends?

Increase your paddling skills?

Paddle in warmer weather?

Come on the Southern River Trip 4/22-29

We have been doing this trip for over 30 years during Easter week. This year Easter comes as late as it ever will, so the weather should be great. You can make a long weekend of it or you can paddle for the entire week. The skill level is for intermediate WW paddlers looking to get more experience and confidence.

Here is this year's [Preliminary Itinerary](#). Of course the water levels and skill of participants may change which rivers or river sections that we choose to paddle.

We have had over 30 people come on these trips in the past. If we get a large group, we then split up and make sure each group has the right skill set along with good leaders for each trip.



Ten Years Ago - Lunch Stop on the Nolichucky

We eat breakfast at the campgrounds and lunches on the river but since we move around a lot many eat their dinners at local restaurants. It's best to car pool and plan to utilize your vehicle as part of the shuttle.

Bring your family along as there is plenty to see or do in the area. We usually paddle in WV, TN, NC, SC & GA, all beautiful areas for hiking and mountain biking, or just hanging out in the National Forest Campgrounds.



Please tell me your exact trip plans and where you expect to join and leave the trip. We are very flexible. **E-Mail me at keelhauler@yahoo.com** or Call John Kobak at 440-871-1758 by **Mon. 4/18 for water levels. PLEASE** Do not come on the trip without confirmation, water levels could change everything.



All participants must be Keel-Hauler members. You can discuss the trip plans at our April club meeting on 4/12.

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# The 43<sup>rd</sup> Annual Vermilion River Race - 2011

By Cliff Wire

The weekend of the 43<sup>rd</sup> Annual 2010 Vermilion Race was Bright, Sunny & 32degrees. The water level was low, so the race was moved to the Lagoons. Regardless - there was a strong showing of 67 racers in 15 classes.

A big thank you goes to all the volunteers who made this happen: Gene Baker who was the race chair. The registration team of Marcia Karchmer & Pam Poljak. Hank Annable, Jon Reising & Pat Guzowski who ran the Start, Jim Botamer and his crew who monitored the finish line. Bob Bair who handled refreshments. We had Rick Collins working safety at the bridges. And several others who filled in the many tasks of making this race happen.

For those who placed 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> and did not receive their medals, you can mail \$4.00 to: Gene Baker, c/o VRace 2011,

1020 Decatur St., Vermilion, Ohio 44089, and your medal will be mailed to you next time Gene goes to the post office.

## Friends of the Cheat

The ARRI Tree Planting in Albright is **this Saturday, April 2nd**. Friends of the Cheat has partnered with Camp Dawson Natural Resources, the Appalachian Regional Reforestation Initiative, and the International Coal Group (ICG) to plant over 3,000 hardwood trees on a former strip mine in Albright, West Virginia. The planting will take place on Saturday, April 2, 2011 starting at 9:00 AM. We will be holding this event rain or shine (unless there's a truly apocalyptic snowstorm) so you are advised to bring gloves and dress in layers. We will meet at the Albright Quick Stop at 9:00 AM and will carpool to the planting site (the Albright Ash Project directly across the River), which requires 4WD to access. If you are interested in volunteering for this project, please contact Andrew Miller via phone (304.329.3621) or email ([amiller@cheat.org](mailto:amiller@cheat.org)). We are providing the planting tools and the Rowlesburg Revitalization Committee will be providing lunch so we need to have an idea of our numbers.

## 2011 Vermilion River Race Results

89 Contestants in 67 boats - Water Level Low, Raced in Lagoon, <http://www.keelhauler.org/khcc/RaceResults11.pdf>

### Canoe Classes

| Bib                                        | Place | Elapsed Time | Name                | 2nd Racer Name   |
|--------------------------------------------|-------|--------------|---------------------|------------------|
| <b>Class 1 C-2 Unrestricted Canoe</b>      |       |              |                     |                  |
| 904                                        | 1     | 0:48:49      | Masek, Dan          | Masek, Sarah     |
| 850                                        | 2     | 0:54:59      | Hudak, Andy         | Roberts, Ian     |
| <b>Class 2 C-2 Mixed or Women Canoe</b>    |       |              |                     |                  |
| 903                                        | 1     | 0:46:15      | Krizman, Joe        | Krizman, Ann     |
| 855                                        | 2     | 0:47:48      | Morgan, Kevin       | Fabian, Erin     |
| 902                                        | 3     | 0:54:32      | Hall, Stephen       | Hall, Emily      |
| <b>Class 3 C-2 Men's Standard Canoe</b>    |       |              |                     |                  |
| 872                                        | 1     | 0:45:08      | Stevens, Gareth     | Leszek, Ed (2)   |
| 874                                        | 2     | 0:45:49      | Way, Jay            | Way, Timo        |
| 894                                        | 3     | 0:49:27      | Zimmerman, David    | Francis, Russ    |
| 843                                        | 4     | 0:51:58      | Parker, James L.    | Parker, Jim S.   |
| 899                                        | 5     | 0:54:20      | Yingling, Shawn     | Froman, John     |
| 883                                        | 6     | 0:55:19      | Young, Eben         | Schriner, Scott  |
| 869                                        | 7     | 0:55:59      | Ulichney, Daniel    | Tramontana, Alan |
| 884                                        | 8     | 0:57:25      | Koloini, Kris       | Croak, Nate      |
| 897                                        | 9     | 0:58:29      | Schreiber, Erik     | Kolcun, John     |
| 849                                        | 10    | 1:00:21      | Oravec, Dave        | Burt, Richard    |
| 896                                        | 11    | 1:08:40      | Lowstetter, John    | Kory, Andrew     |
| 887                                        | 12    | 1:25:07      | Watson, Brandon     | Watson, Nick     |
| 880                                        | 13    | DNF          | Watson, Jeremy      | Wohlever, Adam   |
| <b>Class 4 C-2 Senior &gt; 49 yrs. old</b> |       |              |                     |                  |
| 895                                        | 1     | 0:42:22      | Roudebush, George   | Young, Mark 7:30 |
| <b>Class 5 C-2 Over &amp; Under</b>        |       |              |                     |                  |
| 844                                        | 1     | 0:58:23      | Parker, Jim S (2)   | Parker, Jimmy    |
| 866                                        | 2     | 0:59:10      | Peschke, Pete       | Peschke, Preston |
| 891                                        | 3     | 1:02:20      | Annable, Tom        | Annable, Nate    |
| <b>Class 6 C-1 One Person Canoe</b>        |       |              |                     |                  |
| 870                                        | 1     | 0:42:19      | Conant, Skip        |                  |
| 873                                        | 2     | 0:44:58      | Stevens, Gareth (2) |                  |

# Kayak Classes

| Bib                                                     | Place | Elapsed Time | Name               |
|---------------------------------------------------------|-------|--------------|--------------------|
| <b>Class 8 K-1 Short Kayak &lt; 11.5', Men</b>          |       |              |                    |
| 888                                                     | 1     | 0:59:51      | Duvall, Michael    |
| 885                                                     | 2     | 1:01:28      | Park, James E.     |
| 886                                                     | 3     | 1:02:40      | Lyons, Doug        |
| 901                                                     | 4     | 1:02:45      | Yakunovich, Darren |
| 875                                                     | 5     | 1:06:08      | Kelley, David      |
| 856                                                     | 6     | 1:07:56      | Frank, Thomas      |
| 876                                                     | 7     | 1:08:47      | Thompkins, Stephen |
| 858                                                     | 8     | 1:10:36      | Koscho, Robb       |
| 838                                                     | 9     | 1:32:22      | Mitchell, Don      |
| <b>Class 9 K-1 Short Kayak &lt; 11.5', Women</b>        |       |              |                    |
| 853                                                     | 1     | 1:14:17      | Homberg, Donna     |
| 839                                                     | 2     | 1:26:39      | Mitchell, JoEllen  |
| <b>Class 10 K-1 Kayak &lt; 14.4', Men</b>               |       |              |                    |
| 893                                                     | 1     | 0:46:19      | Rabatin, Jacob     |
| 862                                                     | 2     | 0:47:59      | Gary, Tim          |
| 860                                                     | 3     | 0:52:02      | Baird, Robert      |
| 865                                                     | 4     | 0:52:57      | Rothig, Ken Jr.    |
| 900                                                     | 5     | 0:53:05      | Zimmerman, Brian   |
| 837                                                     | 6     | 0:55:09      | Singer, Chuck      |
| 840                                                     | 7     | 1:24:08      | Warchol, Ronald    |
| 878                                                     | 8     | 1:26:35      | Barone, Jack       |
| 848                                                     | 9     | DNR          | Jones, Josh        |
| <b>Class 11 K-1 Kayak &gt; 11.5', Women</b>             |       |              |                    |
| 881                                                     | 1     | 1:00:35      | Morse, Chris       |
| 892                                                     | 2     | 1:14:40      | McFarland, Coleen  |
| <b>Class 12 K-1 Senior &gt; 49 yrs. old, &lt; 14.5'</b> |       |              |                    |

|     |    |         |                  |
|-----|----|---------|------------------|
| 847 | 1  | 0:46:50 | Rabatin, Jacob   |
| 863 | 2  | 0:49:32 | Gary, Tim        |
| 846 | 3  | 0:52:09 | Kobak, John      |
| 877 | 4  | 0:54:53 | Anderson, James  |
| 882 | 5  | 0:59:54 | Yakunovich, John |
| 845 | 6  | 1:00:46 | Hanson, Jeff     |
| 842 | 7  | 1:01:25 | Simmons, Jim     |
| 851 | 8  | 1:01:28 | Farschman, Fred  |
| 868 | 9  | 1:04:33 | Kernohan, Mark   |
| 879 | 10 | 1:21:54 | Kilbane, Tom     |
| 841 | 11 | DNR     | Gibson, Richard  |
| 852 | 12 | DNR     | Housholder, Bob  |

## Class 13 K-1 Long Kayak >14.5', Men

|     |   |         |                    |
|-----|---|---------|--------------------|
| 864 | 1 | 0:41:10 | White, Joe         |
| 890 | 2 | 0:52:49 | Forrester, Patrick |
| 898 | 3 | 0:54:27 | Shaffer, Jason     |
| 857 | 4 | 0:57:06 | Frank, Nicholas    |
| 905 | 5 | 1:15:44 | Payerchin, Richard |

## Class 14 K-1 Senior > 49 yrs. old Long Kayak

|                   |   |         |                  |
|-------------------|---|---------|------------------|
| <b>&gt; 14.5'</b> |   |         |                  |
| 871               | 1 | 0:41:04 | Leszek, Ed       |
| 867               | 2 | 0:44:48 | Batizy, Arpad    |
| 906               | 3 | 0:45:13 | Conant, Skip (2) |
| 861               | 4 | 0:49:45 | Foley, Mike      |
| 889               | 5 | 1:08:02 | Markwell, Walter |
| 836               | 6 | DNR     | Mellblom, Peter  |

DNF = Did Not Finish  
DNR = Did Not Run  
(2) Second Run

Race Chairman, Eugene Baker would like to thank all the volunteers who made the race a success. Because of Low Water in the Vermilion River the race was moved to the Vermilion Lagoons. It was a cool, breezy day with lots of sunshine.

| April           |                                                                                                         |       |                                                               |                              |
|-----------------|---------------------------------------------------------------------------------------------------------|-------|---------------------------------------------------------------|------------------------------|
| 4/1,2,3         | <a href="#">13th annual Webster WW Weekend</a> (WV)                                                     |       | <a href="#">Brent Hendren</a>                                 | 330-414-2063                 |
| 4/9             | (2) Slippery Rock Creek (PA)                                                                            | 13-19 | <a href="#">Pat Guzowski</a>                                  | 216-780-5734                 |
| 4/9, 10         | WV Class V Creeking                                                                                     | >32   | <a href="#">John Garcia</a><br><a href="#">Brent Laubaugh</a> | 216-210-7544<br>724-272-6944 |
| 4/9,16,30 & 5/7 | <a href="#">Fundamentals of Kayaking</a> at Orange High School<br>Saturdays - 3:00-6:00 PM              |       | <a href="#">Ernie Anderson</a>                                | 216-831-8601                 |
| 4/10            | (1) Little Beaver (OH)                                                                                  | SK/FW | <a href="#">Doug Lyons</a>                                    | 740-317-7007                 |
| 4/12            | Club Monthly Meeting at <a href="#">Middleburg Hts</a>                                                  |       | <a href="#">Dennis Dukeman</a>                                | 330-699-2916                 |
| 4/16            | (3) Cuyahoga River, <a href="#">Lower Gorge</a> (OH)                                                    | 20    | <a href="#">Chris Kiehl</a>                                   | 330-869-6549                 |
| 4/16            | (1) Grand River (OH)                                                                                    | SK/FW | <a href="#">Carl Kudrna</a>                                   | 440-835-5744                 |
| 4/16, 17        | (3) N. Br. <a href="#">Potomac Release</a> (MD)                                                         |       | <a href="#">Needs organizer</a>                               |                              |
| 4/16, 17        | (2) Slippery Rock Creek (PA)                                                                            | 13-19 | <a href="#">Doug Lyons</a>                                    | 740-317-7007                 |
| 4/16, 17        | (5) Middle Fork & Tygart (WV)                                                                           | 29    | <a href="#">Elliott Drysdale</a>                              | 216-496-4182 C               |
| 4/22 - 29       | <a href="#">(4) Southern Rivers Trip</a> - <a href="#">Map</a> - <a href="#">Detail map</a><br>TN-NC-GA | 22-32 | <a href="#">John Kobak</a>                                    | 440-871-1758<br>440-554-1383 |
| 4/23            | (3) Cuyahoga River, <a href="#">Lower Gorge</a> (OH)                                                    | 20    | <a href="#">Needs organizer</a>                               |                              |
| 4/23            | <a href="#">(1) Grand River Race</a> - Alternate Date 4/30                                              | SK/FW | <a href="#">Brian Davidson</a>                                | 800-669-9226                 |
| 4/30,5/1        | (3) N. Br. <a href="#">Potomac Release</a> (MD)                                                         |       | <a href="#">Needs organizer</a>                               |                              |

## 2011 Club Officers

|            |                |              |
|------------|----------------|--------------|
| President: | Cliff Wire     | 440-439-6541 |
| VP:        | Michael Duvall | 216-521-0094 |
| Secretary: | Joe Marksz     | 216-281-1517 |
| Treasurer: | Pat Guzowski   | 216-780-5734 |

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month  
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758**  
**1649 Allen Dr.**  
**Westlake, OH 44145**

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KHCC WEB PAGE URL: [www.keelhauler.org](http://www.keelhauler.org)

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Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Call or mail before the last Saturday of each month. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

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Please consider writing a trip report or article for the next newsletter! The deadline for the May issue of the newsletter is **4/23/11**. Please remember that articles should be sent to Kelly Miller (Laubaugh) at [peetzaguy@aol.com](mailto:peetzaguy@aol.com) or [peetzaguy@comcast.net](mailto:peetzaguy@comcast.net).

**KeelHauler Kanews**  
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[peetzaguy@aol.com](mailto:peetzaguy@aol.com)  
**April, 2011**



# Keelhauler's Ka-news *May, 2011*



## Next Club Meeting is Tuesday, May 10th

*at Middleburg Hts Community Center  
16000 E. Bagley Rd*

Doors open at 7:00PM, meeting starts about  
8:00PM, followed by refreshments.

[Map to Middleburg Hts Meeting](#)

**Program:** A Documentary Video by Kent Ford,  
**Call of The River ... 100 Years of Whitewater  
Adventure.** Featuring vintage canoeing and kayaking  
footage. The film chronicles the world of  
whitewater from its early beginnings in Europe  
through its position as a major outdoor sport in the  
world today. Starting with the early explorations in  
fragile wood and canvas boats, to hand made  
fiberglass boats and finally to hi-impact plastic  
boats. Learn how paddling exploded in the 1970s as  
the sport grew with multi-manufacturer line-up of  
creek, play and river-running kayaks.

All meetings are open to guests.  
Invite a prospective member!

## KHCC Minutes April 12, 2011

### New Members/ Guests:

Paul and Tim representing the Brooklyn Exchange Club spoke about the World Record Canoe and Kayak Challenge to be held at Hinckley Lake on May 21, 2011.

Sandy and Joel Edmonds, Karen Paulsen, Pam Alexander, and Kathy Yourkiewicz. This group of friends is presently interested in sea kayaking and flatwater but also expressed interest in whitewater paddling.

Libby Wolf paddles a sea kayak and is affiliated with the Chagrin River Canoe and Kayak Club.

### Trip Reports:

Gene Baker reported on their trip on the Vermilion above the Birmingham race put in. Gene reported that this section is nice scenic stretch of river.

Bob Bair reported that he, Andy Gross, and John Rasinski paddled the KHCC race section of the Vermilion the day after Gene's trip.

Pat G reported on his KHCC scheduled trip which was moved from the Slippery Rock to the Vermilion. Pat reported that the Ashtabula was at 2 feet and presented a surf fiesta with wave after wave to hone the surfing skills. All told, 11 people attended the trip. This is a great trip at this level with a very short shuttle for a relatively long river trip!

John Kobak spoke about his trip on the Little Sandy.

### Upcoming:

John Kobak promoted the Southern Rivers Trip. The trip is scheduled for April 22 to April 29, 2011. Contact John if interested in this great trip.

### Membership:

John reports 269 members paid at present time.

### Trip Schedule:

This time of year, there are many great KHCC trips coming up. Please see the KHCC Home Page for the latest [schedule](#).

### Program:

A great discussion of First Aid and boating was led by Dennis Dukeman.

SYOTR,

Pat

~~~~~

National Paddling Film Festival

By Mike Larkin

The weekend of February 25-26 I attended the National Paddling Film Festival in Frankfort, Kentucky. I have never been to the festival before and it was a last minute decision if I would go or not. I couldn't find anyone around here that wanted to go, and I wasn't sure if I wanted to go solo. However I contacted a friend that lives down there and he said he was going to the festival so I jumped in the car and barely got out of Cleveland in time because of another snowstorm.

I haven't done much paddling over the last year and I was dying to do anything paddling related. I am supposed to be resting a newly repaired shoulder but I took my boat with me "just in case". The snow we received in Northern Ohio was all rain in Kentucky. There isn't a lot of whitewater options in that part of the state but there is the Class II Elkhorn just outside of town. I figured that might be good to test the shoulder out.

I arrived Friday just as the festival was getting started. I checked into a local hotel that was within stumbling distance of the festival site. This is important because the NPFF is held at a bourbon distillery, and your ticket includes unlimited beer. For \$25 you get admission for both days, food, music, and all the microbrew you can handle from the Bluegrass Brewing Company. I got my money's worth.

After getting orientated and taking a quick look at all the paddling goods for sale and auction, it was time to sample the stouts and movies. Between films I spent time around the bar area looking for local paddlers to hook up with Saturday morning. As I found out the Mighty Elkhorn was flooded running somewhere over 9000 cfs. This makes the main section of the Elk not an option because you can not portage the dam at this level. Optimal paddling is between 700 to 2000 cfs. There was a downriver race scheduled for Saturday morning but that was moved downstream due to the high water.

I met a local paddler who said he would get out on something Saturday morning and would gladly take me along. Sorry I don't remember his name, and I'm sure he doesn't remember mine. After a couple of ales, we exchanged numbers, and he said he was going to scout some local micro-creeks that should be running with all this water. He said he didn't know how early he would get out because there was a long night ahead for him.

As for the movies. The first one I caught was called Ice Water in the Veins. This documentary is about these goofy French Canadians and their traditional sport of ice canoeing racing. If you think paddling with a dry suit in the winter is crazy, check out these Canucks. They paddle these large canoes with 4 to 8 man teams across rivers that are still frozen. They spend most of their time carrying their boats over the ice. Actually they are running over the ice because they wear mountaineering crampons on their feet. The real morons are the people that show up to watch this lunacy in sub zero temperatures.

I watched a few short films about folks running some great creeks and local favorites like the Russell Fork. There were some films

about the usual freestyle on monster waves as well as a funny foamboater movie. The movie Trout on the Wind was a nice piece about dam removal on Trout Creek in Washington. It is an environmental flick about how a river can come back to life.

The feature film of the evening was a dud called Raven Fork. This was a fictional film about a couple of buddies and a tragedy on the river. Even though the movie was about whitewater, this may be one of the dumbest movies I've seen in a while. I couldn't drink enough to keep it interesting. The plot was predictable, acting terrible and full of cheesy paddling lingo. The "actors" are great boaters but they are not actors. The movies has nice footage of paddling the Green Narrows and Raven Fork but after seeing hours of sweet paddling footage the novelty wore off. Note to any future movie makers out there: fictional river movies are never accurate (Deliverance, The River Wild) and if you try to make it accurate it usually ends up awful. Keep our rivers out of Hollywood!

Prior to that waste of an hour and a half, the featured speaker/guest host of the weekend, Doug Ammons, said a few words. Getting to see him and talk with him was worth the drive down. If you don't know who he is, shame on you, but do some homework and you will find out he is one impressive individual. Doug's hotel room was across the hall from mine so I had the opportunity to have a few conversations with him. When some young hotshot paddler thinks he has just done some crazy run, remember what guys like Doug have done. In 1990 he snagged the second descent of British Columbia's Grand Canyon of the Stikine, a 60 mile Class V canyon that is a pinnacle of expedition kayaking. Two years later, he came back to do it solo - a feat that has never been repeated.

Saturday morning arrives pretty early. No word from my new Kentucky friend about paddling today. Saw him later that night and he said he didn't get out of bed until close to noon. No boating today was fine by me because I wanted to check out a local paddling shop as well as take a tour of the distillery before the festival restarts.

I head out to the local paddling shop, Canoe Kentucky. I leave there spending more money then I had planned for this whole trip. I just couldn't walk out of there without buying my 4 year old daughter her first boat. She now has a brand new Jackson Fun 1, and of course a paddle too. One thing I've learned is that it is hard to go to paddling festivals without spending more then planned. Do they really have to put the cute girls at the merchandise booths selling t-shirts, books, stickers and all that stuff that suckers like me buy?

After breaking my budget it is on to the bourbon distillery tour. Buffalo Trace Distillery is the host of the festival so it is my obligation to sample and learn about their product. The tour was very interesting and I can tell you all the useless information about Kentucky Straight Bourbon that you would ever want to know. Like all tours it ends in the gift shop and tasting room. Good tastings lead to buying a couple bottles of spirits.

Back to the film fest. Before the movies start they are offering some more bourbon tastings in the festival area. By this time my friend Brian from Kentucky shows up and we get some food and drinks before the movies start.

The first set a movies consists a bunch of shorts with cool footage of great runs from the Green (NC) to New Zealand to Chile. This leads up to another Russell Fork movie, Mexico short film, and a canoe movie. Things kind of blend together as the night goes on. But the highlight of the early evening was the new film by Steve Fisher called Halo Effect. It chronicles him and his crew on their journeys through Iceland and Norway. The footage is spectacular with breathtaking views. It is shot in HD, which makes it almost big enough for Fisher's ego.

The evening wraps up with more microbrews and another talk by Doug Ammons. Doug takes a very philosophical view on rivers and paddling. He is a very down to Earth guy, with a great outlook on the sport. The final film is one he co - writes and produces called WildWater. Excellent film that you should check out.

Sunday morning comes and it is finally time to get wet and work off all the libations. My friend Brian meets me at the Elkhorn put-in. It is now down to a paddleable 3000 cfs or so. We have a nice float down this Class II, maybe light III, high water river. It is my first time out in about a year, so it felt really good just to cruise down a new river and soak up the weekend.

The National Paddling Film Festival is worth checking out. It is a great way to shake off any winter blues and get ready for spring paddling.

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## Paddlers Rally to Protect Grand Canyon from Uranium Mining

*Reprinted from American Whitewater website  
posted March 29, 2011  
by Kevin Colburn*



Cullowhee, NC - The paddling community is rallying to support a proposed 20-year federal moratorium on new uranium mining claims around Grand Canyon National Park. Citing unacceptable risks of recreational, environmental, and aesthetic impacts that uranium mining could have on a "national treasure," paddling clubs across the nation are calling on the US Bureau of Land Management to support US Secretary of the Interior Ken Salazar's position that new uranium mining claims should not be permitted at this time.

The BLM is considering whether or not to allow new bids for

uranium mining leases on more than a million acres of public land near the rim of the Grand Canyon of the Colorado River, specifically in the Havasu Creek, Kanab Creek, and Little Colorado River watersheds.

American Whitewater, the leading voice of whitewater rivers, is heading the paddler's drive to garner support for Salazar's recommendation for a 20-year moratorium on new uranium mining claims around the iconic national park. American Whitewater and its allies argue that limiting uranium mining in these areas will limit risks to the water quality and flows in several iconic tributaries to the Grand Canyon, as well as the Virgin River.

"Radiation and other pollution in these streams would directly impact human health and perceptions of wildness," said American Whitewater Executive Director Mark Singleton. "Even very small reductions of flow in tributaries and springs would impact the experience of these places."

American Whitewater also takes issue with the failure of an inter-agency Draft Environmental Impact Statement to examine the ramifications uranium mining would have to those who enjoy recreating in the Grand Canyon.

"Paddlers have a deep personal connection with the Grand Canyon of the Colorado River which offers the longest backcountry river journey in the lower 48 states, and is recognized around the world as one of the most beautiful, remote, and challenging river trips on the planet," Singleton said. "We are deeply concerned that long-term radiation pollution and other uranium mining related impacts to Grand Canyon springs and tributaries are simply too severe to risk."

Singleton explained that for river sports enthusiasts, paddling the Grand Canyon is a once in a lifetime opportunity requiring years of waiting, planning, and saving to bring to fruition. People on Grand Canyon river trips literally live in the Canyon for weeks at a time. They marvel over, drink from, and swim in the Colorado River as well as cherished tributaries like the Little Colorado River, Kanab Creek, and Havasu Creek. Experiencing each of these streams is a vital part of paddling the Grand Canyon, and the water quality and quantity of each is threatened by uranium mining.

**The BLM is accepting public comments on their analysis and proposed plan through May 4.** Comments may be sent to [NAZproposedwithdrawal@azblm.org](mailto:NAZproposedwithdrawal@azblm.org)

For additional information, visit the [BLM website](#).

Kevin Colburn, [kevin@americanwhitewater.org](mailto:kevin@americanwhitewater.org), 406-543-1802

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OHIOPILE STATE PARK ANNOUNCES FALLS ACCESS PILOT PROGRAM EXTENSION

OHIOPILE - The Bureau of State Parks in cooperation with American Whitewater assessed the pilot program granting private boater access to the falls during a three week period from August 22, 2010, through September 12, 2010. Six hundred ninety nine (699) boaters took advantage of this access. During this time, there were no visitor accidents or injuries associated with running the falls. James Juran, Park Manager, stated, "I believe the pilot program was a success and should be extended during the 2011 summer season when the Lower Youghiogheny Launch is staffed seven days a week."

Beginning Saturday May 21, 2011, and closing Sunday September 11, 2011' the falls will be open for runs between 8:30am and 2:30pm, with the last permits being sold at 2:15pm. "Just like in 2010, boaters wishing to run the falls this season must adhere to the Private Boater Falls Access Guidelines and sign a waiver at the Lower Youghiogheny Launch booth," Juran said. "The Ohiopyle Falls and the related rapids upstream and downstream are considered to be Class III-IV rapids and it is up to each individual to judge whether they have the skills to competently run these rapids."

The park has received positive feedback from the boating community and from park visitors watching from the falls observation decks in anticipation, as the boaters negotiate the waterfall.

For more information about this pilot program, contact the Ohiopyle State Park office at (724) 329-8591 or visit www.dcnr.state.pa.us.

Private Boater Falls Access Guidelines

1. **Prior to launching for each falls run, all boaters must register** at the Lower Youghiogheny Launch Booth on SR 381. A launch permit, governed by the private boater quota reservation system, is required during applicable periods.
2. **Water Level must be 1.8 feet** or below on the USGS Gage at the Lower Youghiogheny Launch in Ohiopyle.
3. **Using the Lower Youghiogheny Launch to take-out is prohibited.** The falls becomes the first rapid in the loop and boaters shall continue down river and take-out either at the Loop Take-Out on Ferncliff or Bruner Run Take-Out.
4. **The Falls will be open for runs from Saturday May 21, 2011 through Sunday September 11, 2011 between 8:30 am and 2:30 pm, with the last permit being sold at 2:15pm:** No permits will be sold after 2:15pm. The launch window will run from third

Saturday in May to second Sunday in September (corresponds to 7-days a week manned Lower Yough Launch Area Operations).

5. **Access (put-in) will be from the river right shore only (Ferncliff side).** Boaters access the river right put in via Ferncliff trail. The put in is mark with a sign and is located downstream of the buoy line anchor points. Access will be prohibited from the Falls Day-Use Area (river left) except during Falls Running Events governed by Special Activities Agreements.

6. **Boaters are prohibited from running Ohiopyle Falls alone** (solo boater/party of one). Minimum group size is three. 2nd or 3rd boaters do not have to run the falls and is/are included for the minimum group size for providing safety from shore (above or below) or boat (below) the falls. Shore safeties shall wear a PFD, helmet and have a throw bag to effectively execute a rescue.

7. **Only single and double occupancy kayaks and canoes** designed and fully outfitted for whitewater use are permissible. Unguided Liveries/Rental Craft are prohibited. Rafts are prohibited.

8. **Boaters may scout the falls from beyond the warning signs** during open hours but must wear PFD and helmet at all times.

Note to boaters from American Whitewater: Staff and volunteers worked very hard with Ohiopyle State Park and the PA Bureau of State Parks last year to negotiate a reasonable access solution to this longstanding issue. Make sure you mark your calendars for this year's Ohiopyle Over the Falls Festival on August 20, 2011. More information can be found at www.FallsRace.com and this site as it becomes available.

This release was copied from the American Whitewater website but was also available online.

Mark Singleton, mark@americanwhitewater.org, 828-586-1930

2011 KHCC Video and Photographs WANTED!!!

KHCC 2001 trips are under way and there is a lot of fun to be had. That's preserve those great moments on the rivers, creeks, lakes and oceans in 2011. If you don't already document your time on the water, shoot some video and/or take some pictures. Capture your buddy surfing a wave or boofing a drop. Maybe your group is on flat water surrounded by beautiful scenery and wildlife. Capture that and tell your story. You get the idea, be creative and most importantly play safe!

2011 KHCC Highlights Video will be put together compiling your footage and pictures from our club trips and events in 2011. The completed movie will be screened at the Annual Christmas Party and available on DVD for your viewing pleasure.

Your footage and pictures are essential for this project to be a success!!!

Video may be submitted on: DVD, SD/SDHC Cards, Flash Drives, VHS or HI-8 tape. Video formats, raw or edited clips in: .MOV files (QuickTime), .AVI file MPEG2 and MPEG4 files. Standard DVD quality video and HD video up to 720p is preferred. (Please use what you have something is better than nothing.)

Photography may be submitted on: DVD, CD, SD/SDHC Cards, and Flash Drives or by e-mail. Digital pictures Files: .jpeg, .tiff, .pdf, .psd, or .ai. Resolution 150 to 300dpi is preferred.

Please submit the following with your video and/or photography:

1. Name of author.
2. Location and date be specific if possible.
3. Name of paddlers in the shots.
4. Any other information you would like to share.

Example: Phil Raber, Gauley River WV. (upper section) 8.16.11 Pillow Rock Rapid, Jen Raber and Doug Lyons.

The deadline for submissions is no later than October 31st. 2011. Ideally I would like to receive submissions as soon as possible. This will allow more time for post-production and DVD authoring.

Please send to: Dennis Dukeman, ATTN: KHCC Media, 2405 Killian Rd. Akron, Ohio 44312. or ddukeman@neo.rr.com ATTN: KHCC Media. Home phone / 330.699.2916

Thank you,
Dennis Dukeman / KHCC Member

Kayak Symposium 2011

Here is a link to the symposium at Lakeview Park in Lorain, OH on May 21st. We will have a booth for Keel-Haulers there with equipment and club info.

<http://consumer.discoverohio.com/searchdetails.aspx?detail=79758>

Lorain County Metro Parks and the Backpacker's Shop presents Kayak Symposium 2011! Programs will take place every hour behind the Lakeview Park beach house. Topics will include: flares, packing a kayak, and on-water safety. On water kayak try-outs will be available. Try various boats from representatives throughout the Midwest.

All participants in try-outs must be at least 18 years of age.

Address:

1800 West Erie Ave.

Lorain, Ohio 44052

Phone Number(s):

Reservations: (440) 967-7310

Local Number: (440) 934-5345

Hours:

Saturday: 10:00 AM - 4:00 PM

Guinness Worlds Records "Canoe & Kayak Challenge"

**Saturday, May 21, 8 a.m. Launch Starts, 11 a.m.
Record Attempt**

Hinckley Lake, Hinckley Reservation, Hinckley Twp.

**HELP CLEVELAND METROPARKS RECLAIM THE
GUINNESS BOOK OF WORLD RECORDS FOR THE MOST**

CANOES & KAYAKS FLOTILLA

It seems like just yesterday Cleveland Metroparks was gathering canoers and kayakers to help break the Guinness Book of World Records for the most Canoes & Kayaks on water at one time. But it was almost ten years ago.

Well, Cleveland Metroparks is again calling all canoers and kayakers to help **reclaim** the "Guinness Book of World Records Largest Raft of Free Floating Canoes & Kayaks." The record breaking attempt will take place on Saturday, May 21, 2011 at Hinckley Lake in Hinckley Reservation at the "Guinness World Records Canoe & Kayak Challenge."

Almost 10 years to the day, Cleveland Metroparks broke the record on May 19, 2001 with 776 canoes and kayaks. Cleveland Metroparks held the record for seven years, and it has since been broken once by Inlet, New York with 1,104 boats, and then, recently in June 2010 by Pittsburgh, Pennsylvania with 1,800 boats.

Join Cleveland Metroparks and help set a new "Guinness Book of World Records - Largest Raft of Free Floating Canoes & Kayaks!"

Here is the link to the Cleveland Metroparks' effort to break the world record for hand powered boats. Many Keelhaulers participated in the past efforts to set the record. The Division of Watercraft has given an exemption from current boat registrations for boats participating in this event. Kayakers usually have a garage full of extra boats that they could lend to friends for this event.
<http://www.canoeandkayakchallenge.blogspot.com/>

Anticipated Attendance: 2,500

Bali #9

By Chuck Singer

Hi,
I'm not sure if I used the correct title because I left Bali and am now on Lombok, the island east of Bali. I'm actually on Gili Twangan which is off the coast of Lombok. Indonesia is actually the world's most populous Muslim country. Bali is mostly Hindu but the rest of the islands are Muslim. I know this because I just listened to 20 minutes of Call to Prayers. It also calls at 5am.

The ferry ride from Bali was only two hours by fast boat or six hours by regular ferry. This is a small island and I'm told you can walk around it in two hours. There is a snorkel trip that sounds great that I will probably do. My Olympus 1030SW waterproof camera died after my

last snorkel trip so I probably won't have diving pictures. My main camera still works but you can always depend on something failing.

Many of the women have head scarves but no face masks. Most people here seem to be Australian since it is so close. The snorkel trip was great and we saw a turtle and many colorful fish. There are a lot of cats here and no dogs (Muslim?) The sad part is that at least half have twisted or missing tails. It's not genetic but must have some religious significance.



My room is nice with A/C for \$20. I had corn on the cob for a snack and the butter? It had a lot of hot peppers in it.

More later, Chuck

Bali #9.5

Hi,

I have to correct my last email about the cat's tails. Here at least, it is genetic because of the very small gene pool. I have a cat on my lap as I am typing. My animal magnetism still works. I rented a bike to ride around the island (and walk where the road is sand) I rented one with a one inch wide titanium seat. I may have to carry a gel seat if I continue to rent bikes.

Chuck



Bali #10

Hi,

I moved to Gili Meno, the smallest of the Gili Islands. I walked around the island before breakfast in about an hour. All the Gili islands have no cars or motorbikes and the only way to move things is by foot, bike or horse cart. A previous photo showed a traffic jam on Gili Traw (three horse carts!) I think I must have swum thru some weird jellyfish as I have a 'poison ivy' type of rash on my arms and shoulders. Itches like crazy when it is hot! I ate supper at a little local restaurant and then hung around for all the kids playing guitars VERY quietly. No one is loud on this island except the roosters. I walked out on a pier and met a bunch of kids and now I'm on all their cell phones. My room is woven bamboo and looks like something from Gilligan's Island. It's on stilts but the bathroom is on the ground. I'm going to hang out here for a day or two and veg out. Everyone here is very friendly and I was invited to a wedding but I missed it. I probably couldn't come up with the bride price anyway.

Chuck



Bali #10 (10.5)

Hi,

I moved to the last Gili island, Air. No it doesn't fly. It's pretty here and it's a shipbuilding center. My room is great and has a awesome bathroom. Mortar is made here by dumping some cement on the ground and mixing it with the sand. Kids (Seven and up) here go to school from 7:30am to 1pm year around except for holidays and the month of Ramadan. They go for 6 years and then transfer to the Muslim Middle/high school. It's similar to Catholic schools in the US, I'm told. Regular subjects with some religion. All universities are on the mainland. Only six years are required. Most young people speak fairly good English as this is a tourist area.



My rash was diagnosed as jellyfish stings and I have to swab it with vinegar. it should get better is a week and the affected skin will slough off. Icky! I rode around the island on a bike (walked in deep sand) and saw the schools. The kids were playing soccer while I was sweating in the shade. The cow was out of bounds or maybe a goalie? I also saw a big monitor lizard. You have to go to Komodo to see the really big ones I'm going back to Bali tomorrow by fast boat if the weather holds.

Chuck

Bali #11

Hi,
Did anyone notice I had two Bali 10's? We can deal with it, right! I left Gili Air by fast boat. It's a 35 foot 40 passenger boat powered by four 300HP Suzuki outboards! It does go fast. Almost all the boats here are outboards because it is so shallow and there aren't many docks built. The boat beached bow first and I had to climb up over the railing 6 foot from the sand. One of the crew said "Papa, use my knee to step on" Apparently Papa is Indonesian for "older than dirt" I did make it though and had an uneventful crossing. We beached in Bali stern first and were able to debark using the ladder. Even then, you had to time the waves and it was pouring rain. I'm in a new resort with a pool, monkey and a fountain with goldfish all in a verdant garden. I ate at a sidewalk cafe last night to watch the mating rituals of the Aussie kids. The girls are all in lowcut blouses and short shorts and the guys are in T-shirts with the local beer logo on it. There doesn't seem to be a lot of mingling. I worry about Australia! The local Welcome Wagon sent a couple of attractive girls to my table to ask if I were lonely but I wasn't so they left in a huff (a local motorbike brand). While walking today I passed a shop advertising Dead Skin Exfoliation using small fish. You can get a deeper scrub using the local white-tipped reef sharks for even less money. One more day here, then back to Ubud to pick up some stuff I left there

Chuck

Bali #13

Hi,
I'm back in Ubud typing in a cafe with free Wi-Fi eating a \$1 bowl of ice cream. I felt like Forest Gump a while ago. I was at my ditch side eatery eating grilled, skewered chicken and rice when a LOUD group of instruments started to play. It was a cacophony. I remember that word from the 1000 I had to learn in Miss Baker's English as a sophomore in High School. It comes from the Latin- caca and phony. Fake shit? No, loud, discordant sounds. I can't wait to work in onomatopoeia! The sounds were from the Temple next to me. I watched and listened for a while and when one person came out, I asked if I could go in. They said it was fine and told me to sit by a central pavilion. I did and watched the instruments. There was a 12' long kind of xylophone made of 8 gongs, flat like cymbals. They were played by striking them with a metal hammer. There were three drums and two large hanging gongs. There were also 10 women with hand held gong/cymbals as well as a man singing. I kept a finger in my ear to save my hearing as it was loud close up. The ceremony continued with a parade of men and women carrying various things all around the pavilion where I was scrunched in. The ladies all stopped in front of me and backed onto my feet. I retreated crab-like around the corner and watched the male leader sent up his "altar" three feet > from me! There were a bunch of rituals involving water,

rice, eggs coconut and flowers. It ended and most entered the temple proper. I didn't have my sarong (or camera) so I watched from the wall. There were further ceremonies involving sprinkling water, hand washing and eating a few grains of rice. There was a blond, western woman who entered after getting a sarong and she took a bunch of pictures without causing a stir. At the end, the "priest" took her camera and took a couple of shots of her and the group. These people



are very laid back!! I asked the woman if I could copy her pictures but our gear is not compatible. It turned out she is Turkish and blond! The areas are actually fairly clean as all litter is swept up daily including leaves in front of your shop. As a matter of information, I have THREE white shirts that I cycle daily as I sweat through them. It just looks like I never change my shirt. I'm only here for a few more days so get your cat coffee orders in soon!

Chuck

“The end” until Chuck’s next big adventure he shares with us!

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## Happy Hour Yoga to Benefit Friends of the Cheat

Every Friday in April, May, and June, all donations for happy hour yoga at [BlissBlissBliss](http://BlissBlissBliss) in Morgantown benefits *Friends of the Cheat, Inc*

Happy Hour Yoga is a donation class to start your weekend off right!

**Pay what you want or can.** Encourage a friend to come with you.

This class is just **fun, easy-going yoga for anyone!** Not only do you start your weekend off with yoga, you're helping your community (*not to mention your karma!*)

Classes are open to everyone, no yoga experience necessary.

**Join us on Fridays April - June from 6 - 7 pm.**

[BlissBlissBliss](http://BlissBlissBliss)

3101 About Town Place, Morgantown, WV 26508  
(in the back left corner of the business plaza at 709 Greenbag Rd.)  
304.413.0270 [www.theblissblissbliss.com](http://www.theblissblissbliss.com)

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Vermilion River Race, 3/7/11, By Eugene Baker

Incomes

Race Entry Fees

Cash	\$ 912.00
Checks	165.00
Pay Pal	259.90
Sponsor	120.00
Food Sales	89.00
Medal Postage	8.00
Insurance Refund 17 @ 3.75	63.75
Stamps (27)	<u>11.88</u>
Total Inflows	\$ 1,629.53

Expenses

Insurance 105 @ 3.75	393.75
Medals	959.56
Food & Misc Baker	139.00
Food Bair	32.19
Misc postage due Baker	<u>17.52</u>
Total Outflows	\$ 1,542.02

Net \$ 87.51

Medals In Stock \$ 773.49
(177 @ \$4.37 ea.)

Actual Net \$ 861.00

Cashflow

	<u>Income</u>	<u>Expense</u>	<u>Balance</u>
Entry Fees C & C	\$ 1,077.00		\$ 1,077.00
Sponsor	120.00		1,197.00
Food Sales	89.00		1,286.00
Food & Misc Baker		139.00	1,147.00
Checks Deposited		285.00	862.00
Cash Deposited		862.00	-
Medal Postage	8.00		8.00
Checks Deposited		8.00	-

Payments Due

Baker Postage	\$17.52
Bair Food	<u>32.19</u>
Total Due	\$49.71

May				
5/1	(5) Cheat River Race Clinic (WV)	26	Cliff Wire	440-439-6541
5/3	KH Roll Session at Lakewood pool - 8:30-9:45PM		Judi Fordyce	440-289-5511
5/6	Cheat Mass-Occurrence Team Race (WV)	26	Cliff Wire	440-439-6541
5/6,7,8	Upper Yough (MD) or Big Sandy or Tygart (WV)	32	John Kobak	440-871-1758 440-554-1383
5/7	Cheat Fest Weekend (WV)	18-26	Cliff Wire	440-439-6541
5/8	(3) Cheat Narrows or (5) Canyon(WV)	18	Phil/Jen Raber	740-498-7063
5/8	(2) Slippery Rock Creek (PA)	13-19	Judi Fordyce	440-289-5511
5/10	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
5/13-15	(4) Stonycreek Rendezvous (PA)	21	Needs organizer	
5/13-15	Black Moose Fest (NY) Gabriel Dailey Benefit			
5/14,15	(5) Intro to the Cheat Canyon (WV)	26	Jim Hunt	330-335-5203
5/14, 15	(3) N. Br. Potomac Release (MD)		Cliff Wire	440-439-6541
5/21	Kayaking Symposium at Lakeview Park , Lorain, OH - 10am-4pm	FW/SK	Eugene Baker	440-320-4490
5/21, 22	(3) Slippery Rock Creek (PA)	13-19	Ann Corey	330-869-6549
5/21,22	(4) Lower Yough (PA)	23	Michael Duvall	216-513-5921
5/21,22	(2) Middle Yough (PA)	12	Needs organizer	
5/21,22	(5) Cheat Canyon/Little & Big Sandy (WV)	26	Dave Herran	513-681-4075
5/21	RiverDay 2011 Friends of the Crooked River (OH)		Dave Hill	330-221-0270
5/28, 29	(3) N. Br. Potomac Release (MD)		Needs organizer	
5/28	(5) Cheat Canyon (WV)	26	Needs organizer	
5/29,30	Upper Yough (MD)	32	Jim Hunt	330-335-5203

Treasury Report
10/1/10 to 4/15/11
By Joe Marks

I'm proud to report that our Club has generously contributed to the organizations listed below under Conservation Donations. We support these groups because they all work toward protecting and reclaiming our nation's rivers along with ensuring our access to them. If you want to learn more about each organization does then click on the conservation tab at the top of the Club Websites front page and check out 'organizations we support'. There you will find links to the individual websites.

2011 Dues Income: **\$4149.92**

Vermillion Race:

Net Income: **\$ 861.51** [Including \$773.49 of race medals in stock for future]

Income: **\$1629.53**

Expense: **\$1542.02**

Conservation Donations: **\$2325 Total Conservation Contributions donated by our Club in 2011**

\$500	Friend of the Cheat
\$300	Friends of the Crooked River
\$575	American Whitewater
\$200	West Virginia River Coalition
\$100	River Network
\$100	American Rivers
\$150	Grand Canyon Private Boaters
\$150	Nature Conservancy-Ohio
\$250	Cleveland Rowing Association

Yearbook Expenses: **\$1415.02**

Newsletter Expense: **\$ 494.08** [Along with the Newsletter being published online around 80 members still get a paper copy mailed to them at a cost of approximately \$1000.00 a year]

Current Checking Balance: **\$6101.80** [Does not reflect the \$2325 Conservation Donations above]

Current CD Balances: **\$6757.91** \$2258.37 \$2259.56 \$2238.98

2011 Club Officers

President:	Cliff Wire	440-439-6541
VP:	Michael Duvall	216-521-0094
Secretary:	Joe Marksz	216-281-1517
Treasurer:	Pat Guzowski	216-780-5734

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758**
1649 Allen Dr.
Westlake, OH 44145

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: www.keelhauler.org

Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Call or mail before the last Saturday of each month. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

Please consider writing a trip report or article for the next newsletter! The deadline for the June issue of the newsletter is **5/23/11**. Please remember that articles should be sent to Kelly Miller (Laubaugh) at peetzaguy@aol.com or peetzaguy@comcast.net.

KeelHauler Kanews
Kelly Miller, Editor
1515 Fox Chase Dr.
Sewickley, PA 15143
peetzaguy@aol.com
May, 2011



Keelhauler's Ka-news *June, 2011*



Next Club Meeting is Tuesday, June 14th

*at Wendy Park near Edgewater Park,
Cleveland, OH*

Program: Outdoor Meeting, bring your canoe or kayak.

Chuck Singer will lead a short paddle around the Cuyahoga River or out into the lake, weather permitting at about 6:00PM.

The club business meeting starts about 8:00PM, followed by refreshments. Arrive any time you like.

[Map to Wendy Park](#)

For those coming from the West take West Blvd to the W. Shoreway. Coming from the East get on the West shoreway, go past the Brown's stadium. Get off at Edgewater Park and head East past the yacht club to Wendy Park. See the red line on the map.

All meetings are open to guests.
Invite a prospective member!

Safety:

Chuck Singer spoke about the drowning of the fisherman on Slippery Rock Creek. Chuck stressed that you do not have to be boating to be in danger from moving water especially in times of high water.

Cheat Fest:

This year's Festival was dedicated to Glenn Miller in recognition of his years of service to the whitewater community.

Trips:

Michael Duvall started a discussion of the Cheatfest weekend. The KHCC fielded a team for the race consisting of Michael, Jim Hunt, and Doug Lyons. Jim pointed out that our team beat the non existent team from TRPC!

Gene Baker reported on that weekends KHCC trip on the Cheat Narrows. Approximately 10 people at a level of 2.5 feet.

John Kobak reported on that weekend's trip on the Lower Big Sandy.

John also reported on the Southern Rivers trip which had no lack of water this year.

Check the busy KHCC schedule for upcoming trips.

SYOTR,
Pat

KHCC Minutes May 10th, 2011

Visitors:

David Barnard of Olmstead Township was in attendance to garner information on paddling. David currently has a recreational kayak.

Membership:

John Kobak reports 276 paid members including 5 more new members.

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# Upper Yough Update: Release Cutbacks Averted!

posted April 28, 2011  
by Charlie Walbridge

Reprinted from American Whitewater



The Upper Youghiogeny River is one of the country's finest summer venues for expert whitewater paddlers. Many old-time boaters remember when this classic river only ran on weekdays, creating a problem for working paddlers. Today's weekend release schedule was the work of many paddler-activists beginning in the late 70's. The current state permit was negotiated in 2007 between the dam owner, Brookfield Power, and lake users, fishermen, and whitewater paddlers. It was meticulously crafted to be fair to all stakeholders. The Town of Friendsville, which sees the river as an important economic asset, has been a vital ally.

Late summer and fall of 2010 was unusually dry. Predictably, the lack of water impacted everyone. Many whitewater releases were cancelled and the lake dropped to a level that stranded about 50 homeowners in Deep Creek Lake's backwater lots. Although less desirable than home sites on the main body of the lake, these lots are still quite valuable. Problems in the backwaters have been exacerbated by continued silt accumulation, which is a normal part of a dam's life cycle.

These wealthy homeowners are not shy about pushing their interests at the expense of others. Blaming paddlers for their problems, they asked the Maryland Department of the Environment (via the Deep Creek Lake Policy and Review Board) to raise the lower rule band. This is the minimum level that Deep Creek Lake can be lowered to support releases. Since the fish enhancement releases can't be reduced, this change would cut the summer whitewater release program by 60% and eliminate most Saturday events.

In responding to the petition paddlers had two strong local allies. Jess Whittemore, who serves on Friendsville Town

Council, believes strongly that river use is important to the town's future. He has worked diligently on paddler access issues in town for many years. Roger Zbel, owner of Precision Rafting, has a deep and nuanced knowledge of dam operations developed through years of working with Brookfield Power. Both of these men have been "giving back" to the sport they love for decades; Jesse with his work on Town Council and Roger by serving as liaison to various dam owners. Assisted by AW Board Member Adam Cramer and AW Stewardship Director Kevin Coburn they came up with two ways that the permit could be modified to conserve water without reducing whitewater or fish releases. These are:

- 1) Raising the Upper Rule Band to allow for additional water storage.
- 2) Clarifying the permit so that any release for whitewater also counts as a temperature enhancement release to support fish.

Additionally, AW supports repairs to the "Wicket Gate" on the dam to control leaks. This requirement was added to the permit as well.

Together these improvements create an additional 12" of water in the lake that's available for power generation, fish flow enhancement, and whitewater.

Deep Creek Lake property owners are not satisfied and have vowed to continue their efforts. Support from the Town of Friendsville will be vital to the future of Upper Yough releases. Paddlers can say "thanks" by being courteous and respectful when parking, changing clothes, and loading boats. As was the case last summer, there should be no non-resident parking or river access on Water Street (river left) and Morris Avenue (river right) above the Maple Street bridge. Please take out at the Wilderness Voyageurs store or at the Town Park one mile downstream.

## ~~~~~ SLIPPERY ROCK MAY DAY TRIATHALON, DEMOLITION DERBY, AND ROAD RALLY

By Karl Nelson

Brent called me at home on Sunday evening from Cheeseman's Campground. He told me an angler had fallen into the river at the Mill and drowned. A full court press body recovery was in place on Saturday, but his body had not yet been recovered. The recovery effort may require a change in the plans to paddle from Rose Point to Harris.

Not knowing who was coming, I decided to find a ranger on Sunday morning and find out what was going on; meet people at Rose Point and decide whether to press on with Plan A, or move on to Plan B.

On Sunday morning, I found a ranger in the Kildoo parking lot. I asked if we could still paddle from Rose Point to Harris. He said sure. He just told me they had cadaver dogs along the river above Triple Drop and a throw rope was caught in Triple Drop—but that shouldn't interfere with our paddling.

Thinking we would be able to paddle from Rose Point to Harris [Plan A], I returned to Rose Point. The good lookin' women had arrived and were passing out hugs. We unloaded boats and ran the shuttle. Those who wanted a short day were going to take out at Eckard. They headed to Eckard. The rest of us headed for Harris. The guy at the head of the caravan missed only one turn.

Brent was conspicuous by his absence at Rose Point. Comments were made that the guy who had the shortest drive that morning was tardy. However, Brent was waiting for us at Eckerd. Chuck and Joyce, who had gone to put in at Eckard, told him we were running shuttle. Brent and April headed for Harris to run a reverse shuttle. Brent caught up with us at Rose Point. The people who had gone to Eckard were conspicuous by their absence. They decided they didn't want to carry their boats up the hill at the end of the day, so decided to also go to Harris. However, they got lost between Eckard and Harris. Eventually, they got unlost and found their way back to Rose Point.

After everyone made it back to Rose Point, we began the *Slippery Rock May Day Triathlon, Demolition Derby, And Road Rally*—only we didn't know it the time.

#### TRIATHALON:

Event 1—Paddle: We pointed our boats downstream for the paddle portion of the days events. We came to the first rapid and I swiftly made the transition to Event 2.

Event 2—Swimming: After swimming the rapid, I climbed back in my boat and paddled on to the next swimming station.

Event 3—Portage: At the Mill we were told that because of the body recovery effort we would have to carry our boats to below Triple Drop. Several Macho Men headed down the trail. We got to the point below where the recovery effort was taking place and waited and waited and waited. We sent out scouts to find out where everyone else was. They reported back that the Others had opted to dropout of the Triathlon at this point and arranged to be chauffeured to Eckerd.

We might have been Macho Men, but we weren't confident about our collective ability to safely negotiate the rest of the river. We decided the smart thing was not to continue on the river, but to return to the Mill. Then we began Event 4.

#### DEMOLITION DERBY

Event 4—Demolition Derby: Brent and April were still at the Mill. We left our boats at the Mill; Brent placed us in the back of his truck and carried us to Harris. I'm sure multiple parts fell off his truck. As no one died of carbon monoxide poisoning, we unfolded ourselves and climbed out at Harris.

#### ROAD RALLY

Event 5—Road Rally: I had Mark's dry clothes in my truck. We scooted up Pfeiffer Road—which was pretty slippery and almost off-road—and back to the Mill; loaded my boat and hurried back to Harris to deliver dry clothes to Mark. I beat them back to Harris—but just barely. UFFDA!

And the moral of the story is—any day you get to drive home from the river is a good day.

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Introducing...The Cleveland Paddlelotta

By: Gerry Henwood

The Huntington's Disease Society of America is planning a unique fundraising event called the Cleveland Paddlelotta. The Paddlelotta is a take-off from an event called the Rowgatta, a long distance paddle/row around Southport Island near Boothbay Harbor, Maine. The Paddlelotta will be a combination of racing events, formation events and an open water parade of a variety of people-powered boats. The initial event will take place, if all goes as planned, on July 30th, 2011, and will consist of a parade of kayakers on the Cleveland Lakefront inside the break-wall. An attempt will be made to do a formation paddle if there are enough experienced kayakers to pull (paddle) it off. The 2011 event is a kick-off for 2012, when races and additional types of boats will be brought into the program to compliment the formation and water parade events. The most likely additional boat type will be rowing shells, dragon boats and possibly a contingent of Viking boats from Toronto.

It promises to be a fun day on the water. The Coast Guard will have the waterfront adjacent to Burke Lakefront secured and the water will be wake-free. It is important to note that the event will not interfere with motor boats coming and going from various marinas and yacht clubs with full access to Lake Erie. Voinovich Park will be the primary spectator area.

We need Keel-Haulers and members of other clubs in Northern, Ohio to make this kick-off event a success. There is a registration fee that goes to the benefit of the HDSA. To find out more or register, go to the HDSA local chapter website at www.hdsa.org/neoh. If you consider yourself a competent kayaker and want to be a part of the formation aspect of the 2011 event please contact Gerry Henwood at gerryhenwood@gmail.com. There is the possibility that Channel 19's helicopter will be filming. If so, we may want to have a practice session.

~~~~~

# Annual Southern Trip

## By John Kobak

Right after the movie *Deliverance*, a group of Keel-Haulers decided to head down to the Smoky Mountains in the summer of 1973 to see what these rivers were really like. We all met up at the Nantahala to get started, the Ocoee was not paddlable in those days because of the power dams.

We drove over to the Chattooga River which we heard had 4 sections ending in Lake Tugaloo. Dean Norman, still in the club, started on Section 1 with a small group. This section has lots of waterfalls and is now closed to all paddlers.

Our large group tried Section 2 which was mostly flat water. The next day we gave Section 3 a shot, led by a park ranger who saw us safely down the class III section culminating at the class IV Bull Sluice. Peggy & I paddled both sections in our decked C-2.

The next day a more daring group decided to paddle section 4 at about a 2' level. Paddlers like Hank Annable, Jim Botamer, Chuck Singer and me prayed that we wouldn't meet any mountain men like in the movie. It was a very tough section considering our experience level and boat designs at that time. In fact Chuck broke his kayak in half at Woodall Shoals and had to walk out. The rest of our group made it to the takeout after saving a rafter from drowning at Crack-In-the-Rock in the Five Falls area.

We were hooked, over the next 38 years we probably only missed doing this trip 5 times. There are some of our recent trip reports on our website. <http://www.keelhauler.org/khcc/Oldsouthtrips.htm> Many of these trips had 20-30 paddlers of all skill levels.

For the past 3 years this trip had sort of petered out. Weather, gas prices, and other reasons have all entered into the equation. This year the club had two Southern trips, the March trip led by Jim Murtha had a great time and camped at Tim Gill's cabin, near the Chattooga. I think they had 6 paddlers.



We had 8 paddlers in 4 cars for our warm Easter trip: **Bob Weible & Jim Hunt; Michael Duvall & me; Jeff Macklin & Carolyn DeVenney; Carl & Donna Homberg.** The Hombergs, Hunt and DeVenney were new to these Southern trips.

Our original plan was to start on the Upper Meadow River near the Gauley in WV. We all met at the campground below Summersville Dam, several other groups of paddlers had rolled in overnight and were also looking to paddle in the area. We checked the river gauges and weather. The Meadow was now too low and a very heavy rain would make paddling not a lot of fun on the Lower Gauley.



Carl Homberg

So we hit the road for Erwin, TN. We decided to get a campsite at the Nolichucky take-out and then immediately head up to the put-in over the mountain in NC.



Lunch Stop

The weather had warmed to the high 70's and it was sunny. Even better the river was running at 2000cfs which is a nice medium level covering all the small rocks, yet not making the hydraulics too large. This was a nice warm-up, with everyone having great runs for their first outing of the season. We found a nice family restaurant North of Erwin at the Unicoi exit called Maple Grove.

A check of the river gauges check showed that the Tellico River was about 380 CFS and the air temperatures were going to be in the 80's. We got on the road about 8 AM for the 3-½ Hr. drive to this little trout stream just north of the Ocoee.

Carl and Donna said they would feel more comfortable on the lower river below Jared's Knee, so I paddled with them while our other 5 tackled the ledges section. I believe they all had good runs at Baby Falls after portaging past a large tree just above the falls. The Eric Jackson family paddled with them on this section.



**Jim Hunt - Tellico Ledges**

We then hit the road for the Ocoee with a traditional stop at El Rio restaurant in Copper Hill. The NF Thunder Rock campground had plenty of room for the night.



**Bob Weible on the Ocoee**

Easter morning has always been a good time to paddle the Ocoee. All the good Southern Christians are at church and we had the river to ourselves with a 10 AM put-in. The flume has been broken so they have been releasing daily, the flow today was about 1600 cfs, and as usual one paddler had some trouble getting stuck in the hydraulic at Broken Nose. We quickly got on our way and were off the river heading to Tim Gill's cabin near Clayton, GA by 1 PM. We did some grocery shopping along the way and finally decided to have a little cook-out for a change.



**Tim's Cabin (Warwoman Waldorf) near Clayton, GA**

Tim had left the cabin open for us, so we made ourselves at home. The Chattooga has been running a little over 2' so everyone thought that it might be a good idea to try Section 3 first. It has been 12 years since I paddled Section 3. We decided to cut 3 miles off the run and start at Sandy Ford on the GA side of the river. It was an easy shuttle aided by Tim. You can drive right down to the water and with the higher water level it only took us 3 hrs. to get to Bull Sluice, the last rapid on Section 3. There were a bunch of rafts and duckies scouting when we got there. The extra water allowed for a SC sneak line or a double boof over decapitation rock. Paddlers tried both routes.



**John Shoots the Bull**

We got a localized hard rain overnight but were surprised that the Chattooga water level had stayed about the same. Donna came down with an illness and they decided to call it a week and started for home. Tim had to work but his 21 yr. old daughter Tiffany and her friend Nate joined us for our paddle on Section 4.



**Carolyn**



Everything was going great until just before our lunch stop at Raven's Rock. When we passed Stekoa Creek that flows out of Clayton, it was roaring, adding about 300 CFS to the Chattooga. The level was noticeable higher at Raven's.

When I pulled into the eddy above the first drop of Five Falls I couldn't even see the rock that is on the left side of the straight forward drop. Nate ran the drop staying close to right side and then set safety for the rest, Bob tries a slightly different line and almost back ended into the hole. Michael was the only other one to try. The rest of us walked the drop. I knew right away that I wasn't even going to look at Corkscrew so I took the right hand sneak and set up a throw line for anyone running it. Nate runs OK but flips next to the wall but rolls OK. Everyone else then decides to sneak as well..

At Crack-in-the-Rock we all take the far right sneak. I set up a throw line below Jaw Bone but when everybody saw the fast water flowing right into Hydroelectric Rock they all walked down from the left side staging eddy. Almost all ran the Puppy Chute on the left side of the Dog. I walked that one also.



**Michael runs the Puppy**

The rest of the rapids to the lake were almost uneventful. It turns out that Tugaloo Lake is 4' below normal, so we got one extra rapid to run. Of course I got stuck in the last hydraulic, but quickly

ended out. The 40 min paddle across the shallow lake was interesting; we saw lots of big sand beaches, turtles and sand bars that would make it impassable for power boats to make it up the lake.

We ate out at Mama G's in Clayton which has great Italian food. We watched the TV weather report about the severe storms heading our way. We decided that our best option was to either head back to the Nolichucky or go all the way to the Tygart in WV. The morning reports predicted storms across TN so Jim & Bob decided to head all the way home. The remaining four of us decided to head up to Audra State Park on the Middle Fork in WV. Little did we know that a few hours after we passed near Dillard, GA and Johnson City, TN that a few tornados would pass by our route? These were the same storms that killed hundreds of people in Mississippi and Alabama.

The gauges on the Tygart looked OK for a Thursday paddle if we didn't get a lot of rain. I put out a rain gauge and marked the water level in the river. It rained hard that night and we got almost an inch of rain. The Middle Fork was on its way up and with that kind of rain we were concerned what the main Tygart level would be when we reached the confluence with the MF. After a short discussion we decide the safe decision would be to paddle the 5 mi stretch upstream and take out where we camped. None of us had run this stretch before but even with the MF running close to 5' it was an easy Class III run. It was scenic and worth the paddle. It would be a good training section like the lower Slippery Rock.

We all packed up and headed home since everything in Northern WV that we were familiar with was already too high and still rising. It was a great trip and we finally got to paddle in warm sunny weather wearing short sleeve paddling jackets. We had no problems and it was a really fun week with really good friends.

Jeff Macklin took most of the photos that are posted here. If you want to view hundreds more that he took on the trip go to his SmugMug photo page for April 2011.

<http://jeffmacklin.smugmug.com/Whitewater/2011>





United States Canoe Association  
in cooperation with Lake Metroparks presents

# The Ohio State Canoe & Kayak Championships

## Saturday, July 30, 2011

You are invited to the 2011 Ohio State Canoe & Kayak Championships. All races start and end at the Grand River Landing, 800 N. Saint Clair St., Fairport Harbor, OH, 44077. There is a mandatory pre-race meeting 15 minutes before each scheduled group of races. All competitors must pick up boat numbers at registration prior to the race.

**Ages 16 and older – Ages 5 to 15 must be accompanied by adult**  
**\$20 per person pre-registered by midnight, July 27; \$25 same-day registration**  
**To participate in both races, add an additional \$10 per person**  
**To pre-register visit [lakemetroparks.com](http://lakemetroparks.com) or call (440) 358-7275.**

**Same-day registration opens 8:30 AM**

**6-mile race begins at 9:30 am**

**12-mile race begins at noon**

**Scheduled Classes U.S.C.A. Rules Apply**

**6-mile - 9:30 am**

C-1 Men & Women  
K-1 Recreation 14ft. & Under  
K-1 Recreation 14ft. & Over  
Recreation & Pleasure Craft – Canoes 18' or less  
(No racing type boats)  
Men & Women  
Mixed  
Over & Under (Ages 29+ & children ages 5 to 15)

**12-mile – noon**

C-2 3/27 Pro incl 4/32 Cruiser  
C-2 Men's Open, Master, Senior, Veteran  
C-2 Women's  
C-2 Mixed  
C-2 Over & Under\*  
C-2 Standard Men, Women, Mixed  
K-1 Men's, Women's  
Downriver, Sea Kayak, Unlimited, Touring



**United States Canoe Association**  
EST. 1960  
Competition • Cruising • Conservation • Camping • Camaraderie



**Keel Line**  
Canoe and Kayak Supply



### 2011 Canoe & Kayak Championships Registration Form

Please complete both sides of entry form and mail to

Lake Metroparks Registration, 11189 Spear Rd., Concord Twp., OH 44077.

You may also register by calling 440-358-7275 or 800-669-9226, or visit [lakemetroparks.com](http://lakemetroparks.com).

**ENTRY FEE:**

\$20 per person pre-registered (by midnight on July 27)  
\$30 pre-registered both races

1. Name \_\_\_\_\_  
Address \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Phone (day) \_\_\_\_\_ (evening) \_\_\_\_\_  
T-shirt Size (circle one): S M L XL XXL  
VISA / MC / DC # \_\_\_\_\_  
Expiration Date \_\_\_\_\_ V Code \_\_\_\_\_  
Check # \_\_\_\_\_  
Driver's License # \_\_\_\_\_ State \_\_\_\_\_

\$25 per person same-day registration (**Reg. opens 8:30 am**)  
\$35 per person same day both races

2. Name \_\_\_\_\_  
Address \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Phone (day) \_\_\_\_\_ (evening) \_\_\_\_\_  
T-shirt Size (circle one): S M L XL XXL

**NOTE: RACE DIRECTORS RESERVE THE RIGHT TO  
COMBINE OR ELIMINATE CLASSES.**

**Official Use Only**

BIB # \_\_\_\_\_  
CLASS \_\_\_\_\_  
\$ PAID \_\_\_\_\_

**Course Description:** This is an up/down river race with buoy turns. Mostly flat deep water, some slow moving shallows. There are plenty of viewing opportunities for spectators. Race officials reserve the right to alter the course if deemed necessary.

**Entry Fees:** Pre-registration: \$20/person one race, \$30 for both races. T-shirt to all entrants (one shirt per entrant). Same-day registration: \$25/person one race, \$35/person for both races.

**Directions:** Take Rt. 2 to the Fairport Harbor/Richmond Street exit and go north. Turn right onto East Street (S.R. 535) and proceed to St. Clair Street; turn right. Proceed to Grand River Landing entrance on south side of road just before bridge.

**Questions:** Joe Krizman, Race Director - Tel. 440.478.7019, E-mail at meadowbeauty@ncweb.com.

For details, registration and directions go to [www.ohiopaddler.com](http://www.ohiopaddler.com) or [lakemetroparks.com](http://lakemetroparks.com). For weather conditions the day of race call (440) 954-4178 for a recorded message.

**Primitive Camping:** Available at Grand River Landing; please contact Seth Begeman at 440-256-3821

**Accommodations:** [www.lakevisit.com/accommodations.html](http://www.lakevisit.com/accommodations.html)

**Lake County Visitors Bureau:** Tel. 440.975.1234 | Toll Free: 800.368.LAKE [5253]



Registration Department  
11189 Spear Road  
Concord Twp., OH 44077  
440-358-7275 or 1-800-669-9226  
[lakemetroparks.com](http://lakemetroparks.com)

Lake County Probate Judge Ted Klammer  
Board of Park Commissioners  
Ellen Foley Kessler • Mark P. Oesterle • Frank J. Polivka  
Executive Director Stephen W. Madewell

Lake Metroparks does not discriminate on the basis of race, color, religion, gender, age, nationality or disability in employment, services, programs, or activities. Should special assistance be required in visiting facilities and/or participating in programs or activities of Lake Metroparks, please call 1-800-669-9226 at least 48 hours in advance.

PLEASE CHECK THE RACE CLASS YOU WILL BE COMPETING IN (PLEASE CHOOSE ONLY ONE CLASS).

**6-mile race (begins at 9:30 am)**

**C-1 Men's**

- ☐ Open
- ☐ Masters (Ages 40 to 49)
- ☐ Seniors (Ages 50 to 59)
- ☐ Veteran (Ages 60+)

☐ **C-1 Women's**

**Recreation & Pleasure Craft – canoe length 18' or less (no racing-type boats)**

- ☐ Men
- ☐ Women
- ☐ Mixed
- ☐ Over/Under

(Ages 29 years & older, children ages 5 to 15)

**K-1 Men's**

- ☐ Recreation over 14'
- ☐ Recreation under 14'

**K-1 Women's**

- ☐ Recreation over 14'
- ☐ Recreation under 14'

**12-mile race (begins at noon)**

**C-2 3/27 pro incl 4/32 Cruiser**

**C-2 Men's**

- ☐ Open
- ☐ Masters (Ages 40 to 49)
- ☐ Seniors (Ages 50 to 59)
- ☐ Veteran (Ages 60+)

☐ **C-2 Women's**

☐ **C-2 Mixed**

☐ **C-2 Over / Under**

(Ages 29 years & older, children ages 5 to 15)

**C-2 Standard incl 4/32 Cruiser**

- ☐ Men
  - ☐ Women
  - ☐ Mixed
  - ☐ Over / Under
- (Ages 29 years & older, children ages 5 to 15)

**K-1 Down River Sea Kayak Touring Unlimited**

- ☐ Men
- ☐ Women

**2011 Ohio State Canoe & Kayak Marathon Championships Waiver**

The undersigned knows and understands the perilous nature of his or her undertaking, as it relates to the loss of life or limb, or to any property damage, including but not limited to, such hazards as boulders and other obstacles, strainers, undercut or entrapping formations, falls, holes, reversals, and other water formations, changing conditions, cold high water, and other hazards.

In consideration of being allowed to compete in the Ohio State Canoe & Kayak Marathon Championships, the undersigned hereby voluntarily assumes all risk or damage to his or her person or property and the undersigned, for him or herself, hereby releases Lake Metroparks, its officers, its members and the race organizers and sponsors, as well as any person or organizations owning land adjacent to or on which the race is conducted from every claim, liability, or demand of any kind for, or on account of, any personal injury or damage of any kind sustained by him or her.

1. \_\_\_\_\_  
(Signature of entrant)

\_\_\_\_\_  
(Date)

2. \_\_\_\_\_  
(Signature of entrant)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of parent, if participant is younger than 18 years old)

\_\_\_\_\_  
(Date)

Entrants younger than 18 years of age must have waiver signed by a parent.

| June              |                                                                                                                                                |       |                                                          |                              |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-------|----------------------------------------------------------|------------------------------|
| 6/3,4             | Upper Yough (MD) and/or Big Sandy (WV)<br>No UY release on Sat                                                                                 | 32    | <a href="#">John Kobak</a>                               | 440-871-1758<br>440-554-1383 |
| 6/4               | (4) Lower Yough (PA)                                                                                                                           | 23    | <a href="#">Sabine Iben</a>                              | 440-543-4969                 |
| 6/4               | (1) Cuyahoga River, Peninsula to Boston Mills (OH)                                                                                             | SK/FW | <a href="#">Ann Corey</a>                                | 330-869-6549                 |
| 6/4, 5            | TRPC Slippery Rock Clinic- <a href="#">More Information</a> - Adults<br><a href="#">Breakneck Campground</a> - - - - - Youth                   | 13-19 | <a href="#">Judy P</a><br><a href="#">Susan Knechtel</a> | 724-448-1602<br>724-847-4693 |
| 6/5               | (5) Savage River (MD) - Scheduled Dam Release                                                                                                  | 26    | <a href="#">Needs organizer</a>                          |                              |
| 6/7-13            | Middle Fork Salmon (ID)<br><a href="#">Fully Outfitted</a> - Sold Out                                                                          | 24    | <a href="#">Happy</a>                                    | 440-313-5875                 |
| 6/11              | Walk Fernwood State Forest (OH) near Stubenville.                                                                                              |       | <a href="#">Dennis Plank</a>                             | 216-939-8229                 |
| 6/11, 12          | Mark Hanna and Carl Schneider Memorial Swiftwater Clinic (WV) <a href="#">More Information</a><br>Limited to 10, Register early @ ~\$80/person |       | <a href="#">Joe Marks</a>                                | 216-533-0604                 |
| 6/12              | (1) <a href="#">Vermilion Water Trail portion</a>                                                                                              | SK/FW | <a href="#">Chuck Singer</a>                             | 440-949-6681                 |
| 6/13, 15 & 20, 22 | <a href="#">Fundamentals of Kayaking</a> at Mentor Dept. of Recreation<br>Pool. 6 - 9 PM                                                       |       | <a href="#">Ernie Anderson</a>                           | 440-974-5720                 |
| 6/14              | Club Meeting - <a href="#">Wendy Park Map</a>                                                                                                  | SK/FW | <a href="#">Dennis Dukeman</a>                           | 330-699-2916                 |
| 6/16 to 30        | Western River Trip (ID) or (CO) - advanced/intermediate                                                                                        | 25-32 | <a href="#">Needs organizer</a>                          |                              |
| 6/17, 18          | Upper Yough (MD)<br>First Saturday Release                                                                                                     | 32    | <a href="#">John Kobak</a>                               | 440-871-1758<br>440-554-1383 |
| 6/18, 19          | (4) Lower Yough - permits (PA)                                                                                                                 | 23    | <a href="#">April Hollis</a>                             | 703-915-6382 C               |
| 6/18, 19          | (2) Middle Yough (PA)                                                                                                                          | 12/SK | <a href="#">Eugene Baker</a>                             | 440-320-4490                 |
| 6/25, 26          | (3) Slippery Rock Creek (PA)                                                                                                                   | 13-19 | <a href="#">Needs organizer</a>                          |                              |
| July              |                                                                                                                                                |       |                                                          |                              |
| 7/1,2,4           | Upper Yough (MD)                                                                                                                               | 32    | <a href="#">John Kobak</a>                               | 440-871-1758<br>440-554-1383 |
| 7/2,3,4           | (4)Savage & Asci (MD) or Lower Yough (PA)                                                                                                      | 23    | <a href="#">Brent Hendren</a>                            | 330-414-2063                 |
| 7/11, 13 & 18, 20 | <a href="#">Fundamentals of Kayaking</a> at Mentor Dept. of Recreation<br>Pool. 6 - 9 PM                                                       |       | <a href="#">Ernie Anderson</a>                           | 440-974-5720                 |
| 7/12              | Club Picnic at <a href="#">Silver Lake</a>                                                                                                     | SK/FW | <a href="#">Dennis Dukeman</a>                           | 330-699-2916                 |
| 7/15-24           | Ottawa River & Beyond (Canada)<br>A play & creeking trip                                                                                       | 27-32 | <a href="#">Jim Murtha</a>                               | 614-282-3293                 |
| 7/22,23,25        | Upper Yough (MD) - Race & Festival Saturday, 6 hr release - <a href="#">Race &amp; Festival Info</a>                                           | 32    | <a href="#">John Kobak</a>                               | 440-871-1758<br>440-554-1383 |
| 7/23, 24          | (4) Lower Yough Intro weekend - permits (PA)                                                                                                   | 23    | <a href="#">Fran Hoven</a>                               | 216-375-3718                 |
| 7/23              | (2) Middle Yough (PA)                                                                                                                          | 12    | <a href="#">Carl Kudrna</a>                              | 440-835-5744                 |
| 7/23              | (1) Upper Cuyahoga Eldon Park to Camp Hi (OH)                                                                                                  | SK/FW | <a href="#">Dennis Plank</a>                             | 216-939-8229                 |
| 7/23,24           | (4) New River (WV)                                                                                                                             | 26    | <a href="#">Cecil Tickamyer</a>                          | 814-234-1062                 |

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VP: Michael Duvall 216-521-0094  
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Treasurer: Pat Guzowski 216-780-5734

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Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to  
Membership Chairman: **John Kobak, 440-871-1758**  
**1649 Allen Dr.**  
**Westlake, OH 44145**

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KHCC WEB PAGE URL: [www.keelhauler.org](http://www.keelhauler.org)

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Please consider writing a trip report or article for the next newsletter! The deadline for the July issue of the newsletter is **6/23/11**. Please remember that articles should be sent to Kelly Miller (Laubaugh) at [peetzaguy@aol.com](mailto:peetzaguy@aol.com) or [peetzaguy@comcast.net](mailto:peetzaguy@comcast.net).

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**Kelly Miller, Editor**  
**1515 Fox Chase Dr.**  
**Sewickley, PA 15143**  
[peetzaguy@aol.com](mailto:peetzaguy@aol.com)  
**June, 2011**



# Keelhauler's Ka-news *July, 2011*



**Next Club Meeting is Tuesday,  
July 12th at 6:00 PM**  
*at Silver Lake near Stow, OH*

**Program:** Paddling & Pot Luck  
Dinner

Be sure to bring your boat and paddle around in the lake, kayaks can try roll practice. Bring your kids and bathing suits for the beach. Come anytime around 6 PM. We will serve the picnic dinner from 7-7:30pm. We can use the lake until about 8:30.

The meeting will be held at dusk. Additionally, there will be our annual race around the island. Try out someone else's boat or windsurfer.

The club will supply hamburgers, hot dogs, condiments, tableware and soft drinks. Members should bring appetizers, salads, vegetables and desserts according to your last name.

A-F - Dessert or Fruit

G-L - Potato/Macaroni Salad

M-S - Salad/vegetable/or baked beans

T-Z - Chips or Appetizer

Food Question? - Call 440-963-7008 or e-mail  
- [Bob Bair](#)

[Map to Silver Lake](#)

All meetings are open to guests.  
Invite a prospective member!

## KHCC Minutes June, 2011

There were no minutes as June was a social meeting!

~~~~~

North Branch of the Potomac May 14/15, 2011 By Cliff Wire

Another fine weekend at the NB was on the way. Attendees were: Chuck McDowell, Dennis Dukeman, Pat Guzowski, Dan & Janice Glomb, & Dave Chapek. Kate Koskoris showed late Saturday for the Sunday Run.

Chuck, Dennis & I spent Friday night at Kobak's Paradise. Dennis & I sleep on the porch. I wake up Sat. morning hearing Dennis getting up and when he realizes I'm awake, he says: "Cliff - don't move - there is a skunk at the end of the porch". I take him at his word at first, but then I realize that I don't smell anything, Dennis is packing and I don't hear anything else, so I start to suspect that all isn't what it seems. I take a chance & look - no skunk. That's one for the wise guy! Watch Dennis when you next paddle with him.

Off we go the back way to the takeout. We have a map supplied by John Kobak and Dennis to navigate as he car pooled with Chuck. We head past the put-in for the UYough and continue on to 219. We see Perkins & stop for breakfast and continue on. This brings us in the back way to the takeout. You come down the hill on 135. An extremely long hill that was fogged in at the top which made things interesting. The fog had lifted by the time we arrived at the bottom.

Everyone met up at the takeout to set shuttle and away we go for a fun day on the river. There was a down tree blocking most of the river right on rapid after the 2nd bridge abutment. It blocked most of the route leaving about 10ft of

clearance in what is normally a 20-30ft path. It was easy enough to miss, but the water tended to push you towards the tree. We got through without any issues and continued on enjoying the surf holes. At the lunch spot we all take turns at the surf hole. The river was empty and the line short. Only one other party was there that day. Further on down the river, Janice & Dennis are playing probe at the rock garden and after they get through, Dennis flips and loses his roll. He swims & successfully self rescues. Claims he has no idea what happened. Must have been paddle snakes.

At the Takeout we are discussing dinner option & run into Ed Avangilista who advises us on an Italian restaurant in Keyser. I can't recall the name, but it is on 46. You place your order at the counter and find a seat. We watch the plates come out for those ahead of us and you watch the eyeballs grow! The dishes are HUGE. There is enough for 3 in each order. But the food is good and the prices very reasonable.

We get back to camp to enjoy the rest of the evening, and as it starts to get dark, it also rains. Dave & Pat had set up a tarp, but it was no match for the weather, so we call it a night and head for our tents.

Kate arrives in the AM having spent the night at the takeout. Unfortunately Dennis is feeling under the weather and is sitting the day out. That did help solve the shuttle problem. No cars left at the putin. Right out of the gate at the warm up wave, Dave decides to swim for reasons unknown. Said he wanted to make Dennis feel a bit better by joining the swim team. Way to cover. ☺

The rest of the day went well with the exception of Janice deciding to join the swim team. The tree was even more in play sticking further into the river from the right bank but was still avoidable. The rest of the day went well even though the sun never came out.

~~~~~

## Latest News on the Cuyahoga

By Dave Hill

There have been a lot of news articles and developments surrounding the Cuyahoga River, so here is a rundown of what's been happening in our backyard.

First off, the heavy rains in February and March allowed some of us to log many runs in early 2011. The flow was consistent for several weeks and I observed levels well above 4000 cfs. The heavy flows really changed the Lower Gorge as old features have disappeared and new spots have been created. The ledge in front of Matt's Pin Spot has moved about 8 feet upstream and there was a brief time when the left side was open, but there is new wood present now. As

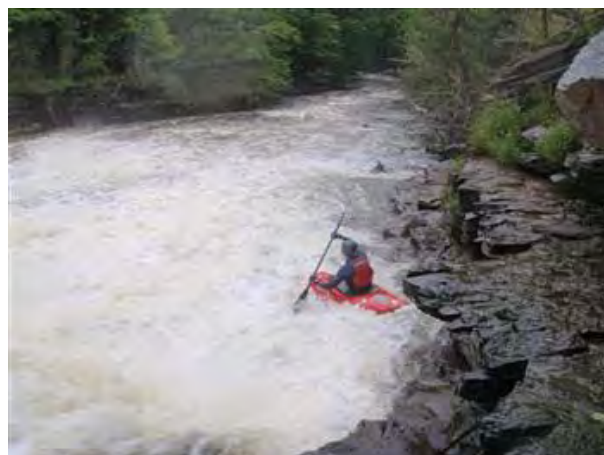
always wood will come and go in the Gorge so keep alert if you paddle there until we can get it cleaned up.

In hindsight the intense soccer games in Canton (Thanks Dan) kept the skills sharp over the winter and allowed us to take advantage of what Mother Nature was serving up! We had some first-time individuals join us for some local fun. They were new to the Cuyahoga but not new to paddling. Below are 2 strong paddlers who were smiling all day long, except when Harry told them (kiddingly) that we were running the falls at 1500 cfs!



Dan and Tommy Piros getting ready for their run.

Thanks to Corey and Andy, the Wednesday Night Paddling tradition started last year by Jon J. continued in 2011. When we had acceptable levels, we were also able to get some others on their first run of the falls below the Ohio Edison dam. Even with the 20+ onlookers at the deck, everyone had great lines.



Enrique on his PFD of the falls at ~800 cfs.

In celebration of River Day 2011 we decided to mix things up a bit. The warm weather combined with 1200 cfs may have sparked the adventurous side of one paddler! Or maybe it was the comments from the mayor about "rafting" on the Cuyahoga. Either way, we now know that a shredder can definitely run the Lower Gorge section. Mr. Mayor we have your guide should you so desire to paddle the Cuyahoga.



**Shawn shredding the RR side of the island!**



**Corey at Rookie Drop**

While we have been actively paddling the Cuyahoga, there are 2 important issues brewing that will have a definite impact on this river. Some of you may have seen the articles discussing the potential removal of 2 dams in Cuyahoga Falls. If not here is a link to the recent article in the Akron Beacon Journal <http://www.ohio.com/news/falls-studies-removing-two-dams-1.215637>

The removal of these 2 dams will definitely open up some new (and potentially intense) whitewater in our backyard. I have seen some data from the sediment study which confirms that both dams are built on an existing ledge so there should be drops at each dam site after they have been removed. As shown in Figure 47 on page 84 of the sediment study [http://etd.ohiolink.edu/view.cgi?acc\\_num=akron1279299769](http://etd.ohiolink.edu/view.cgi?acc_num=akron1279299769) there will also be some features between the Route 8 overpass and the LaFever dam. It is being stated that these dams may be down within 2 years, but we will have to wait and see. Now that summer time low flows are the norm, we will have to be content running the existing drops during the Wed Night sessions.

In addition to these 2 dams, the Ohio Edison dam has also been in the news <http://www.ohio.com/news/epa-to-collect-samples-of-cuyahoga-sediments-1.199690>. This article discusses how additional sediment sampling will be needed to assess the potential impact and better understand the level of clean up (and cost) that will be required for this project. Obviously due to the magnitude of this project, I may be retired before this monster is removed so I guess we just have to be happy running the lower drop until then.

~~~~~  
Remember that our trip schedule continually evolves throughout the year and is updated on our web page.

See the [2011 Trip Schedule](#)

If you have a trip to add or change, please E-Mail [John Kobak - Webmaster](#) or call at 440-871-1758

~~~~~

| July              |                                                                                                      |       |                                 |                              |
|-------------------|------------------------------------------------------------------------------------------------------|-------|---------------------------------|------------------------------|
| 7/1,2,4           | Upper Yough (MD)                                                                                     | 32    | <a href="#">John Kobak</a>      | 440-871-1758<br>440-554-1383 |
| 7/2,3,4           | (4)Savage(7/3) & Asci (MD) or Lower Yough (PA)                                                       | 23    | <a href="#">Brent Hendren</a>   | 330-414-2063                 |
| 7/08              | Upper Yough (MD)<br>There is a Saturday release but no organizer                                     | 32    | <a href="#">Jim Hunt</a>        | 330-335-5203                 |
| 7/11, 13 & 18, 20 | <a href="#">Fundamentals of Kayaking</a> at Mentor Dept. of Recreation Pool. 6 - 9 PM                |       | <a href="#">Ernie Anderson</a>  | 440-974-5720                 |
| 7/12              | Club Picnic at <a href="#">Silver Lake</a>                                                           | SK/FW | <a href="#">Dennis Dukeman</a>  | 330-699-2916                 |
| 7/15-24           | Ottawa River & Beyond (Canada)<br>A play & creeking trip                                             | 27-32 | <a href="#">Jim Murtha</a>      | 614-282-3293                 |
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Please remember that articles should be sent to Kelly Miller (Laubaugh) at [peetzaguy@aol.com](mailto:peetzaguy@aol.com) or [peetzaguy@comcast.net](mailto:peetzaguy@comcast.net).

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**July, 2011**



# Keelhauler's Ka-news *August, 2011*



## August Keelhaulers Picnic at the Yough By Cliff Wire

The 2<sup>nd</sup> annual Keelhaulers picnic at the Yough will be held Sat. Aug. 20 at Tall Oaks campground. We are at sites T14/T15/T16 under Keelhaulers/Cliff Wire. Rates are \$11/night. There is a \$4.00 guest fee for those not spending the night (I checked with Benner's and they have the same deal w/o a pavilion). There will be something for everyone of every skill level on the water. Upper Yough for the daring, Lower Yough for the mid range paddler, Middle Yough for the beginners, Yough Lake for sea kayaking. Saturday has the Ohiopyle Falls Festival & Race - Barry Adams 412-242-4562.

For those not inclined get wet, there are bike & hike trails. And while unlikely but with Mother Nature willing, the Cheat, Sandy, and other natural flow water.

On Thurs. the 18, is Slacker/Skip Work Day and will include a paddle Friday for any guys wishing to boat while the ladies paddle together led by Pat Guzowski [rkvr1@yahoo.com](mailto:rkvr1@yahoo.com) 216.780.5734.

Friday the 19<sup>th</sup> is Ladies at Lower Yough Day led by Sherie Sanzenbacher [ssanzenbacher@windstream.net](mailto:ssanzenbacher@windstream.net) 440.298.1293.

The club will supply hamburgers, hot dogs, condiments, tableware and soft drinks. Members should bring appetizers, salads, vegetables and desserts according to your last name:

A-F - Potato/Macaroni Salad

G-L - Salad/vegetable/or baked beans

M-S - Chips or Appetizer

T-Z - Dessert or Fruit

[Karl Nelson](#) . . . 330-497-2483 is the Lower Yough trip organizer for Saturday & Sunday

[Gene Baker](#) . . . 440-320-4490 is the Middle Yough trip organizer for Saturday & Sunday

Saturday - [Ohiopyle Falls Festival](#) & Race [Contact Barry Adams](#). . . 412-242-4562 for more information.

[Terry Markoff or Sabine Iben](#) . . . 440-543-4969 are the Family Weekend organizers for Saturday & Sunday, bring the kids.

More details to follow on our Message Board.

Meeting/Dinner Questions? - Call 440-669-7177

or e-mail - [Cliff Wire](#)

See you there!

## KHCC Minutes July, 2011

There were no minutes from this meeting. It was another social meeting!

## Proposed Industrial Landfill along the Little Sandy / Big Sandy by Jim Hunt

On June 30<sup>th</sup> I attended an informational meeting conducted by the Friends of the Cheat about a proposed landfill at the confluence of the Little Sandy and the Big Sandy. It was attended by about 300 people including a Preston County commissioner and several other local elected officials. There were also TV crews from Morgantown and newspapers there. For more information, see the Friends of the Cheat website.

CCS Corporation has applied to the Preston County Solid Waste Authority for a permit to build a 120 acre landfill about 20 feet deep on the site. The corners are within 500 feet of both the Little Sandy and Big Sandy. This landfill is being built to take solid waste from the Marcellus wells being drilled in OH, PA, WV, and VA. It will have a 25 year life and then be closed and left un-monitored.

They expect to be accepting solid wastes containing: drill cuttings, drill mud, benzene, toluene, barium, kerosene, diesel, radionuclides.

The main concerns were: a breach of the liner, hazardous dust, truck traffic and the impact on the watershed that is finally clean enough to support trout after 10 years of effort by FOC and millions of dollars spent.

It appears that there is little economic impact for Preston County from this facility. Just a few jobs and some tipping fees but no big money. What Preston County gets is a lot of risk to the aquifer, surface water, and air with no bond posted or any way to clean it up if an accident occurs.

There will be no help coming from Charleston or the Department of Environmental Protection. The county commissioners cannot stop it either but are involved. Only the Preston County Solid Waste Authority can stop this landfill by denying the permit. They appear to be delaying the project while they do their homework and are

accepting questions and input from all concerned parties. Note that the members of this group are ordinary citizens and not professional politicians – so be nice to them.

What can you do? Write the Preston County Solid Waste Authority and tell them how important a clean Sandy watershed is to recreation and tourism. Tell them putting a waste facility at the confluence of two clean streams on top of a hill is a bad idea.

Preston County Solid Waste Authority

c/o Mr. Fred Taylor

118 Lick Run Rd.

Newburg, WV 26410

## Middle Fork of the Salmon 2011, Part 1

By Pam Poljak

In August last year, as I was browsing the Keelhauler's Message Board, I saw Jamie and Hap's post for a 6-day trip on the Middle Fork of the Salmon. They had done this trip twice before, and enjoyed it so much they made arrangements with Brad Frei, of Adventure Sun Valley in Idaho, for a group of 20 of their friends to paddle the river. It had been five years since our last Grand Canyon trip, and I was ready for an adventure. I pretty much told Mark that we were going—although I didn't have to twist his arm too much—and I put our deposit in the mail that day.

We decided to make a road trip of it and planned to spend several weeks exploring Idaho, Wyoming and South Dakota before and after the river trip. The trip was great, although, the weather could have been better. We left for Idaho Saturday morning (June 4th). Mark didn't get everything finished on our new van, but Saturday was the drop dead date, so we left any way.

The first night, we stopped in southeastern Minnesota at the Great River Bluffs State Park just after crossing over the Mississippi River. I didn't realize how pretty southwestern Wisconsin and southern Minnesota are. Just after you cross the Mississippi, there are forested, craggy mountains that rise up away from the river. The State Park overlooks the river from at least a hundred feet up. The Mississippi was very full, with water up into the trees along its banks.



Great River Bluffs State Park Overlook, Minnesota

The next day, we drove about 7 hours to get to the Badlands Loop trail in South Dakota. We crossed the Missouri River on our way, which was also well up into the trees along the shore. The river was

expected to crest in Pierre, SD north of I-90, that day bringing serious flooding to the area.

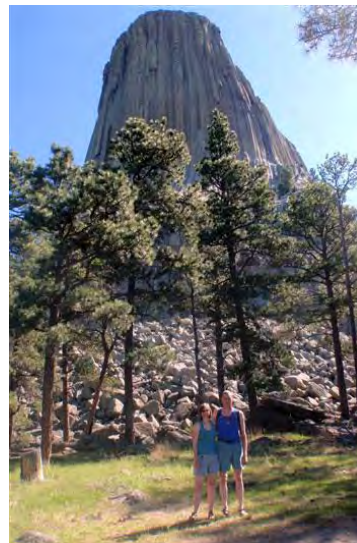
We drove the forty-mile Bad Lands loop that takes you off the interstate through some remarkable scenery. We did a short hike, but were both rather tired from driving, so we elected to drive the rest of the loop and forgo further hiking. We saw mountain goats and prairie dogs along the drive. The prairie dogs were quite entertaining: popping up and down from their burrows, and chirping to each other constantly.



Badlands, South Dakota

We continued on to Devil's Tower Monument in Wyoming, and camped at the foot of the formation that night. It was really cool to wake up to the sight of this huge rocky pinnacle right in our "back yard." We did a short hike around the base of Devil's tower in the morning and then continued on. We made it to Butte, Montana that night.

Devils Tower Monument, Wyoming



The next morning we left the highway, shortly before entering Idaho, to make our way southwest to the town of Stanley.

So, there we were, driving on this secondary road, with mountains beginning to rise up around us. I'm "oohing" and "awing" since the countryside is so beautiful, when we come into a small town, and suddenly, there's a herd of cattle coming down the road at us! It turns out that it was an honest-to-god cattle drive, complete with cowboys on horses and Border Collies herding the cattle. So I felt a little foolish and quite the tourist, but I grabbed the camera and began to take pictures. The cowboys rode by grinning at me, as the cows thundered around our van, with dogs yapping and nipping at the heels of stragglers. Video would have captured the sounds and energy of it much better, but I didn't think of that until it was all over.

We finally arrived in Stanley later that afternoon, where we were to meet everyone for the Middle Fork trip. Everyone else arrived later that the day. The trip participants included a mixture of Keelhaulers and TRPCers: Ross (Hap) and Jamie (Mrs. Happy) Brinkerhoff, me and Mark, Jackie and Alan Blackwood, Jenifer Wiles, Gary McCormick, Laurie Haugh and Emily Casto, Kent, Ellie and Zach Reigel, Sally Reigel, Kent Noble, Sue Lan Ma, Cliff Wire, Mark Pavkovich, Dave Mueller, Tim Reynolds and Gavin Crain.



**Montana Cattle Drive**

Once everyone was there, Brad Frei, the owner of Adventure Sun Valley, handed out dry bags that would hold, and hopefully keep dry, our sleeping bags, clothing and whatever else we thought necessary to bring along on the trip. We then went our separate ways until later that evening. When we reconvened, Brad drove us up to the Red Fish Lake Lodge for dinner, which sits by a clear blue lake high up on a mountain. It was just spectacular. It is said that the lake got its name when it would run red from the salmon who returned there every year to spawn. Sadly, the lake no longer turns red as dams now prevent the salmon from returning.

Brad has an interesting history. He grew up in Idaho and started guiding whitewater raft trips in the 1990's. During that timeframe, he was also an Air Force pilot, flying F-15 fighter aircraft, for a NATO command squadron during the first Gulf War. After leaving the Air Force, he flew corporate jets and also did some bush piloting. He now owns and operates Adventure Sun Valley full time and continues to fly businessmen and celebrities around the world, in the off-season.



Adventure Sun Valley offers a full-service, pampered camping experience, complete with great food, hot showers, and a crew that takes care of all camping chores. This left us plenty of free time to hike, take a nap, read a book, or do whatever we wanted to do. The food on the trip was really good and they baked desserts in a Dutch oven every night. The nicest thing about it was that the outfitter and his guides did all the cooking and cleaning. They often even had the tents set up by the time we arrived at camp. We had a campfire every evening and also in the morning when we got up.

The river level was quite high, and the road to the normal put-in was still snowed in, so Brad elected to fly us in by six-seater bush planes, to the Indian Creek put-in about 25 miles downstream. Our boats were flown to the launch site the evening before our launch date, where Brad's crew was already there, rigging the rafts and preparing for the trip. It's probably too small to see in this copy of the photo, but there's small speck in the clouds, left of center, that is the plane carrying our boats off to the put-in.

The launch day started out very foggy, but by mid-morning it was sunny and beautiful, although still somewhat cool. They loaded twelve of us, and our gear, into two planes and we took off for Indian Creek. Mark, who once had his pilot's license, was a little bit

disconcerted by the seemingly cavalier loading of the planes, but we all arrived safely at the put-in. We were greeted by the boatmen, while one of the planes went back to collect the remaining members of the group.



**Stanley, Idaho—Our Boats Being Flown to the Put-in**

Once we got it all together, we put on the river. The water is bitterly cold, as it comes from snowmelt off the mountains. Dry tops and pants or a dry suit and pogies or gloves are requirements in my opinion. The first day was relatively warm and partially sunny. We only paddled for a couple of hours, as the river was very high and moved very fast. Our first campsite was spacious and lovely. Some of the group decided to hike to the top of one of the mountains at our back, while others hiked along the river, and some decided to just sit down and relax.

Mark and I elected to hike along the river for an hour or so. It was nice and we were able to scout one of the bigger rapids we'd be paddling the next day. We had hot showers at camp that night, a great dinner, and eventually drifted off to bed. The outfitter provided large tents, with cots, sleeping mats, pillows and sleeping bags. That night, the temperature unexpectedly dropped into the thirties and it was raining pretty steadily when we woke up the next morning. I, who am always throwing off the covers when I get too hot at night, was scrambling to find long johns, socks, my hat—anything to put on to keep me warm. The next morning, I just put on my warm paddling gear and my dry top and pants, to keep me dry. We took our time getting going and eventually the rain stopped and it warmed up a bit.

We had a little trouble at the first big rapid of the day. There was a huge log creating a serious hazard on river right, so everyone went left, but this meant negotiating some big waves and seriously squirrely eddy lines. Some people pulled into a large eddy on the left, and then had trouble getting out of it. Jamie got caught on one of the eddy lines and couldn't get a roll off. She eventually swam. I was nearby, so I started to go to help when I heard Brad calling for me to back off as he was in position to get her into his cataraft. We got tangled up briefly as my paddle was caught between Jamie's arms as she grabbed onto a strap tied to Brad's boat. I ended up flipping on another eddy line, but managed to roll after my second try.

Meanwhile, everyone except Jenny had managed to get out of the big eddy upstream. There she was—all alone. I was too far away to see her face, but I don't think she was too happy about this. After several failed attempts to get across the eddy fence, she elected to get out of her boat on shore, and haul it up the mountainside with the help of Kent Reigel, who had pulled out just below. It took some time, but eventually, they got her boat back down to the river. At that point,

Jenny put her boat on one of the rafts and elected to ride the raft for the rest of the trip.



**A View of the Mountains**

The water was very big and very pushy. We started out with 15 or 16 people in kayaks, and ended up with 9 finally kayaking the entire river. Some knew from the beginning that they would only be paddling the first day or two due to the high water. Others made the decision to climb in the raft after paddling on the pushy, bitterly cold water. Mark Pavkovich left his open boat behind when it became clear that the logistics of flying his canoe in were tricky, at best. I think he was glad of his decision.

It was a smart move for those who felt marginal to get into the rafts, because rescue was difficult on the river. It moved so fast, and it was dangerous to go near the river banks because the water was up in the trees. Brad served as our guide through the rapids and also as the safety boat. He rowed a cataraft, which was very maneuverable, and he was able to pick up people and their boats in the middle of the river, with help from us kayaker's, in the event of a swim. But the risk of losing gear, or worse, was very real.

That night, we camped at a spot that was near a hot spring. It was about a 2-mile walk to get there, but it was well worth it. On the Middle Fork, you are not supposed to bathe in or near the river (just the opposite from the Grand Canyon rules). Instead, you must bathe above the high water mark. When we hiked to the hot spring, we took along a 5-gallon bucket, cups, soap and towels. We filled the bucket with hot water from the spring and were able to enjoy a "hot bath," above the spring's water line. A number of us hiked there before dinner, and I understand a few did a moonlight trek to the hot springs later that night.

I think it was on the third day, just upstream of a big rapid, in one of the few places where there actually were eddys, that Alan was endered by a hole or squirrely eddy line. He rolled up and was immediately flipped again at which point he ended up swimming. Fortunately, Mark was nearby and managed to pull Alan into an eddy right away where he climbed into one of the rafts. Cliff, Dave and I herded the boat to Brad who pulled it into his cataraft. I suspect that that was the point when Alan decided to ride a raft for the rest of the trip.

Because the water was so powerful, and eddy space was limited, we kayakers usually tried to stop upstream of camp to give the rafts time to get stabilized before we came down and pulled out below them. The water was moving so fast, even near shore, that the risk of getting pushed under a raft was very real if you pulled out upstream of it.

On this day, we were strung out in some of the few eddys upstream. When it was my turn, I started down, noting that Mark and Jackie were in an eddy just below me. This was a fairly flat section, so I wasn't paying real close attention. Suddenly, I realize there's a pretty big hole coming up. I tried to paddle left of it, but caught the edge and flipped. Fortunately, I blew through the hole and rolled up below. I looked over afterwards, and Mark and Jackie were still chattering away, completely oblivious of my close encounter with the hole—Hmmp.

In the mean time, Gavin, having seen me flip, peeled out to come and help if I needed it. Instead, he dropped squarely into the hole and was surfed for a while before he was flipped, washed out and rolled up. So, I'm out on shore by now, and I hear a shout and I look upstream. There's Gary, swimming hard for the eddy. Apparently, he was dumped out of the raft he was riding in by the sneaker hole. Mark was about to peel out to go and help him when the raft got between them. No way do you want to tangle with a fully loaded raft. Fortunately, Gary is a good swimmer, and he managed to get into the camp eddy without getting swept under a raft or getting swept on downstream.

This camp was to be the site for a layover day. Layover days are unusual on Middle Fork trips, but since we cut off some river miles by putting in at Indian Creek, and the river was moving so fast, we had time to stop. Unfortunately, Hap had started feeling sick early in the trip and felt so bad by the 3<sup>rd</sup> day that he chose to ride in the raft. When we reached the layover campsite, he basically quarantined himself in his tent with flu-like symptoms. Eventually, Jamie started feeling lousy too, and ended up so hoarse, she could barely talk. I understand that they both ended up with bronchitis. Sadly, they were both feeling too ill to enjoy the cake that the guides made, especially for them, one night to celebrate their 3<sup>rd</sup> anniversary.



**Sitting Around the Campfire—Layover Campsite**

On the layover day, most of us did some hiking. Some hiked along the creek we were camped by. Others hiked up the mountain, all the way to the snow pack at about 9000 ft. or so. Mark and I hiked up the mountain, but not all the way to the snow pack. The mountains along the Middle Fork are very steep, kind of like inverted cones. It was a strenuous hike, with steep trails of loose, small stone. They mostly went straight up or straight down. There were some switchbacks, but even those were mostly on an incline. It was amazingly beautiful. We took some photos, but our camera battery was low (someone forgot to plug it in to charge at the motel). We also took some video using our Kodak Watersport camera. Honestly, photos don't really do it justice anyway (that's my story and I'm sticking to it!). There was little time to take pictures while on the river either. This was very much a "hands on the paddle, inside your goggles at all times," kind of run due to the high water.



**Layover Day Hike—Steep Trail**

Jacob, one of the boatmen, found a Bullsnake that afternoon, and several of us took turns letting it crawl all over us. It wasn't until afterwards that Jacob said, "Be sure to wash your hands, as they sometimes carry Salmonella bacteria." Crap! I might have resisted the urge to let it roam so freely over me if I'd know that sooner. That evening, Sue regaled the ladies on the trip with stories of her "kayaking" adventures in Costa Rica and elsewhere. Sue surely has some remarkable stories to tell—I'm just saying...

Day five saw us back on the river, with some of the biggest rapids yet before us. We stopped briefly at the Flying B Ranch, which is accessible only by airplane, hiking or horseback. The ranch had ice cream and souvenirs for purchase, but I chose not to partake of anything. I guess I was a bit nervous about the upcoming rapids.



**Layover Day Hike—High in the Mountains**

Now, I didn't do much reading about the river before paddling it. Hap had talked about how big the river got at high water, especially through the Impassable Canyon section, and he was interested to hear how it compared to the Grand Canyon. Well, I have to say, it was HUGE! We paddled the river at 6.6 ft, which was the highest that Brad, our guide, had ever run it in his 14 years of owning the business. Some of the trickier rapids, like Rubber, were washed out a bit according to Brad, so they were somewhat easier technically, but there were still really huge waves and lots of reactionary currents going on. The character of the Middle Fork is different from the Colorado in the Grand Canyon, so in some ways, it's hard to compare them, but at this level, I think that some of the Middle Fork rapids may have been even bigger than the biggest on the Grand Canyon, at the levels I've run it. All I can say is WHEW! It was fast, big, continuous and pushy—no pool, drop—just a continuous slide with huge rapids and squirrely eddy currents.



**Layover Day Hike—Heading Back**



**Bullsnake**

But back to day 5: I really didn't know quite what to expect from the Impassable Canyon rapids. They proved to be some of the biggest waves and holes I've ever seen. I was launched clear of the water off one of the waves in Weber rapid. Cliff said later, that he'd never seen anyone fly so high. Jackie took a long swim somewhere in the middle of the rapid. Cliff was nearby and able to rescue her and Mark managed to get her boat to Brad and the cataraft. I pulled off to the side briefly, to get my bearings, and soon found myself well behind the other kayakers. Then I passed Tim, who had pulled over as well. We found ourselves back with the two rafts rowing sweep. We finally caught up with the rest of the kayakers, who were waiting in eddys upstream of our final campsite. Brad was onshore waving us down into very small eddys below, where Mark and a few others waited to grab us as we came in.

Dinner, on the last night, was a Mexican feast with chips and salsa, Margaritas, fajitas, rice, and refried beans—Yum. There were no hot showers that night. Brad said that we were running short of propane, but I suspect he was just tired and wanted a break.

Our last day on the river started off cool and drizzly. After a delicious breakfast, we packed up and launched off. We still had some really

## July 9<sup>th</sup> Headwaters Adventure Race

By Cliff Wire

big rapids before us, Rubber being one of them. This rapid is normally quite difficult, especially for the rafts. It's big and pushy, and requires maneuvering. At this level, though, it was actually not quite so difficult for the rafts, but it was really big.

The rafts usually were either well in front of us or well behind us. But in one of the rapids, the boatman, Andy, got slowed down by an eddy line. I had to back off quickly to avoid him. I managed to paddle off to his right, but Jackie, who was behind me, got tangled up with his raft. Alan, her husband, and Jenny, her good friend, were in Andy's raft, and could only watch helplessly, as her boat went partially under the raft for a few seconds. She tried to roll, but the raft was in the way and she ended up swimming. Dave was able to get to her, and began towing her to the side. She told me later that at one point, she look downstream and saw a humongous hole coming up. She yelled to Dave, who suddenly turned on his afterburners, and managed to squeak them around the hole. I think that Alan and Jenny were able to grab her boat and pull it into the raft. After we regrouped below the rapid, she got back into her boat and finished out the river in her kayak.

On the final day of the trip, we paddled a short section of the Salmon River. The volumetric flow was considerably more on the main Salmon than the Middle Fork, but after the constricted craziness of the Impassable Canyon, the main Salmon was a piece of cake. The outfitter had a nice lunch waiting for us at the take out. After lunch, we settled in for a 4-1/2 hour bus ride back to Stanley.



The Boatmen, Jacob, Willie, Andy and Eli, Hard at Work as Usual

Everyone, except Tim, stayed overnight at the motel once we got back to Stanley. Mark, Jenny, Jackie, Alan, Gary and I had a great dinner at a small restaurant in town. The next morning, those flying out headed back to Boise. Kent, Mark Pavkovich and Gary, who drove out, took off soon after. Mark and I took some time to do some laundry, get groceries and do a little shopping before heading off for Craters of the Moon National Monument & Preserve.

So this was more like a snapshot of the 6-day river trip, than a comprehensive description. There are lots more stories to tell. If you talked with any of the others on the trip, you'd get a completely different perspective. All in all, it was a wonderful experience and I'd recommend to all of my friends.

To be continued in the September issue...

Three Keelhaulers participated in the 3<sup>rd</sup> Annual Headwaters Adventure Race. The 1<sup>st</sup> race in an annual series of 3 races. The other two being:

The 3<sup>rd</sup> Annual Black Squirrel Adventure Triathlon on Aug. 06 in downtown Kent. 330.673.8897 [www.kentparksandrec.com](http://www.kentparksandrec.com)

The 4<sup>th</sup> Annual Brady's Leap Adventure Race on Oct. 22 in KSU & surrounding areas. 330.672.2803 [www.kent.edu/recservices](http://www.kent.edu/recservices)

The Keelhaulers and their ratings were:

Overall Rank, Time, Bib, Name, Gender, Age group

8 1:47:04 1 Skip Brunner M 60+

9 1:47:10 57 Randall McFarland M 50-59

82 2:12:17 86 Cliff Wire M 40-49

There were 131 total entrants.

The Keelhaulers club was also a sponsor of the race. As a result, our logo & name are on the T-shirts given to each participant increasing our local awareness. The when asked by Ms Craycroft about sponsoring the race, we saw a wonderful publicity opportunity. Our logo will also be posted on the Portage Park District web site.

**Remember that our trip schedule continually evolves throughout the year and is updated on our web page.**

See the [2011 Trip Schedule](#)

If you have a trip to add or change, please E-Mail

[John Kobak - Webmaster](#) or call at 440-871-1758

*There is No Rushing a River.....*

*"...When you go there*

*You go at the pace of the water.*

*And that pace ties you into a flow*

*That is older than life on this planet.*

*Acceptance of this pace,*

*Even for a day,*

*Changes us,*

*Reminds us of other rhythms*

*Beyond the sound of our own heartbeat."*

*~Jeff Rennie*

| August    |                                                                                  |       |                                                              |                                |
|-----------|----------------------------------------------------------------------------------|-------|--------------------------------------------------------------|--------------------------------|
| 8/5,6 & 8 | Upper Yough (MD) - Friendsville Days - Fri 6:00-10:00 PM, Sat 12-10 PM           | 32    | <a href="#">Doug Smith</a>                                   | 419-823-1423                   |
| 8/5, 6    | (4)TRPC <a href="#">Turkey Bash</a> at Yough                                     | 23    | <a href="#">Joe Marks</a>                                    | 216-281-1517<br>216-533-0604 C |
| 8/13, 14  | (5) New River Gorge or Lower Gauley (WV)<br><a href="#">Here are the details</a> | 27    | <a href="#">Joe Marks</a>                                    | 216-281-1517<br>216-533-0604 C |
| 8/18      | (4) Lower Yough - Skip Work Day (PA)                                             | 23    | <a href="#">Pat Guzowski</a>                                 | 216-780-5734                   |
| 8/19      | (4) Lower Yough - Ladies Only Day (PA)                                           | 23    | <a href="#">Sherie Sanzenbacher</a>                          | 440-298-1293                   |
| 8/20, 21  | Family Weekend on the Cheat or Yough (WV)(PA)                                    | FW    | <a href="#">Terry Markoff</a><br><a href="#">Sabine Iben</a> | 440-543-4969                   |
| 8/20, 21  | (4) Lower Yough - permits available (PA) Call before Thursday at noon.           | 23    | <a href="#">Karl Nelson</a>                                  | 330-497-2483                   |
| 8/20,21   | (2) Middle Yough (PA)                                                            | 12/SK | <a href="#">Eugene Baker</a>                                 | 440-320-4490                   |
| 8/20      | Club Meeting at ?TBA?                                                            |       | <a href="#">Dennis Dukeman</a>                               | 330-699-2916                   |
| 8/20      | <a href="#">Ohiopyle Falls Festival</a> & Race (PA)                              |       | <a href="#">Barry Adams</a>                                  | 412-242-4562                   |
| 8/26,27   | Upper Yough (MD)                                                                 | 32    | <a href="#">John Kobak</a>                                   | 440-871-1758<br>440-554-1383   |



*Supporting Portage Parks, for Generations to Come*

July 11, 2011

Cliff Wire

Keelhaulers Canoe Club

Dear Mr. Wire,

Thank you for your sponsorship of \$100 for the Headwaters Adventure Race on July 9, 2011!

Thanks to you and our other sponsors, the event raised \$6,000 to support the work of the Portage Park District for conserving land and water, and providing healthy recreation opportunities. We have included Keelhauler's Canoe Club logo on the race T-shirt, in post race press releases and soon to be posted on our website and as an acknowledgement of your sponsorship. We hope you had a great time and are planning on attending again next year.

With sincere appreciation,

Christine Craycroft  
705 Oakwood St.  
Suite G-4  
Ravenna, Ohio 44266  
(330) 297-7728 phone  
[www.portageparkdistrict.org](http://www.portageparkdistrict.org)

## 2011 Club Officers

|            |                |              |
|------------|----------------|--------------|
| President: | Cliff Wire     | 440-439-6541 |
| VP:        | Michael Duvall | 216-521-0094 |
| Secretary: | Joe Marks      | 216-281-1517 |
| Treasurer: | Pat Guzowski   | 216-780-5734 |

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month  
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to  
Membership Chairman: **John Kobak, 440-871-1758**  
**1649 Allen Dr.**  
**Westlake, OH 44145**

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.  
KHCC WEB PAGE URL: [www.keelhauler.org](http://www.keelhauler.org)

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Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Call or mail before the last Saturday of each month. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

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Please consider writing a trip report or article for the next newsletter! The deadline for the September issue of the newsletter is **8/19/11**.  
Please remember that articles should be sent to Kelly Miller (Laubaugh) at [peetzaguy@aol.com](mailto:peetzaguy@aol.com) or [peetzaguy@comcast.net](mailto:peetzaguy@comcast.net).

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[peetzaguy@aol.com](mailto:peetzaguy@aol.com)  
**August, 2011**



# Keelhauler's Ka-news September, 2011



## Next Club Meeting Tuesday, September 13th

Doors open at 7:00 PM, Meeting at 7:45 PM

*at Middleburg Hts Community Center  
16000 E. Bagley Rd*

**Program:** Cliff Wire will give a presentation on the Middle Fork of the Salmon trip outfitted by Adventure Sun Valley and organized by Ross Brinkerhoff (Happy) in early June of this year. They had record high water levels and the group of 20 paddlers from Keel-Haulers and TRPC had their hands full. The first part of the same trip by Pam Poljak was in our [August Newsletter](#).

[Map to Middleburg Hts  
Meeting](#)

All meetings are open to guests.  
Invite a prospective member!

## It's that time again.....

All club memberships expire on October 1st. As soon as you can, please mail a \$20 check for your **2012** membership dues.

To:  
Keel Haulers Canoe Club  
1649 Allen Dr  
Westlake, OH 44145-2506

Or pay \$21 using Paypal. Use this link to pay:  
<http://keelhauler.org/khcc/PaypalPay.htm>

You can review your current membership listing, using this link:  
<http://keelhauler.org/khcc/members.htm>

User Name: "dir" and the current 2011 password found on pg 20 of our 2011 yearbook or see passwords sent out in our monthly e-mail.

If you need to change any information use this form:  
<http://keelhauler.org/Newregistration.htm>

To renew your membership you do not have to fill out an application, you only need to send your dues payment and any changes to your membership information.

Please encourage any of your non-member paddling friends to join/rejoin the club. The club offers a lot to paddlers of all skill levels at less than the price of a tank of gas to go paddling.

John Kobak

A man of wisdom delights in water.  
~Confucius

## Middle Fork of the Salmon 2011, Part 2

*By Pam Poljak*

The drive through the Sawtooth Mountains on the way to Craters of the Moon was incredible. We stopped several times at pullouts just to admire the view and take some pictures.



**The Sawtooth Mountains, Idaho**

Craters of the Moon was once the site of extensive volcanic activity beginning about 15,000 years ago. Vast volumes of lava issued from long fissures across the Snake River Plain, collectively known as the "Great Rift," leaving extensive lava fields behind. The last eruption occurred only 2,000 years ago, and more activity is possible in the future.

In some areas, it looks much like a slag dump, with extremely rugged, black chunks of rock scattered everywhere. Elsewhere, there are smooth, rope-like lava flows and fine gravel sand-beds. There are large caves and tunnels, formed from lava tubes where the lava flow hardened on the outside while the lava still flowed inside.

There is a nice campground within the park where we camped for one night. It was extremely windy there, but relatively warm.



**Craters of the Moon Campsite**

We spent about a half a day exploring the park the next day, hiking the Broken Top Trail, and exploring the one cave that had lots of skylights throughout. I don't like confined spaces, so this was the only cave that I had any interest in entering.



**Craters of the Moon, Idaho**

It was about a three hour drive from there to the Grand Tetons area, so we left Craters of the Moon in the afternoon. It was a pretty, sunny day—a nice day for driving. We arrived at the Colter Bay campground in the Grand Tetons National Park later that evening. We had just enough time for a quick shower—the showers close at 8:00 pm and cost an addition \$4.00 above the camping fee—and dinner before everything closed up for the night.

The next morning dawned cold and gray. The mountaintops were shrouded in fog and rain or drizzle was predicted for the entire day. We decided to hike out to Hermitage Point, so we pulled out our sweaters and raingear and set off. The hike is about 8.5 miles round trip. It was a pretty hike, but I

had twisted my ankle slightly at Craters of the Moon, so on the way back I was hurting. I was really grateful when we finally reached the parking lot at Colter Bay.



A Cold, Gray Day—Colter Bay, Grand Tetons, Wyoming

We had decided to camp one more night at Colter Bay, so we showered, and ate dinner at the restaurant again. The cold, rain and warnings about bear activity discouraged us from cooking out that night. It got really cold—down to 33 deg F overnight. Our original plan was to camp, and hike, for a couple of days in the Tetons, and then to do the same in Yellowstone. Well, snow was predicted in Yellowstone the next night, and we were just plain tired of being cold so we decided to leave early in the morning, and just do a drive-through of Yellowstone.

We entered Yellowstone through the South Gate, and almost immediately were captivated by a small waterfall. We stopped to take some pictures and video before continuing on.

We stopped several more times before finally arriving at Old Faithful. The next eruption was predicted to occur in about an hour or so, so we took a little time to have a snack and wander around. Mark was taking pictures, and he kept telling me to move to the right a little bit in front of Old Faithful. When I saw the picture, I finally realized why. ☺

Shortly before Old Faithful erupted, another geyser a short distance away went off. It was pretty impressive, even from a distance. The people on the boardwalk near it were probably sprayed with mist from it. When Old Faithful itself erupted, it was a little bit disappointing. It wasn't nearly as powerful as I was expecting it to be, but it was still really cool to actually see it in person.



Steamed

Because of the cold, we'd decided not to camp in Yellowstone, but there are a couple of lodges and numerous cabins at the Old Faithful complex. We considered booking a room for the night, but everything was sold out. We spent another hour or so hiking around the boardwalks before heading to our next stop.



Lodge at Old Faithful, Wyoming

Of course, there were a few intermediate stops along the way, but eventually, we made it to the Grand Canyon of the Yellowstone. We stopped first, to look at the brink of the Upper Falls. We took some video that is quite impressive. We then headed over to the parking area at the brink of the Lower Falls, which is higher than Niagara Falls. We hiked from this parking lot to the next two overlooks that give different views of the Lower Falls. The canyon is quite beautiful, and now, I fully understand how Yellowstone got its name as the rock is varying shades of yellow, with some browns and reds mixed in.

As we were heading toward the East Gate to leave the park, we saw a pull-out for another sulfur spring cauldron. There were a lot of people there, so we decided to stop. We soon realized that few were looking at the spring. Instead, they were focused on the hillside across the road. I looked, and finally saw an elk in the trees. Then I heard someone say



**Boiling Cauldron, Old Faithful Boardwalk, Wyoming**

something about a bear. I kept looking, and finally saw the head of a very large bear up on the hill clearly eating something. We learned that the bear had caught and killed the elk's calf. It was nature in action, but it was still distressing. I've thought about it often, since. It does bring home that it is a wild place, even with all the tourism, the reality of survival of the fittest is not that far off the road.



**The Grand Canyon of the Yellowstone, Wyoming**

We camped that night just east of Cody, Wyoming. This is a delightful tourist town, about an hour east of Yellowstone,

where one can find nightly rodeo exhibitions among other activities. It was at least 15 degrees warmer than Yellowstone since it was about 4000 ft lower in altitude. It was much more pleasant sleeping that night.

The next morning, we spent a couple of hours shopping at a Sierra Trading Post outlet in town, then headed off to Custer, South Dakota where we planned to spend a few days exploring Mt. Rushmore, Crazy Horse and Custer State Park.



**Buffalo in Yellowstone**

We weren't able to find camping within Custer State Park, so we camped just west of the town of Custer at a very nice KOA campground. The next morning, it was a little cool, but not unpleasant. Unfortunately, the forecast was for more rain although it wasn't yet raining when we left for Mt. Rushmore. However, just as we parked, and were preparing to get out, it started to pour. Luckily, we had purchased some new rain pants just the day before at the Sierra Trading Post outlet, so we were prepared with all the foul weather gear we needed. So we suited up with sweaters, raincoats, rain pants and hats and set out to explore. There were people there in shorts and flip flops, but they didn't last too long. Mark and I spent at least three hours touring the site, while we listened to a very interesting and informative audio tour available for \$5.00.

By the time we left Mt. Rushmore, the skies were blue and the sun was shining. There is a scenic drive that passes through Custer State Park that is really cool. There are six one-lane tunnels, roughly hewn through solid granite, along the way. One was so narrow, that we actually folded our mirrors in as we went through. In some places, the road is very narrow, and the switchbacks are severe.

The Needles area is dramatic, with rocky spires projecting skyward. We had hoped to do the Harney's Peak hike that day, but it was too late by the time we finished at Mt. Rushmore. So, we had a picnic at Sylvan Lake as we watched a thunderstorm building in the South.



**One-Lane Tunnel, Custer State Park, South Dakota**

The Needles area is dramatic, with rocky spires projecting skyward. We had hoped to do the Harney's Peak hike that day, but it was too late by the time we finished at Mt. Rushmore. So, we had a picnic at Sylvan Lake as we watched a thunderstorm building in the South.



**The Needles, Custer State Park, South Dakota**



**Sylvan Lake, Custer State Park, South Dakota**

The rain picked up during the night and was steady when we woke up the next morning. The forecast was for more of the same, so we decided to pack it up and head to Hot Springs, South Dakota.

Hot Springs is the home of the Mammoth Site. Quoting from their website, "More than 26,000 years ago, large Columbian and woolly mammoths were trapped and died in a spring-fed pond near what is now the southwest edge of Hot Springs, SD." Interestingly, so far, all of the mammoth remains that have been uncovered have been male. I'm not sure what that



**The Mammoth Site—A Working Museum, South Dakota**

means. Maybe the females were smarter or maybe they pushed the males in. ☺ Anyway, bones near the surface were discovered in 1974 when the property was being excavated for a housing development. The site was preserved and is now a working museum.

Now, visitors can tour the excavation site and see the partially excavated bones in-situ. Excavation and research will continue for years to come. It was a really interesting place, and, a real winner on a rainy day as it was enclosed in a climate-controlled building.

We left Hot Springs in the early afternoon to begin our trek home. Shortly after we got on I-90 east of Rapid City, we were confronted with an ominous wall of dark clouds as a severe thunderstorm approached. Serendipitously, Mark



**Mark, Holding a Mammoth Femur**



**Here's How I Measure Up to a Columbian Mammoth**

noticed a sign touting the South Dakota Air & Space Museum coming up at the next exit. We decided to stop and explore the museum, hoping that the worst of the thunderstorm would pass by before we were done. The museum is located right outside Ellsworth Air Force Base. The base is the home of one of two active B-1 Bomber squadrons in the United States.

In addition, we were able to take a bus tour of Ellsworth AFB, which included going down inside a Minuteman missile silo (previously used for training) complete with missile and deactivated warhead. This is the only Cold War-era missile site open to public tours. Inside, the silo was smaller than I expected, and smelled slightly musty. Hundreds of these silos were scattered across South Dakota and Montana during the Cold War and have since been deactivated.

The weather had cleared somewhat by the time we were finished with the tour, so we got back on the road. Unfortunately, the clearing didn't last too long. Most of the



**B-1 Bomber, South Dakota Air & Space Museum**

drive through South Dakota and Minnesota was plagued with heavy rain and high winds. When we called one campground in South Dakota the owner told us he would love to rent us a site, but they were all under water at the moment. We did finally find a campsite for that night, but it continued to rain and we were battered with high winds all night. Thank goodness we had a van and didn't have to set up a tent.



**Aboveground—Missile Silo, Ellsworth AFB, South Dakota**

On the trip out, we bypassed Chicago, taking a route that added about one hour to the trip, getting back on I-90 at Rockford, IL. On the way back, after stopping in Rockford for dinner, we made the fatal decision to go through Chicago, rather than take the longer bypass. There were ominous clouds both to the south and east, it was later in the evening, and how bad could it be really? Well, lucky for me, Mark was driving, so I only had to be the navigator with the help of our GPS. Mark got to do the white-knuckle driving through construction zones with no pullouts, with rain pelting down, heavy crosswinds, lightning crashing all around, crazy people driving insanely and numerous accidents in both directions. It was an experience. Oddly, just east of the mayhem, there was practically no one on the highway. We stopped at the Indiana Dunes State Park to camp that night and finished the drive home the next morning.

In spite of the weather, it was a fantastic trip. I certainly got my adventure lust sated—for a little while at least. Although...

~~~~~

September				
9/2,3,5	Upper Yough (MD)	32	John Kobak	440-871-1758 440-554-1383
9/1-16	Grand Canyon (AZ) Private KHCC trip - Sold Out	26	Judi Fordyce	440-289-5511
9/3-5	Raquette/Beaver (NY)	27-35	Matt Muir	585-421-9826
9/9 - 11	Upper Gauley (WV) - Camp at Battle Run	33	John Kobak	440-871-1758
9/10, 11	(5) Lower Gauley (WV)	27	Phil & Jen Raber	740-498-7063
9/13	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
9/16-18	Upper Gauley (Festival Weekend) (WV)	27-33	Cliff Wire	440-439-6541
9/16-18	(5) Lower Gauley (WV)	27	Terry Markoff	440-543-4969
9/17, 18	(4) Lower Yough (PA)	16	Dave Roush	440-498-0758
9/17, 18	(2) Middle Yough (PA)	12	Eugene Baker	440-320-4490
9/24, 25	Upper & (5) Lower Gauley (WV)	27-33	Needs organizer	
9/30 & 10/1	Upper Yough Last Saturday Release (MD)	32	Elliott Drysdale	216-496-4182 C
October			Time to Pay Dues	
10/1	Bike Cuyahoga Valley National Park Towpath Trail, (OH)		Dennis Plank	216-939-8229
10/1, 2	Upper & (5) Lower Gauley (WV)	27-33	Bill Miller	440-257-2970
10/8, 9	Upper & (5) Lower Gauley (WV)	27-33	Dave Herron	513-681-4075
10/11	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
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10/22,23	Russell Fork Fest paddle above Breaks (WV)	26	Cecil Tickamyer	814-234-1062
November			Pay Dues	
11/5	(3) Slippery Rock (PA)	13-19	Pat Guzowski??	216-780-5734
11/8	Club Monthly Meeting at Middleburg Hts		Dennis Dukeman	330-699-2916
11/??	KH Roll Session at Meyers Lake YMCA pool - 9-11:00 AM		Dan Glomb	330-268-4350
11/??	KH Roll Session at Lakewood pool - 8:30-9:45 PM		Judi Fordyce	440-289-5511
11/??	KH Roll Session at Orange pool - 4-6:00 PM		Judi Fordyce	440-289-5511

Please send [John Kobak](#) corrections, additions or schedule updates!

Keelhauler Advertising:

WW Canoes: Dagger Caper & Dagger Encore - Both fully equipped and ready for whitewater - good condition - \$300 each.

WW Kayak: Perception Pirouette S - Fully equipped - good condition - \$300.

Two Mountain Bikes: Giant ATX 760 in excellent condition. -- Priced to sell - \$250 each.

Vivien Dennerll 419-734-4022 or vdennerll@roadrunner.com

2011 Club Officers

President:	Cliff Wire	440-439-6541
VP:	Michael Duvall	216-521-0094
Secretary:	Joe Marks	216-281-1517
Treasurer:	Pat Guzowski	216-780-5734

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758**
1649 Allen Dr.
Westlake, OH 44145

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: www.keelhauler.org

Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

Please consider writing a trip report or article for the next newsletter! The deadline for the October issue of the newsletter is **9/19/11**.

Please remember that articles should be sent to Kelly Miller (Laubaugh) at peetzaguy@aol.com or peetzaguy@comcast.net.

KeelHauler Kanews
Kelly Miller, Editor
1515 Fox Chase Dr.
Sewickley, PA 15143
peetzaguy@aol.com
September, 2011



Keelhauler's Ka-news



OCTOBER, 2011



Next Club Meeting Tuesday, October 11th

Doors open at 7:00 PM, Meeting at 7:45 PM
at Middleburg Hts Community Center
16000 E. Bagley Rd

Program: To be announced

[Map to Middleburg Hts Meeting](#)

All meetings are open to guests. Invite a prospective member!

KHCC September 2011 Minutes

Guest: Karen Hawley, a whitewater boater attended the meeting with Corey Spoores

Membership: John Kobak reports that membership is at 293 members. John is now collecting dues for 2012.

Trip reports: John reported over 25 members attended the KHCC trips for the opening weekend of Gauley season.

Corey Spoores and Karen Hawley spoke briefly about their recent work at the First Descents camp for surviving cancer patients. The program was started by pro kayaker Brad Ludden and has grown and spread with camps throughout the country. Corey volunteered as a safety boater and Karen worked on the medical staff..

Cliff Wire announced a proposed slate of officers.
Michael Duvall as President
Eugene Baker as Vice President
Joe Marks as Treasurer
Pat Guzowski as Secretary

It's that time again.....

All club memberships expire on October 1st. As soon as you can, please mail a \$20 check for your 2012 membership dues.

To:

Keel Haulers Canoe Club
1649 Allen Dr
Westlake, OH 44145-2506

Or pay \$21 using Paypal. Use this link to pay:

<http://keelhauler.org/khcc/PaypalPay.htm>

You can review your current membership listing, using this link:

<http://keelhauler.org/khcc/members.htm>

User Name: "dir" and the current 2011 password found on pg 20 of our 2011 yearbook or see passwords sent out in our monthly e-mail.

If you need to change any information use this form:

<http://keelhauler.org/Newregistration.htm>

To renew your membership you do not have to fill out an application, you only need to send your dues payment and any changes to your membership information.

Please encourage any of your non-member paddling friends to join/rejoin the club. The club offers a lot to paddlers of all skill levels at less than the price of a tank of gas to go paddling.

John Kobak

THE SONG OF THE RIVER ENDS NOT AT HER BANKS, BUT IN
THE HEARTS OF THOSE WHO HAVE LOVED HER.

— (BUFFALO JOE)

August 2011 Picnic at the Yough

By Cliff Wire

The August intro to the Yough weekend was the same weekend as the Over The Falls Day. Karl Nelson & Gene Baker led Lower & Middle Yough trips. I was a volunteer at the Falls. Others ran the Upper Y. All went well with fun by all. At the end of my day, I was talking with Gary McCormick & Megan McGee of TRPC when a Medical Miracle occurred! Half my brain was apparently removed! I ran the Loop in an OC1 (Mohawk Probe 12 II) with Megan, Gary and one other. I kept the sunny side up. No over easy or scrambled thank you! Ran the center of Entrance and just left of the hole on Cucumber. Went left on Piddly & Eddy Turn. Sorta boofed the left side of Camel/Walrus. Ran the Center on Dartmonth. Ran the slot right of Frogs Back. Got a bunch of water in the boat going through Cucumber and had to dump at the shore. Handled like a pig in a wallow when holding a load of water. Had to switch hands a few times to get the power I needed turning setting up for some of the rapids. Otherwise an uneventful time. It was interesting fun. I'd try it again for the whole length. Then we carried the boats up to the parking lot and by Sunday the missing half of my brain was restored and I hopped back in my kayak. Megan needed the boat for Sunday anyway.

Everyone then gathered up at Tall Oaks for a wonderful picnic. At least 25 folks showed. We then moved up to the field where several folks were camped & enjoyed a bonfire managed by everyone's favorite Pyro - Nurse Debbie!

Monday, I joined Gene on the Middle and we watched after Gene proclaimed: "Hey, watch this" as he proceed backwards over Back Flipper or some such name and got stuck in the hydraulic and had to swim out giving everyone a chance at rescue practice.

Club Elections

That time is upon us once again when we elect new club officers. Do your part & show up at the October meeting to cast your vote or volunteer for a chair position.

The slate is:

President:	Michael Duvall
Vice President:	Gene Baker
Treasurer	Joe Marks
Secretary	Pat Guzowski
Trustee 2012-14	Cliff Wire

Also a big thank you to our chairpersons of 2011

Refreshments - Bob Bair
Conservation - David Hill
Library - Pat Guzowski
Newsletter Editor - Kelly Miller
Newsletter Distribution - Ed Charlton
Pool Sessions - Judy Cleary
Canton Pool - Dan Glomb
Program - Dennis Dukeman
Publicity - Mike Larkin
Safety - Chuck Singer
Sea Kayaking & Rec. Boating - Chuck Singer
Trip Schedule - Michael Duvall
Vermilion Race - Gene Baker
Membership & Webmaster - John Kobak
Yearbook Editor - Patty Hammond
Rescue Weekend - Open Position
Instruction - Open Position

First Descents Trip Report

By Karen Hawley & Corey Spoore

Our primary goal when heading to Colorado was to volunteer for First Descents (aka FD), a *free* camp for young adult cancer survivors. We flew in a few days early however, to get a little extra "Colorado time." The highlight of these few days was reaching the summit of Long's Peak, elevation 14,255ft. Our "trek" up the mountain began with an alarm clock going off at 12:30am. It was an intense experience from watching the sunrise up in the alpine zone, scrambling up the boulder field over the "ledges" and the "narrows," and then climbing up the "home stretch." It was a strenuous 15 miles, but well worth the sore legs. Although the trip up Longs Peak was an amazing experience, it was nothing compared to what we were about to embark upon with First Descents.

I had volunteered with FD's climbing camp last year, and spent the week in Estes Park. FD was started by world class kayaker, Brad Ludden. He started this non-profit camp when he was only 18 years old and is now in its 11th year! It began as a kayaking camp for cancer survivors aged 18-40 and they now have over 20 camps a year all over the country that focus not just in kayaking, but rock climbing, surfing and mountain-eering. I had one of the most memorable weeks last year, volunteering as the "camp doc," that I just HAD to get Corey involved this year. He easily agreed to help out as a safety boater and so our adventure began...



Monday was the first day in the water and it started our filled with anxiety, excitement and fear! Frenchy (Corey) got up bright and early to help set up boats and equipment. Renaissance Adventure Guides provided all the gear for the week including the big 5, plus all the clothes for cold Colorado water. After getting all the campers off the "Party Bus" (a rad school bus that was our major mode of transportation for the week...later suffering a blown tire), everyone lined up to learn the basics. It was quite a cluster watching 14 newbies try and figure out how to put on all the gear...some skirts, PFDs and helmets were backwards, but eventually it all got worked out.

Sunday morning while driving to the airport to pick up campers, our camp director, Konvict (all FD participants get nicknames) calls to tell us that a camera crew would be greeting us. Turns out, Michael Brown and Serac Adventure Films, creators of *Farther Than the Eye Can See* (a documentary about the blind climber, Erik Weihenmayer summitting Everest) would be working on a documentary about First Descents this week. This film crew is extremely talented and humble, and became a special part of the FD family through the week. We spent the first half of the day greeting all the campers and had a blast coming up with nicknames for everyone. Then it was off to our home for the week at the 7W Ranch (about 30 miles west of Vail). The van ride up the mountain was when I began to hear stories from the campers; stories of how their cancer took over 6 months to diagnosis, the crazy amount of weight that was lost during chemotherapy and how one camper went through the diagnosis and treatment of two completely separate cancers in less than 3 years, all before the age of 35. It became clear that this week was not just a vacation and a chance to share feelings for them, but an opportunity to live again. The evening closed with a delicious dinner and our first campfire of the week. It was amazing how in just one day, it already felt like we'd been friends for years.



One by one, everyone got in the lake and learned to wet exit as well as the steps to a bow-rescue (later known as the "bowel rescue"). Immediately, the fear turned into fun! We played kayak water polo and "sharks and minnows" to test out the new skills. In the afternoon we jumped on our first section of the Colorado River. This was a great chance to enjoy the outdoors, cruise along the water and just get comfortable in the boats. All the campers were on cloud-9 when we got off the water and were super stoked for more. I also had a chance to learn more about the basics. Always being on the water with folks who are stronger paddlers than me, sometimes the little things get skipped. It was great to take a step back and re-evaluate my skills with some top-notch teachers.



There were three "camp moms" and a "camp dad" who rocked out the food for the week (trying to stay organic) and meals were always super tasty. Dinner after the first full day on the water was just scrumptious! Campfire closed out the night and the topic for the evening was "highlights from the day." Of course no one could pick just one highlight because the day was filled with so many new and exciting experiences. Every night then closed with awards. Each day there was an "on water," "off water," "best swim," and "goofy" award. They all had silly articles of clothing associated with them, which were worn by the recipient

the following day (ie; "best swim" came with arm floaties). These awards were passed from camper to camper each night and made the campfire feel even more special.

Day 2 was spent on a different section of the Colorado River. The campers learned about eddies, ferrying and more basic paddle strokes. I always ran sweep in case there were any medical problems with the campers, and for this day I was lucky to be in Master-Chief's group. He's an absolutely amazing instructor and I am grateful that I had the opportunity to learn from him. I immediately developed a bond with one camper (Limbo), as I felt her frustration when she got flipped on an eddy line...I feel that paddlers (including myself) really don't get the strength of eddy lines until one flips us! While chillin' on the water, I had the chance to talk to one camper (Star) about her "natural" approach to treating cancer. She has thyroid cancer and as an ENT, this is one type of cancer I am very familiar with treating. She has chosen not to have her thyroid gland removed, and her tumor has shrunk about 25% in the last 6 months with Chinese herbal medications alone. It was interesting to hear such a different approach to medicine.

Brad Ludden (Daryl) joined us just before lunch, and Frenchy and I were both a bit star struck. Poor guy has been cursed...every time he goes to get in his kayak, he finds it's been filled with giant rocks! That little prank never got old. We were also blessed to have Chopper on the water with us (he's a heliguide and the star of many Warren Miller ski films). The caliber of people involved with First Descents is just incredible. The highlight of the day though, was seeing a black bear.



He showed up on river left just before lunch and then made another appearance while we were eating. All of us just stood there watching him from across the river

in awe. It was the first time several of us had ever seen a bear in the wild. Truly amazing!

The topic at campfire that night was, "If you could share something from today with someone who's not here, what would it be, and who would you share it with?" Many tears were shed as people talked about the family and friends who have supported them throughout the years, went through treatment with them, and people who have been taken too early in life, either by cancer or something else. It was a very intense evening, but also life changing.

Wednesday was our day to have a break from the water. It started out with horseback riding around the ranch. I chose to stay far away from the horses because they tend to throw me off, but everyone who did ride had a blast and huge smiles reflected the beauty of their ride. One of the most incredible moments of week was when Pay-Per-View got up on a horse. He is about a year out from treatment for Multiple Myeloma (a bone marrow cancer). He suffered multiple fractures in his back from the cancer and has lost 7 inches in height because of this! Horseback riding had played an important role in his life, and doctors had told him he'd never ride again because of his weak spine. However, he got up on the horse and just walked a bit. He smiled from ear to ear and was totally pumped up! This was one of the most touching moments of the week.

While Frenchy and all the guides headed to the Shashone section of the Colorado, the campers and I headed to the zip line just east of Glenwood Springs. This was a totally new experience for me, and it was awesome! However, the guys who paddled that day enjoyed watching Master-Chief take a swim! I hear he took a "vigorous hole beating," and it was quite entertaining. He was kind enough to buy all the paddlers on the water that day some tasty ice cream...I guess that was the deal (it was estimated that his last swim was at least 5 years ago). We all re-united for dinner back at camp and then rallied for campfire. Turns out Glyde (our camp dad), was one the pioneers of break dancing! He's a total rock star and arranged to have some friends fly out from DC for the evening to DJ. They all taught us some crazy *challenging* break dance moves, so the evening turned into a birthday dance party (It was Star's birthday). What a way to end our "off water" day!



Our third day on the water was spent on the Colorado River, a little further downstream from prior days. This was one of the most scenic days as we spent it in the Glenwood Canyon. Most of the nerves had been shaken, and folks were just out having a great time.

It amazed me to watch everyone really push themselves. Every wave, boof and hole they could find...they hit it straight on and didn't care if they swam. It was so inspiring to see all the campers just "take the bull by the horns." Frenchy took a few campers on a side creek during lunch...their first lesson on creeking went well until they hit the eddy line coming out into the river. 2 for 2 on the swimming!

We took out just before Glenwood Springs and headed back up to camp for a taco dinner. The campers then had the chance to write themselves a letter. This letter was meant to act a reminder of their camp experience and would be mailed to them from the FD staff at some point in the following year. I did this last year and it came in the mail at a perfect time in my life when I was really struggling. A wonderful tradition!

For our last day on the river we started on the Roaring Fork. Before putting on the water, we had the Baci ceremony. This is a tradition started by Brad Ludden after an experience he had while paddling in Southeast Asia. He and his crew had some pretty tough swims during the start of this trip and were about to head home early. They stayed in a small village, and the village leader held a Baci ceremony for them. While stating a prayer, he placed a white ribbon on their wrists. The remainder of the trip had an incredibly positive vibe and they kicked some major butt on the river. Master-Chief placed the white ribbon on my wrist and I'm super stoked about the great fortune I will have from it! (Rules: I just can't untie it before 3 days of wearing it, and I can NEVER cut it off).

After all the positive energy from the Baci, we got on the water. The film crew captured Master-Chief teaching one of the campers (Scooter) to roll, and it was totally crazy. What took me a whole winter in the pool to learn, this guy learned in less than an hour! He even hit a combat roll at the end of the day! We battled through the class III Cemetery rapid and stopped for lunch. Lunch was special this last day, as we all went through the "rock exercise." We found two rocks that "spoke to us." On one rock we wrote down things we wanted to let go, things we wanted to change about ourselves and any negative thoughts. On the other rock we wrote down goals, dreams, positive thoughts and things we wanted to take away from the week with First Descents. The negative rock was then thrown into the water and the positive rock...well Frenchy and I have some new décor on our nightstand. It was a great moment of meditation and a time to appreciate all that we have.



We worked our way onto the Colorado River, through the Glenwood Springs' play-wave and then rocked out graduation rapid. For the graduation rapid, the staff all paddled down to set up safety. Two staff members stayed back with the campers and each camper headed down one by one. They took on the rapid all by themselves and had to scout it out alone. This wasn't just about conquering a rapid alone, but about overcoming fears and realizing that cancer was not going to define who they are. While not all of the campers are going to go home and buy kayaks (although some are already looking on mountainbuzz), they all experienced something together, something challenging, and something that had NOTHING to do with cancer.

Our final campfire was filled with laughter and tears as we talked about our highlights from the week. Everyone signed the "party bus" throughout the week, and some people put a quote or a picture by their nickname. On the roof of the "party bus" in bright purple marker,

above my nickname Stitch, I wrote; "FD=inspiration." My highlight from the week wasn't a particular moment, but a particular feeling. And this feeling was utter inspiration. I met people who had gone through more in the last year than most people go through in a lifetime. I learned so much from hearing about the struggles that they had overcome and their thoughts about the struggles that were ahead of them (more rounds of chemo/radiation and/or surgery for some campers).

I am forever indebted to those who inspired me to be a better person, friend and physician.

We rounded out the evening with the last FD tradition, which is the candle ceremony. We all surrounded a kayak that had been filled with water. Each person placed a candle into the boat to celebrate the life of someone special. It was so touching and so amazing to see how far we had come together in just a week's time. Bonds like that don't come around too often in one's life, and this was just a magical night.

Farley put together a great slide show to celebrate the week so we could head to bed on a happy note. No one wanted to sleep because we knew that when we woke up, we would have to leave. But, leaving in the morning wasn't leaving FD, it was only closing one chapter of the book. First Descents will remain in my life and in the lives of all the campers. I will continue to volunteer and continue to be reminded that challenges are not meant to knock us down, but to make us stronger. Frenchy and I plan on joining "Team FD" to raise money for the organization and make this experience possible for other survivors.

We just have to figure out our "challenge." Maybe an Iron Man, maybe a snowshoe race, maybe a paddle race...We will let you know so you can join in on the fun!

~~~~~

## Upper Yough Summer Releases Threatened!!

There's trouble on the Upper Yough, one of the finest expert whitewater runs in the country and one of the rare few with a predictable summer release schedule. The current permit for the Deep Creek Hydro Plant allows Brookfield Power to operate profitably while maintaining a desirable lake level, providing a healthy environment for trout, and allowing regular whitewater releases. All of this benefits the Town of Friendsville.

Recently a handful of property owners on the back coves of Deep Creek Lake have been agitating to raise the "lower rule band", the minimum level for the lake at a given time. Jess Whittemore, Friendsville Town Councilman, sums the threat up this way: "The Deep Creek Policy & Review Board plan will damage Friendsville's economy, do away with 70% of whitewater releases on drought years, and kill most of the trout in the Youghiogheny River."

We need your help to combat this plan! First, go to to the American Whitewater web site and read the editorial. The link:

<http://www.americanwhitewater.org/content/Article/view/articleid/31195/>

Next, write the editor of the Garrett County Republican at [newsroom@therepublicannews.com](mailto:newsroom@therepublicannews.com) supporting their editorial.

Good letters to the editor are 300- 400 words focusing on your personal experience. If you travel to the Upper Yough from a distance, tell them how often and how much it means to you. If you are a Garrett County property owner, then how whitewater impacted your decision to buy real estate there! There's a sample letter here to give you ideas.

Next, send copies of your letter to these local officials:

George Edwards, Garrett County State Senator:  
[george.edwards@senate.state.md.us](mailto:george.edwards@senate.state.md.us)

Wendell Beitzel,, Garrett County State Representative:  
[wendell.beitzel@house.state.md.us](mailto:wendell.beitzel@house.state.md.us)

Bob Gatto, Garrett County Commissioner:  
[bgatto@garrettcountry.org](mailto:bgatto@garrettcountry.org)

Nicole Christian, Garret County Chamber of Commerce  
CEO: [nicole@garrettchamber.com](mailto:nicole@garrettchamber.com)

Your letters will make an important difference!

Thanks!

Charlie Walbridge  
American Whitewater Board Member  
Bruceton Mills, WV  
[ccwalbridge@cs.com](mailto:ccwalbridge@cs.com)

## Keelhauler Advertising:

**WW Canoes:** Dagger Caper & Dagger Encore - Both fully equipped and ready for whitewater - good condition - \$300 each.

**WW Kayak:** Perception Pirouette S - Fully equipped - good condition - \$300.

**Two Mountain Bikes:** Giant ATX 760 in excellent condition. -- Priced to sell - \$250 each.

**Vivien Dennerll** 419-734-4022 or [vdennerll@roadrunner.com](mailto:vdennerll@roadrunner.com)

| October   |                                                                              |       | Time to Pay Dues                    |              |
|-----------|------------------------------------------------------------------------------|-------|-------------------------------------|--------------|
| 10/1      | Bike Cuyahoga Valley National Park Towpath Trail, (OH)                       |       | <a href="#">Dennis Plank</a>        | 216-939-8229 |
| 10/1, 2   | Upper & (5) Lower Gauley (WV)                                                | 27-33 | <a href="#">Bill Miller</a>         | 440-257-2970 |
| 10/8, 9   | Upper & (5) Lower Gauley (WV)                                                | 27-33 | <a href="#">Dave Herron</a>         | 513-681-4075 |
| 10/11     | Club Monthly Meeting at <a href="#">Middleburg Hts</a>                       |       | <a href="#">Dennis Dukeman</a>      | 330-699-2916 |
| 10/14-16  | MooseFest (NY)                                                               | 27-30 | <a href="#">Matt Muir</a>           | 585-421-9826 |
| 10/15, 16 | (4) Lower Yough (PA)                                                         | 23    | <a href="#">Sherie Sanzenbacher</a> | 440-298-1293 |
| 10/15, 16 | (2) Middle Yough (PA)                                                        | 12    | <a href="#">Eugene Baker</a>        | 440-320-4490 |
| 10/22,23  | Russell Fork Fest paddle above Breaks (WV)                                   | 26    | <a href="#">Cecil Tickamyer</a>     | 814-234-1062 |
| November  |                                                                              |       | Pay Dues                            |              |
| 11/5      | (3) Slippery Rock (PA)                                                       | 13-19 | <a href="#">Pat Guzowski??</a>      | 216-780-5734 |
| 11/8      | Club Monthly Meeting at <a href="#">Middleburg Hts</a>                       |       | <a href="#">Dennis Dukeman</a>      | 330-699-2916 |
| 11/??     | <a href="#">KH Roll Session</a> at <b>Meyers Lake YMCA</b> pool - 9-11:00 AM |       | <a href="#">Dan Glomb</a>           | 330-268-4350 |
| 11/??     | <a href="#">KH Roll Session</a> at <b>Lakewood</b> pool - 8:30-9:45 PM       |       | <a href="#">Judi Fordyce</a>        | 440-289-5511 |
| 11/??     | <a href="#">KH Roll Session</a> at <b>Orange</b> pool - 4-6:00 PM            |       | <a href="#">Judi Fordyce</a>        | 440-289-5511 |
| December  |                                                                              |       | Last Chance to Pay Dues             |              |
| 12/3      | (3) Slippery Rock (PA)                                                       | 13-19 | <a href="#">Cliff Wire</a>          | 440-439-6541 |
| 12/??     | <a href="#">KH Roll Session</a> at <b>Meyers Lake YMCA</b> pool - 9-11:00 AM |       | <a href="#">Dan Glomb</a>           | 330-268-4350 |
| 12/??     | <a href="#">KH Roll Session</a> at <b>Lakewood</b> pool - 8:30-9:45 PM       |       | <a href="#">Judi Fordyce</a>        | 440-289-5511 |
| 12/??     | <a href="#">KH Roll Session</a> at <b>Orange</b> pool - 4-6:00 PM            |       | <a href="#">Judi Fordyce</a>        | 440-289-5511 |
| 12/13     | Club Holiday Party at <a href="#">Middleburg Hts Community Center</a>        |       | <a href="#">Dennis Dukeman</a>      | 330-699-2916 |

## Keel-Haulers Boating & Eating Guide Updated

By John Kobak

I just had a chance to update Judi's guide: <http://www.keelhauler.org/khcc/boateat.htm>

If you see any mistakes or corrections or If you have any new suggested places, post them on the message board under that topic or email Judi Fordyce. I'll try to update the page right away if posted on the message board. 😊

I added a link to another guide also. [The Top 10 Places to Eat Before and After Boating in Garrett, Tucker, and Fayette Counties](#)

## 2011 Club Officers

|            |                |              |
|------------|----------------|--------------|
| President: | Cliff Wire     | 440-439-6541 |
| VP:        | Michael Duvall | 216-521-0094 |
| Secretary: | Joe Marksz     | 216-281-1517 |
| Treasurer: | Pat Guzowski   | 216-780-5734 |

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month  
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to  
Membership Chairman: **John Kobak, 440-871-1758**

**1649 Allen Dr.  
Westlake, OH 44145**

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: [www.keelhauler.org](http://www.keelhauler.org)

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Please consider writing a trip report or article for the next newsletter! The deadline for the November issue of the newsletter is **10/23/11**.  
Please remember that articles should be sent to Kelly Miller (Laubaugh) at [peetzaguy@aol.com](mailto:peetzaguy@aol.com) or [peetzaguy@comcast.net](mailto:peetzaguy@comcast.net).

**KeelHauler Kanews**  
**Kelly Miller, Editor**  
**1515 Fox Chase Dr.**  
**Sewickley, PA 15143**  
[peetzaguy@aol.com](mailto:peetzaguy@aol.com)  
**October, 2011**



# Keelhauler's Ka-news NOVEMBER, 2011



## Next Club Meeting Tuesday, November 8th

Doors open at 7:00 PM, Meeting at 7:45 PM, Followed by  
Refreshments & Slide Show

*at Middleburg Hts Community Center  
16000 E. Bagley Rd*

### Program: Grand Canyon - 2011

Over fifteen years in the making, Donna Homberg and Judi Cleary Fordyce organized a private river trip on the Grand Canyon in September 2011. Come and see a slide show (maybe even some video), narrated by several of the members of the trip. The flow release for this trip was unusual in that it was higher than normal for this time of year and it was continuous which facilitated some considerations (beaching rafts and timing of running the big rapids) usually encountered on this river.

If you have never been on a "canyon" trip come see images of the beauty, serenity, and yes, moments of sheer terror. And, if you have been on a canyon trip, come re-live the experience.

[Map to Middleburg Hts Meeting](#)

All meetings are open to guests.  
Invite a prospective member!

## MESSAGE FROM THE PRESIDENT

By Michael Duvall

Hi fellow paddlers. October is election time and the new slate of officers was voted in. I went from Vice President to President. The other Officers are Vice President Eugene Baker, Treasurer Joe Marks, and Pat Guzowski is Secretary. When you see any of these guys on the river be sure to congratulate them and thank them for stepping up and helping the club be successful.

November is Trip Schedule month. At the next meeting we will start planning trips and activities for 2012. Anyone can organize a trip, it's easy just pick a date and a river you are familiar with. You don't have to be the best paddler there, other members can help. If you organized a trip in the past just let me know that you will be able to do it again this year. Remember we need trips of all levels from flat water all the way to class V. Our trips are what make this club so special so please step up and organize one or two. Yearbooks. This year Jim Hunt has volunteered to be yearbook editor so start going through all your photos from the last year and send them to him. This is your chance to be a star and have your photos published for the whole club to see.

## Membership Dues Overdue

All club memberships have expired on October 1st. As soon as you can, please mail a \$20 check for your 2012 membership dues To:

Keel Haulers Canoe Club  
1649 Allen Dr  
Westlake, OH 44145-2506

Or pay \$21 using Paypal on-line.

<http://keelhauler.org/khcc/PaypalPay.htm>

Take a look at your mailing label, if it says "2011 Dues are now payable", you are not paid-up for 2012 and the December newsletter will be your last. If you are reading this newsletter on-line, go to this web page:

<http://www.keelhauler.org/khcc/memb/khint.pdf>

User Name: "dir" and the current 2011 password found on pg 20 of our yearbook or see the monthly e-mail.

If the last column by your name says 1 and not 2, you are not recorded as paid for 2012.

**Special Request-** I will be out of the country starting 11/09/11 and would like to get our membership wrapped up before I leave, so **send your money TODAY**, I need to finish the list by 11/08/11.

Dues that are paid by mail & received after 11/09/11 will not be recorded as paid until 12/20/11.

**John Kobak - Membership Chairman**



## KHCC October 2011 Minutes

KHCC MEETING OCT 11, 2011

President Cliff Wire called the meeting to order at 7:50 pm  
New guests Steve, Wayne and Troy were introduced.  
Membership Chairman John Kobak said we have 300 members.

No old business.

New business:

Eugene Baker questioned date for Vermilion race.  
After discussion the date is tentatively March 25

Election Slate accepted by members.

Trip schedule reviewed.

Trip reports:

Jim hunt told of his (and mine) trip to Colorado on the way to the Grand Canyon.

Many told of their experience at this year's Gauley releases.

Donna and Carl Homburg told about a recent family trip to the Cheat River in WV.

Corey Spoores asked if the club had any interest in a local boater-cross type down river race to be held on a local river. The members present were receptive to the idea providing details could be worked out.

Meeting was adjourned and a Steve Fisher Video was shown.

## 2012 Boater Cross Race

By Corey Spoores

At the current time several of the Keel Haulers Canoe Club members, and Wednesday Night Paddle Sessions are attempting to create a Boater Cross event on the Cuyahoga River Gorge this coming April. If there is any member who has participated in a boater cross event and would like to share their experience in any way please email me at the following [cspoores@gmail.com](mailto:cspoores@gmail.com).



For those of you who may not be familiar with what a boater cross event is then this is for you. Generally speaking a boater cross race is a mass start, head to head race from one point to another on a given stretch of water. In this case the race organizers are looking to run the Ohio Edison Dam to Oxbow section of the river. This particular section of the Cuyahoga River is less than a mile in length and American Whitewater gives this section of river a class III-IV rating <http://www.americanwhitewater.org/content/River/detail/id/1467/>  
While racing through the course, participants in mass will have to negotiate several river obstacles like waves, holes, and negotiate in an out of eddys. This event would be set up with multiple heats; the number of heats would be based on participant turn out. The winner would only be decided after running at least 2 heats.

This event would be open to anyone with a properly outfitted whitewater or canoe. Based on participant turn out there would be two divisions for men and women, three classes, whitewater canoes, whitewater kayaks 7' and under and 7' and over. It would take at least 3 boats to make a class, so tell your friends.

This is a great opportunity to get out and experience a great local run, in a controlled setting and embrace the 2012 boating season.

# My Grand Canyon, 2011 Adventure

By Donna Homberg

Actually started in 1997 when I sent \$100 to the Grand Canyon National Park Service to be placed on a waiting list. In 2005 the park system changed its system so that we could pool years together to move up the wait time. With Judi Fordyce, Dave Van Natta and I pooling our years, we were able to come up with 23 years. A list of 340 dates was submitted. We have known about this trip since 2006. I enjoyed working with Judi in planning this trip. I understand that a lottery system will be used in the future. Dave Van Natta rescinded as trip leader and we're sorry he missed this great adventure. With no idea what a trip like this means, I began asking EVERY person about a canyon trip.

The Grand Canyon National Park Service awarded a launch permit for Aug 30, 2011 for a 16 day river trip. We started at Lee's Ferry and took out at Diamond Creek. This was a total of 226 miles. The water flow was a constant 15,000 CFS for our date. The air temperature average was 92.8°F and the water temperature average was 58°F. This private non-commercial trip had 16 participants, mostly Keelhaulers. 5 million people visit the Grand Canyon every year and of that only 25,000 (  $\frac{1}{2}$  of 1%) will have the privilege of running the river. The majority will be those on a commercial trip. Only a few of those will be able to take the oars in their hands and row or paddle through the thundering rapids. We had four 18' oar rafts, 10 kayakers and 2 raft riders.

Since I have never seen the Grand Canyon, I didn't tire of looking up at the massive canyon walls. The rock layers change along the river. I enjoyed letting my imagination create settings I have read about in books or seen in movies. The canyon provided a peacefulness and serenity that we seldom have the opportunity to experience in our day to day lives.

I had expected big water on the canyon. I've spent the last year talking about it, watching U-tube videos of the bigger rapids. I made my own 'River Rapid' explanation and had it laminated for reference. I wasn't disappointed in the difficulty of the bigger rapids but I didn't expect the little ones to be such a challenge to me. It met all my expectations. To say I wasn't tense, nervous, anxious and stressed would not be true. I jumped in Carl's raft in the beginning and tied my boat on the back. I paddled a few more times but the raft was fun, relaxing and exciting. Carl said he liked having me there so that was my favorite place. We had fun in the rapids and he became my hero as he successfully negotiated each rapid. He reads water well and yet we both knew a flip could happen at any moment. I wasn't worried a bit. The big rapids are difficult to negotiate but the raft managed to keep us upright and occasionally sideways and sometimes backwards. Steve Ingalls was our

expert qualifying boat operator. This was his 10<sup>th</sup> Grand Canyon trip. He is calm, cool, and encouraged rafters and suggested our routes after scouting each one. In each picture I have, he has a broad smile. He loves the canyon.



**Steve Ingalls - Our expert boat operator**



**Judi Fordyce & Steve Ingalls at Lava**

I've never heard thunder so loud as in the canyon and one day, in the distance, the sound of a rock slide into the river. The stars were bright and we enjoyed gazing into the skies. Towards the last part of the trip, we experienced a full moon. The days also became shorter so that you were in darkness at 8PM. We always slept well. A windy sand storm threatened our dinner meal of lamb chops but we managed to eat (with sand).



**Larry launching into Havasu Creek from ammo can**

Larry Fordyce is a newer white water paddler, but he managed the chaos of the rapids well.



**Our Hike Coordinator, Wendy Atkinson**

Wendy set the tone at the put-in with her gift of laughter. We all joined with her. She led our group forward onto unforgettable hikes. Dave Craig and Wendy commanded the party raft. Rescue was their priority and when necessary they provided beverage for dehydrated souls (beer of course)



**Our Climbing Expert, Wendy**



**Donna Homberg at House Rapid**

Carl took up oars for the first time in his life. He paddles C-1 so it was a very brave thing.



**Carl & Donna Homberg at Crystal**



**Mike Duvall at Lava**

Mike is an expert boater and he demonstrated skills that put him in the lead on any river.

The waves and diagonals were big but the additional threat was the eddy lines. They were powerful and wanted to reach out and pull you in. Whirlpools bubble up unexpectedly about

the time you think you've made it through the rapid. Sometimes you hear a growl from the belly of the river as they swirl around you increasing in circumference as they try to gobble up your boat with you in it.

We had a satellite phone in case of an emergency but didn't have to use it or the helicopter evacuation. I was the 'what if' person, anticipating a problem. I probably had 10# of unused items in the bottom of my Bill's bag that we didn't have to use.

We were on alert and Karen Petit became our rodeo boater as she made some remarkable moves to get away from its hold on her boat.



**Karen Petit our rodeo woman**



**Bob Nicholson at Silver Grotto, nice ledge!**



**Bob Weible's head wound**



**Dave Herron Rappelling into Silver Grotto**

At least 2 hikes were added every day. Some involved rappelling and some steep climbs. Sometimes a beautiful waterfall was your goal. On some hikes, petroglyphs and pictographs were seen along the hike. These could date back to 600AD.

Everyone lined up to get this picture of Bob Weible's head wound before Wendy would clean and butterfly. He flipped at Hance Rapid and for a river without many rocks, he found a good one.



**Bill Miller "augured" down for the big water**



**Cathy Needham & Elliott Drysdale in the Fiesta raft riding the big waves at House**



**Our Team**

Larry Fordyce, Judi Fordyce, Dave Herron, Jim Hunt, Steve Ingalls, Bob Nicholson, Elliott Drysdale, Mike Duvall, Donna Homberg, Carl Homberg, Karen Petit, Bill Miller, Bob Weible, Cathy Needham, Dave Craig, Wendy Atkinson.



**Jim Hunt made the hike to the Granaries**

Even though he used a walking stick for sciatica pain, he said he felt the best in his kayak as long as he didn't have to roll so he did what he came for, Paddle.



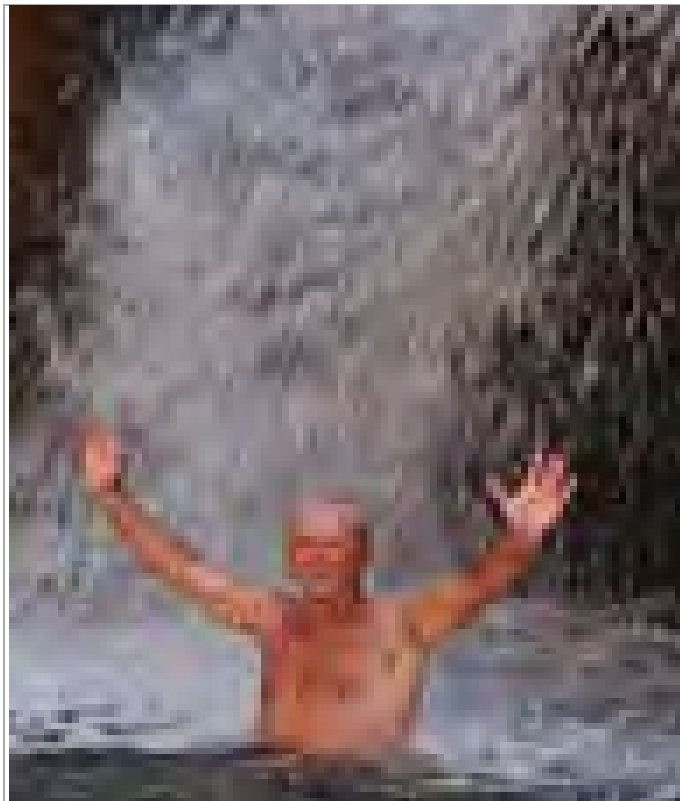
I was in awe of the strong paddling skills demonstrated on the river. This is a picture of the best hike up into the most beautiful rock layers and waterfalls.



**Karen Petit & Jim Hunt**



**Wendy & Dave Craig at House Rapid**



**Shinumo Creek- Bob Weible**



**Judi, painting 160 toe nails to celebrate life after Lava.  
Also our great organizer for this trip**



**Bob Weible saving Dave's hat**

This is just a sample of the many pictures I had to choose from and I would like to share many more with you at our November Keelhaulers meeting where a slide show will be presented. We had so much fun on this trip and we all worked hard to make this a trip to remember. We'd like to show you where we located Elliott's cot, also his bruises, and a few others. We can explain why one slide shows the raft moving forward and the next slide shows it moving backwards. Go figure when the rapid is LAVA.

~~~~~

Get Ready to Celebrate 200 Years Along The Crooked River in 2012

By David Hill

Get Ready to Celebrate 200 Years Along The Crooked River in 2012

By David Hill



There have been a lot of activities going on recently with the Cuyahoga that will benefit paddlers all along the river for years to come. Like the Indian above running the Coppacaw Falls (before the Ohio Edison dam was constructed), we are moving closer to a free-flowing Cuyahoga.

Friends of the Crooked River continue to move the River Trail concept forward and stakeholders along the entire river are taking notice of what this could mean to both their individual communities and the region. Crooked River Adventures completed their 2nd year of operations in Kent and several triathlon-type events were held in the Portage County section of the river. These included the Black Squirrel Adventure Triathlon, Brady's Leap Adventure Race and the Headwaters Adventure Race

<http://www.kent.edu/news/announcements/success/crookedriveradventureraces.cfm>

The City of Cuyahoga Falls will be celebrating their Bicentennial in 2012 and they are planning to kick it up downtown and throughout the city. Hell, they may even light the river on fire for all we know! I have been participating in the committee meetings and there will be various events held throughout the year, with a 10 day celebration Aug 3-12 <http://cfo.cityofcf.com/web/bicentennial>. There is also talk of 3 craft beers being released throughout 2012 by a local brewery for those of you interested in such libations!

The City of CF is also looking to embrace the river during the 2012 celebrations and it will be interesting to see what the river will look like if (when) the 2 downtown dams are removed <http://cuyahogafalls.patch.com/articles/hopes-to-bring-whitewater-rafting-to-cuyahoga-falls-still-a-float>. While I don't think rafting this section will be an option, it will be beneficial to the Wednesday Night group and any others running this section to see what rapids are hidden below these dams.



Completed Mill/Sheraton Dam, post 1918, looking north



Construction photograph of Mill/Sheraton Dam, ca. 1914, looking south

This dam removal project will obviously uncover 200 years of industrial activities and it will be up to paddlers to ensure that the end result is a relatively debris-free river section for recreational usage. It has been stated that funds are available for restoration activities, but a paddler's idea of river restoration for recreational use may be more aggressive than a politician's viewpoint. Therefore, I will be drafting a letter for club consideration and approval so that stakeholders understand the paddling community's concerns and appropriate funding can be allocated early in the project budget.

We have all heard the jokes that there is no whitewater in Ohio and the non-paddling public will need to be educated on swift water safety. It is my opinion that the club should consider utilizing this local resource in order to educate the public on safe paddling. Maybe a local river rescue clinic in conjunction with area fire departments, regular outings on the water similar to the Wednesday Night Paddling gatherings, down river races, etc. Let's face it the River Trail will bring a wide variety of paddlers to the area and the local paddling club will be looked upon for advice and support. After all, the opening of this river segment could be a boon to the local economies and a new resource for stepping up the paddling scene without driving hours for our fix!

http://www.youtube.com/watch?v=WNFYg1oatI&feature=mfu_in_order&list=UL



Until next time, be safe out there and get your boof on!

~~~~~

# Are You Being Mailed A Club Newsletter?

## Please Read...

The Club will spend nearly \$1000 this year to have our monthly newsletter printed and mailed out to approximately 80 members. The Newsletter is a very integral and important part of our Club but I'd like to propose a way that we can avoid the negative environmental impact of producing and transporting it as well as save nearly \$1000 in yearly expense. This is money that we could use for increasing our support to environmental groups and/or apply towards other membership benefits.

If you are one of the 80 or so members that are still having a printed copy of the newsletter mailed to you each month I sincerely ask you to consider switching to online access only. Believe me, I certainly understand not wanting to read everything on a computer or iPad screen. I know that I don't. However, if you have access to the internet and a printer then perhaps you would consider doing the environment and our budget a big favor and do what many members already do. Print your newsletter out at home. If you do not have access to the internet and/or a printer then the Club promises that we will still mail you a hard copy each month. If we can get the number down to the few of you without internet access then we could still save a lot of money.

So if you still need to renew your membership for 2012 just go to the membership form page and make sure you fill in

'Read Online, Save Postage' under Newsletter.  
<http://www.keelhauler.org/Newregistration.htm>

If you've already renewed then just send me an email telling me that you'll switch to **Read Newsletter Online Only**.  
[joemarksz@gmail.com](mailto:joemarksz@gmail.com)

The Environment and our Budget will Thank You!

Joseph Marksz  
 Treasurer

~~~~~

Keelhauler Advertising:

WW Canoe: Dagger Caper - fully equipped and ready for whitewater with air bags, knee cups, thigh straps & pedestal seat, is red & is 14' 5' & in good condition. It is outfitted as a solo but can also make a great tandem boat. It is a very stable boat and takes big water well. - \$300.

WW Kayak: Perception Pirouette S - Fully equipped with air bags, blue - good condition - \$250.

Vivien Dennerll 419-635-6914 or vdennerll@roadrunner.com

~~~~~

| November   |                                                                              |       | Pay Dues                          |              |
|------------|------------------------------------------------------------------------------|-------|-----------------------------------|--------------|
| 11/5       | (3) Slippery Rock (PA)                                                       | 13-19 | <a href="#">Pat Guzowski??</a>    | 216-780-5734 |
| 11/8       | Club Monthly Meeting at <a href="#">Middleburg Hts</a>                       |       | <a href="#">Dennis Dukeman</a>    | 330-699-2916 |
| 11/19      | <a href="#">KH Roll Session</a> at <b>Orange</b> pool - 4-6:00 PM            |       | <a href="#">Marius Asipauskas</a> | 216-849-5038 |
| 11/20      | <a href="#">KH Roll Session</a> at <b>Meyers Lake YMCA</b> pool - 9-11:00 AM |       | <a href="#">Doug Lyons</a>        | 330-402-6909 |
| 11/22      | <a href="#">KH Roll Session</a> at <b>Lakewood</b> pool - 8:30-9:45 PM       |       | <a href="#">Marius Asipauskas</a> | 216-849-5038 |
| 11/26      | <a href="#">KH Roll Session</a> at <b>Lakewood</b> pool - 3:00-5:00 PM       |       | <a href="#">Marius Asipauskas</a> | 216-849-5038 |
| 11/27      | <a href="#">KH Roll Session</a> at <b>Meyers Lake YMCA</b> pool - 9-11:00 AM |       | <a href="#">Doug Lyons</a>        | 330-402-6909 |
| December   |                                                                              |       | Last Chance to Pay Dues           |              |
| 12/3       | (3) Slippery Rock (PA)                                                       | 13-19 | <a href="#">Cliff Wire</a>        | 440-439-6541 |
| 12/13      | Club Holiday Party at <a href="#">Middleburg Hts Community Center</a>        |       | <a href="#">Dennis Dukeman</a>    | 330-699-2916 |
| 12/4,11,18 | <a href="#">KH Roll Session</a> at <b>Meyers Lake YMCA</b> pool - 9-11:00 AM |       | <a href="#">Doug Lyons</a>        | 330-402-6909 |
| 12/10      | <a href="#">KH Roll Session</a> at <b>Orange</b> pool - 4-6:00 PM            |       | <a href="#">Marius Asipauskas</a> | 216-849-5038 |
| 12/17      | <a href="#">KH Roll Session</a> at <b>Lakewood</b> pool - 3:00-5:00 PM       |       | <a href="#">Marius Asipauskas</a> | 216-849-5038 |
| 12/20      | <a href="#">KH Roll Session</a> at <b>Lakewood</b> pool - 8:30-9:45 PM       |       | <a href="#">Marius Asipauskas</a> | 216-849-5038 |

## 2012 Club Officers

President: Michael Duvall 216-521-0094  
VP: Eugene Baker  
Secretary: Pat Guzowski 216-780-5734  
Treasurer: Joe Marksz 216-281-1517

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month

Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to

Membership Chairman: **John Kobak, 440-871-1758**  
**1649 Allen Dr.**  
**Westlake, OH 44145**

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KHCC WEB PAGE URL: [www.keelhauler.org](http://www.keelhauler.org)

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**Please consider writing a trip report or article for the next newsletter! The deadline for the December issue of the newsletter is 11/22/11. Please remember that articles should be sent to Kelly Miller (Laubaugh) at [peetzaguy@aol.com](mailto:peetzaguy@aol.com) or [peetzaguy@comcast.net](mailto:peetzaguy@comcast.net).**

**KeelHauler Kanews**  
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**Sewickley, PA 15143**  
**[peetzaguy@aol.com](mailto:peetzaguy@aol.com)**  
**November, 2011**



# Keelhauler's Ka-news

## DECEMBER, 2011



**Next Club Meeting is  
Tuesday, December 13th.  
Doors open at 7:00 PM,  
dinner is at 8:00 PM**

*at Middleburg Hts Community Center  
16000 E. Bagley Rd*

**Program: Annual Christmas  
Party, Pot luck dinner**

Please bring a dish according to the first letter  
of your last name.

**A-E: Salad or Vegetable**

**F-L: Bread or Appetizer**

**M-R: Dessert or Fruit**

**S-Z: Main dish or Casserole**

**The club will supply beverages,  
plates and plastic ware.**

[Map to Middleburg Hts Meeting](#)

All meetings are open to guests.

Invite a prospective member!



### **MESSAGE FROM THE PRESIDENT BY MICHAEL DUVALL**

Happy Holidays everyone. Remember the Keelhauler Holiday pot-luck party on December 13, 2011. Come to the party and see all the people you paddled with this past year.

You may not be a cold water paddler but there is no reason to sit on the couch, remember that we have many indoor roll practice sessions. This is also an opportunity for beginners to rub shoulders with more experienced boaters. If you don't have the equipment post on the message board and someone may be able to bring some extra equipment you can borrow. If you are looking for more excitement check out the pool secessions in Canton and play soccer.

Help plan next year's trips. If you organized a trip last year and can do it again this year please let me know. If you have an idea for a trip, contact me and we will see if we can get it on the schedule. If you have never organized a trip now is the time to step up. Remember we need all types of trips from flat water to class V.

You may have watched the dramatic video of the dam being removed in the state of Washington. Our club is also very interested in conservation and free running rivers. Our Conservation Chairman and I wrote a letter of support for the removal of the two dams in Cuyahoga Falls above the Sheraton section. Removing these dams

Please consider writing an article about  
your trip. It doesn't have to be long.....  
Send it to: [peetzaguy@aol.com](mailto:peetzaguy@aol.com) Thanks!

will uncover rapids above the Sheraton section that have not been seen in almost 100 years. Wow that could be a real first decent.

Be Safe and I'll see you on the river,  
Michael

~~~~~

Has Your Membership Expired?

All club memberships have expired on October 1st.
Most members have paid their **2012** membership dues.
Have You? If not send your \$20 today.

To:
Keel Haulers Canoe Club
1649 Allen Dr
Westlake, OH 44145-2506

Or pay \$21 using Paypal on-line.:
<http://keelhauler.org/khcc/PaypalPay.htm>

Take a look at your mailing label, if it says "Membership Expired", you are not paid-up and this is your last newsletter. If you are reading this newsletter on-line, go to this web page:

<http://www.keelhauler.org/khcc/memb/khint.pdf>
User Name: "dir" and the current 2011 password found on pg 20 of our yearbook or see the monthly e-mail for the directory password.
If the last column by your name says **1** and not **2** you are not recorded as paid for 2012..

Any checks that were sent after 11/08 will not be recorded as paid until 12/17/11. I get all Paypal payments as soon as they are submitted.

John Kobak – Membership Chairman

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## November Meeting Minutes

A very quick meeting was held to allow the most time for our great program. The program was a report presented by Judi Fordyce detailing the recent Grand Canyon trip which Judi and Donna Homberg organized.

Guests:  
Rod Bagley - Interested in many styles of paddling and currently sails a Hobie.  
Wendy Atkinson - Wendy was a member of the Grand Canyon trip crew.  
Andrew Holmes - A new prospective paddler.

Treasurer Joe Marks presented a total of current KHCC assets of \$11,901.

Library: Pat G. announced new DVD titles.  
One World  
Hotel Charley - First Descent  
60 Degrees North  
This Is The Sea 4  
Risen Sun  
Kadoma

Don't forget to return Library items ASAP when you are finished enjoying them so that others may enjoy them as well.

Membership: John Kobak reports 306 current members with many left to yet pay their dues. Membership may be paid in person at a meeting, by mail to John, or using the web site.

The next meeting will be the Holiday pot luck. Watch the web site for what you should bring based on your last name.

SYOTR  
Pat

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What is Directional Rolling? 09.21.09, Reprinted from Endless River Adventures.com

Once upon a time it was called "rolling in a circle." The term directional rolling is an updated tag line, but it is still rolling in a circle; meaning setting up to roll in the direction you are falling. Directional rolling is a skill that every boater should be working to hone. When a kayaker sets up to roll, it does not take too long to figure out it is much more efficient to fall towards the paddle and roll in a circle rather than falling away from the paddle. Why? Because of the momentum gained going with the fall. It gets your body and paddle to the surface much more efficiently. It speeds up the rolling process. Momentum is a plus.

If directional rolling makes sense when setting up to execute a practice roll then it should make just as much sense when applied on the river. The idea behind directional rolling is that you should always roll in the direction you are falling. The advantage is that you then have the momentum of your "fall" to help you in the roll. You will most likely also have the downstream flowing current creating even more momentum because most often, kayakers fall to the upstream because of catch an upstream edge. Instead of hard bracing that can hurt the shoulder, when you feel yourself tipping over past the point of no return, aggressively go into the directional roll and get it over with.

The major obstacle to directional rolling is not having a roll on both sides. If you can only roll on one side, then you'd best hope that you only tip over in one direction. Solution: learn to roll on both sides. And use both sides until there is no such thing as "onside/off side." In fact we term it right hand roll and left hand roll. No more on side/off side!

Advantages to rolling on both sides:

- You can roll directionally. Whichever side you fall to is an automatic set up. There is no need to wait until you are upside down and then struggle to get your paddle to the set up position on the one side you know how to use.
- If you miss a roll on one side, you are more than likely going to fall in the opposite direction. Translation: if, for example, you miss your right hand/on-side roll, you are most likely going to fall back to the right, setting you up for a lefty/off-side roll. Directional rolling means you just switch and go with the side you are falling towards.
- If you have a good roll and you miss your roll, chances are that the water is working against you. By immediately switching you grab the water that is working with you or get set up away from the obstacle you are up against or switch to being set up on the upstream side of the hole you are upside down surfing in....
- Directionally rolling in any play boating scenario is super efficient and helps keep you in the feature. And stern squirting is the best place to have to learn to aggressively roll directionally.

How to Start Directional Rolling?

Learn to roll on your second side. There is absolutely no reason to not roll on both sides. And in fact, most paddlers have a better roll on the second side they learn because the learning process is shorter. You do not have the baggage of learning what a hip snap is, what it means to have your paddle at the surface, how to keep your

head down because these are all concepts you worked through in your original roll learning. Most people are surprised how well their second side works when they give it a chance. And if you miss one side you are automatically set up to switch back to the more-familiar side, which in turn builds more confidence in your roll and your ability to try more than once.

When is it time to learn the second side?

As soon as you are successfully rolling on your first side. And nay nay to the idea that it will mess you up on your original roll-not if you have some muscle memory in that first side. In fact, if the first side is just not getting anywhere, try learning to roll on the other side and it might just help break through whatever it was holding you back from successfully rolling.

Every whitewater kayaker should have the following as a goal:

- Having a roll on both sides (even if you favor one side over the other—most of us do)
- Switching from one side to the next automatically
- Never rolling twice in a row on the same side
- Rolling directionally so that whichever way you are falling is the side you go to set up on.
- Instead of thinking you have an "on side and off side" it is a righty and lefty roll. That takes away the stigma that one side is easy and the other hard to execute.
- And finally - on the river don't fight the fall. Once you reach a certain point-you are beyond balance recovery. Instead of slapping the water with that brace and putting a huge strain on your shoulder, just commit and roll!

Directional rolling might not mean drier hair, but it will mean less-wet hair! And more efficient technique on the river--which will make your shoulders happy.

December			Last Chance to Pay Dues	
12/3	(3) Slippery Rock (PA)	13-19	Cliff Wire	440-439-6541
12/13	Club Holiday Party at Middleburg Hts Community Center		Dennis Dukeman	330-699-2916
12/4,11,18	KH Roll Session at Meyers Lake YMCA pool - 9-11:00 AM		Doug Lyons	330-402-6909
12/10	KH Roll Session at Orange pool - 4-6:00 PM		Marius Asipauskas	216-849-5038
12/17	KH Roll Session at Lakewood pool - 3:00-5:00 PM		Marius Asipauskas	216-849-5038
12/20	KH Roll Session at Lakewood pool - 8:30-9:45 PM		Marius Asipauskas	216-849-5038
January	2012			
1/7	KH Roll Session at Lakewood pool - 3-5:00 PM		Marius Asipauskas	216-849-5038
1/8,15,22,29	KH Roll Session at Meyers Lake YMCA pool - 9-11:00 AM		Doug Lyons	330-402-6909
1/17	KH Roll Session at Lakewood pool - 8:30-9:45 PM		Marius Asipauskas	216-849-5038
1/21	KH Roll Session at Orange pool - 4-6:00 PM		Marius Asipauskas	216-849-5038

2012 Club Officers

President:	Michael Duvall	216-521-0094
VP:	Eugene Baker	440-320-4490
Secretary:	Pat Guzowski	216-780-5734
Treasurer:	Joe Marksz	216-281-1517

Meeting Place: Middleburg Heights Recreation Center, 15700 Bagley Rd, on the second Tuesday of each month
Doors open at 7:00 P.M., meeting starts at 7:30 P.M.

Membership: \$20 per year. New memberships, renewals, change in address or phone, send directly to
Membership Chairman: **John Kobak, 440-871-1758**

**1649 Allen Dr.
Westlake, OH 44145**

Any opinions, views or recommendations expressed in the articles in this Newsletter are those of the article's author. Printing these articles in no way implies approval or advocacy of any of the opinions, views or recommendations by the Keel-Haulers Canoe Club or any of its Officers, editor, or members. Water sports are a potentially dangerous activity. Keel-Haulers Canoe Club recommends and encourages all of its members and others to abide by all laws, regulations and recommended practices when engaging in such activity. Each member is responsible for assessing her/his own abilities and for not engaging in activities which are beyond those limits. Members assume any and all risk when choosing to participate in any activity and the Keel-Haulers Canoe Club is not responsible for any damages resulting from such participation.

KHCC WEB PAGE URL: www.keelhauler.org

Non- Commercial advertising is free to all members. To place an ad, send the information the way you want it to appear. Please write or call when item is sold. It will appear for 2 months unless canceled. Commercial ads may be submitted by club member's owned businesses four times each year with a maximum of four lines of copy per ad.

WW Canoe: Dagger Caper - fully equipped and ready for whitewater with air bags, knee cups, thigh straps & pedestal seat, is red & is 14' 5' & in good condition. It is outfitted as a solo but can also make a great tandem boat. It is a very stable boat and takes big water well. - \$300.

WW Kayak: Perception Pirouette S - Fully equipped with air bags, blue - good condition - \$250.

Vivien Dennerll 419-635-6914 or vdennerll@roadrunner.com

Please consider writing a trip report or article for the next newsletter! The deadline for the **January** issue of the newsletter is **12/22/11**.

Please remember that articles should be sent to Kelly Miller (Laubaugh) at peetzaguy@aol.com or peetzaguy@comcast.net.

KeelHauler Kanews

Kelly Miller, Editor

1515 Fox Chase Dr.

Sewickley, PA 15143

peetzaguy@aol.com

December, 2011

